

HarborGuide

THE OFFICIAL GUIDE TO THE SEACOAST & PORTSMOUTH
New Hampshire

play | eat | shop | stay

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CONCERTS, COMICS, CINEMA,
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Sara Bareilles, May 2025
Photo Credit: Will Zimmermann



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Built in 1887, rich in history and glamour, the Library in the grand Rockingham House is an exquisite venue where art and great food intertwine. Enjoy refined cuisine, craft cocktails, and live jazz in one of New England’s most iconic dining venues. During the summer months dine under the stars in the heart of historic Portsmouth. The Library blends historic elegance with a vibrant lunch and evening service — just steps from Market Square and the waterfront.



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Cocktail Bar



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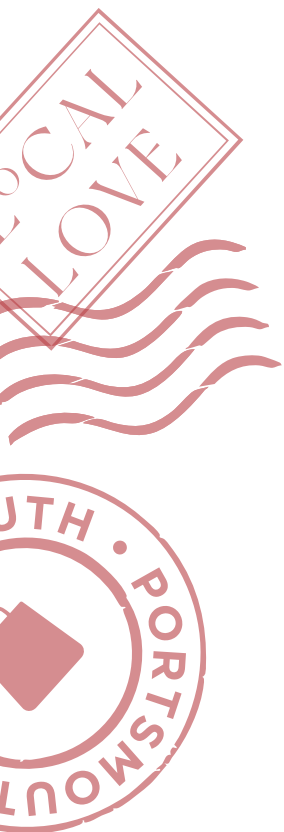




LOCAL LOVE



PORTSMOUTH'S FAVORITE NIGHT TO SHOP LOCAL



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THE MONTH FROM 4-7 PM

Over 25 local retailers host special promotions, pop-ups, and unique in-store experiences, creating an evening full of discovery, connection, and shopping small.



FIND PARTICIPATING
RETAILERS

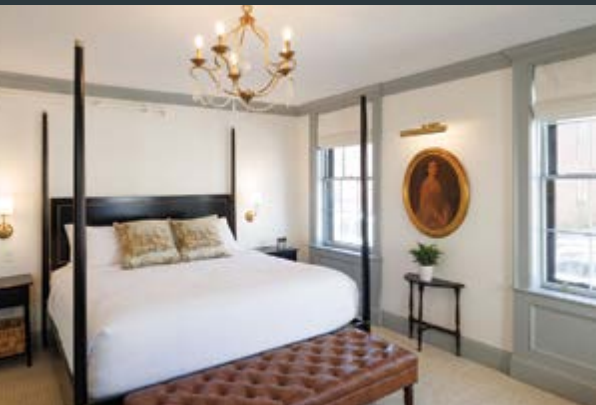
THE *Davenport*

HISTORIC

PORTSMOUTH



TheDavenportInn.com



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Photo by Miles Woodworth





Seacoast Rep

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CLASSES, AND MORE!



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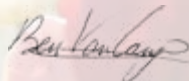
*New Hampshire Division of
Travel & Tourism*

welcome

Portsmouth is not only charming, fun, entrepreneurial and relaxing but also, in this year of the nation's 250th Anniversary, Portsmouth is proud to have played a pivotal role in the American Revolution. Join us in celebration while you Eat, Play, Stay and Shop in the Seacoast region! We are proud to present the 2026 Harbor Guide—the Official Guide to Portsmouth and the Seacoast. Enjoy!



Mary Johanna Brown
President & Publisher
big brown books



Ben VanCamp
President & Chief Collaborator
The Chamber Collaborative of
Greater Portsmouth

Harbor**Guide**

The Chamber
COLLABORATIVE
of Greater Portsmouth

Photo by Miles Woodworth

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Portsmouth (603) 610-5510

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Newburyport (978) 462-6680

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Portland (207) 772-2811

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More info at GoPortsmouthNH.com

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ridecj.com

THE DOWNTOWN VIEW OF PORTSMOUTH, NEW HAMPSHIRE



- | | | | |
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| 1 Market Square | 12 Gov. Langdon House | 20 Portsmouth Naval Shipyard | 30 John Paul Jones House |
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| 11 US Custom House | | | |

Parking Apps: Download free from the App Store and Google Play.

ParkMobile

Parkmobile.io
Municipal lots

Unified Parking Partners

Uppglobal.com
Private lots

Access Navigators

accessnavigators.com
See below

**FOR BEST RATES USE
CITY OF PORTSMOUTH
PARKING LOCATIONS**



Access Navigators provides a user-tested, barrier-free Walk 'n' Roll map of downtown Portsmouth that helps guide users of wheelchairs and strollers, as well as the general public, on how to travel around the historic downtown and waterfront. Use the QR code provided or go to accessnavigators.com to access the maps.

calendar

Check out what's happening in Portsmouth and around the Seacoast, year-round. There's always something fun to do! Calendar dates and events can change though, so visit GoPortsmouthNH.com or individual websites for the most up-to-date information.



SEASONAL

Albacore Park, ussalbacore.org

Portsmouth Historical Society, Daily Walking Tours & Art Exhibits, portsmouthhistory.org

Fuller Gardens, fullergardens.org

Great Bay Stewards, greatbaystewards.org

Friends of Portsmouth Lighthouse, portsmouthharborlighthouse.org

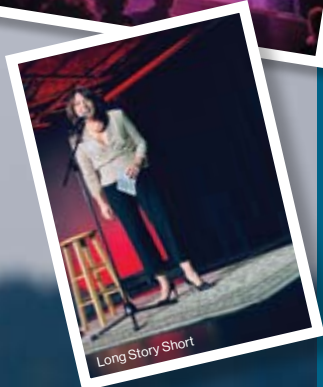
Portsmouth Black Heritage Sankofa Guided Walking Tours, blackheritagetraillnh.org

Strawbery Banke Museum, strawberybanke.org

Woodman Museum, woodmanmuseum.org



The Music Hall



Long Story Short

YEAR-ROUND

- 3S Artspace, 3sarts.org
- American Independence Center, aicnh.org
- Art 'Round Town, goportsmouthnh.com/art
- Black Heritage Trail of NH, Inc., blackheritagetrailnh.org
- Children's Museum of NH, childrens-museum.org
- The Dance Hall, thedancehallkittery.org
- Farmers' Market, Summer & Winter, seacoasteatlocal.org
- Jimmy's Jazz & Blues Club, jimmysoncongress.com
- Local Love, goportsmouthnh.com/locallove
- New Hampshire Theatre Project, nhtheatreproject.org
- Players' Ring Theatre, playersring.org
- Portsmouth Athenaeum, portsmouthathenaeum.org
- Portsmouth Symphony, portsmouthsymphony.org
- The Press Room, pressroomnh.com
- Seacoast Repertory Theatre, seacoastrep.org
- Seacoast Science Center, seacoastsciencecenter.org
- The Music Hall, themusichall.org



Black Heritage Trail of NH

Prescott Park Arts Festival Summer Music



SPRING & SUMMER

- New England BIPOC Fest, newenglandbipocfest.com
Children's Day, proportsmouth.org
Chowder Festival, prescottpark.org
Governor John Langdon House, historicnewengland.org
Gundalow Company, gundalow.org
Market Square Day, proportsmouth.org
Hampton Beach Activities, hamptonbeach.org
Hear & There, hearandthereportsmouth.com
Hit the Decks 2027, hitthedecksportsmouth.com
Independence Day Fireworks, cityofportsmouth.com
Isles of Shoals Steamship Company, islesofshoals.com
John Paul Jones' Birthday Party, portsmouthhistory.org
Key West Days, keywestdays.com
Moffatt-Ladd House & Garden, moffatladd.org
New England Hot Sauce Fest, newenglandhotsaucefest.com
Ogunquit Playhouse, ogunquitplayhouse.org
Piscataqua Riverfest, piscataquariverfest.com
Porchfest, linktr.ee/portsmouthporchfest
Portsmouth Harbor Cruises, portsmouthharbor.com
Prescott Park Arts Festival Summer Musical, prescottpark.org
Revel in the Meadow, continuumarts.org
Springfest, Strawberry Banke Museum, strawberrybanke.org
Star Island, starisland.org
Summer in the Street, proportsmouth.org
Tall Ships Festival, sailportsmouth.org
Warner House, warnerhouse.org



3S Artspace



Photos this page: Main photo by Will Zimmerman; courtesy of 3S Artspace: Mary Johanna Brown, Max Cley/fon (Bobby Cille) and Ensemble; photo by Nite Scott Studios, courtesy of Ogunquit Playhouse

FALL

Hampton Beach Seafood Festival, seafoodfestivalnh.com

New Hampshire Film Festival, nhfilmfestival.com

Portsmouth Peace Treaty Day, portsmouthpeacetreaty.org

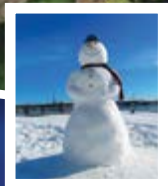
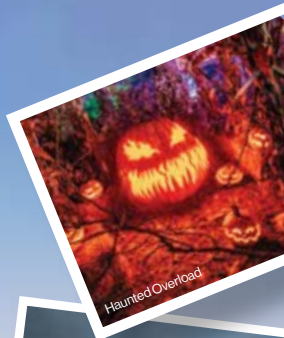
Portsmouth Maritime Folk Festival, pmffest.org

Portsmouth Halloween Parade 2026, portsmouthhalloweenparade.org

Restaurant Week Portsmouth Fall 2026, restaurantweekportsmouth.com

Scarecrows of the Port, scarecrowsoftheport.com

Star Island Gosport Regatta, starisland.org



WINTER

Candlelight Stroll, strawberrybanke.org

First Night Portsmouth 2027, portsmouth.org

Holiday Parade & Tree Lighting, cityofportsmouth.com

Labrie Family Skate at Puddle Dock Pond, strawberrybanke.org

Vintage Christmas in Portsmouth, vintagechristmasnh.org



Labrie Family Skate at Puddle Dock Pond



Children's Museum of NH



Prescott Park



3S Artspace

Photos left, (top to bottom): courtesy of the New Hampshire Division of Travel & Tourism; David J. Murray/Clear Eye Photo; Terri Nulph; Photos right, kayaker and grass: Mary Johanna Brown; Main photo: Miles Woodworth



play

The Seacoast offers a range of activities, from outdoor adventures to cultural delights. There's something for everyone, whether you're seeking recreation or relaxation.



Playtime Starts Here on the Seacoast

You can't visit the seacoast without fitting in some play time. Get out on the water, play by the coast or try out some unique and newly revived retro fun.

The seacoast area gets more bike-friendly by the day. If you don't have your bike with you, that's no problem! Papa Wheelies Bicycle Shop, Ocean Cycles (603.926.5757), PortCity Bike Tours and Colonial Bicycle Company will be happy to rent you one. Be sure to head out on the NH Seacoast Greenway where you can bicycle on this multi-use trail. If wheels of any kind are your or your kids' thing, there are several great skateboard parks in the area. Portsmouth's Skate Park at 305 Greenland Road, Portsmouth is open dawn to 10pm. Guppy Park in Dover is home to a 10,700 square foot skate park with lights for night skating. Hampton (Hardardt's Way) and Newmarket (1 Terrace Drive), York (40 Robert Stevens Rd) and Eliot (27 Dixon Rd) in Maine, also have skate parks.

Axe throwing may be as retro as it gets. Black Rock Social Club (see Insider Scoops right) has a cage for it as does Wing-it-z in Dover where you can also step up to the billiards table or challenge your friends to a game regular (steel-tipped or bring your own) or not-your-grandfather's darts (electronic).

Bowling waxes and wanes in popularity and is currently climbing the hot list. Pinz on Lafayette Road in Portsmouth has ten-pin lanes as well as axe throwing and an arcade. Bowl-O-Rama is where you will find classic New England candlepin bowling lanes, all including optional gutter bumpers for

kids. Enjoy their Shenanigans restaurant and arcade entertainment. Shooters Sports Pub is home to Exeter Bowling Lanes where you will find 12 lanes of candlepin bowling as well as pool tables, pub food and a beer garden.

Miniature golf never seems to go out of fashion for kids and adults alike. Visit Sagamore Golf Center in North Hampton, Captain's Cove Adventure Golf or Buc's Lagoon, both in Hampton, and TOUR Golf & Grill in Portsmouth, which also has golf simulators, live music and food for mini-golf fun. Hilltop Fun Center just on the Dover/Somersworth line, also has a top-rated mini golf course.

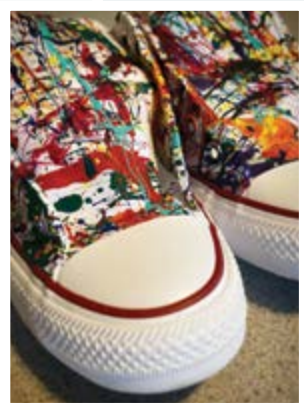
Trivia and other game nights abound in the seacoast area. Be prepared to challenge the local regulars! Liar's Bench on Islington Street in Portsmouth has not only Tuesday trivia nights but Thursday chess nights. WHYM Craft Pub and Brewery in Hampton are doing Music Bingo this year as well as Cribbage for a Cause which supports Annie's Angels, supporting NH families who are struggling financially through a life-threatening illness. Sea Dog Brewing in Exeter has Wednesday night trivia nights. Check the Events section of York Beach Beer Company's web site for Saturday night trivia events.

In Portsmouth, there is nothing better than going out on the water with the local cruises. Combine history, water travel and fun with a trip down the Piscataqua River to the mouth of Portsmouth Harbor aboard the Gundalow Company's shallow-draft cargo barge, Piscataqua. Help raise and lower the sail or just enjoy the ride on their concert cruises. Visit Portsmouth Harbor Cruises to get tickets to visit the beautifully restored Wood Island Life Saving Station via their vessel, The Utopia. Spend 90 minutes on the island and discover the history of this iconic and unique part of local history. The longstanding cruise scene in Portsmouth is anchored by the Isles of Shoals Steamship Company with their vessels the Thomas Leighton and the Challenger. Visit the Isles of Shoals or just cruise the harbor.

You could recreate by walking on city streets from art gallery to art gallery. Portsmouth's Art Around Town (goportsmouthnh.com has a list of galleries and walking map) and Dover Art Walk both happen on the first Friday of every month from 5-8pm. A glass of wine, art and exercise in between galleries, what could be better? See the SHOP section for places where you can buy art.

Join Portsmouth in celebrating the nation's 250th anniversary! The seacoast region played a pivotal role in the American Revolution and Strawberry Banke Museum is featuring Revolutionary Portsmouth in their Rowland Gallery exploring Portsmouth's role in the Revolution revealing militia activity, political networks and everyday life through letters, objects and decorative arts. "Epic" fireworks are planned on the night of July 3 near the South Mill Pond, hosted by the City of Portsmouth. On June 27 in Kittery, typically at Thresher Memorial Park near the Kittery Town Hall, a reading of the Declaration of Independence "by" Kittery's native son and declaration signer William Whipple.

The Moffatt-Ladd House in Portsmouth plans to host several events including a "Tree of Independence" party on June 14. The Portsmouth Athenaeum will host a series of lectures focused on the seacoast's role during the American Revolution.



INSIDER SCOOP

Tokens

Tokens is an "arcade bar" in downtown Dover. For those loving the nostalgic ding-ding-ding of a well-played pinball, Tokens has over a dozen pinball games, many refurbished. Also available are console and arcade games with more coming soon. Family hours on weekends. And while you're there, treat yourself to a kimchi dog! (tokenstaproom.com)



Vent

This unique activity space in Portsmouth's West End has "smash rooms" and "splash rooms" where, if you are 18 or older, you can push your limits, relieve stress, boost confidence, express yourself and just plain have fun! Check their website for house rules. There are no walk-ins so book online (ventwithus.com).



Black Rock Social Club

Just off Route 1 South on West Road and self-described as where "social energy meets modern recreation," Black Rock boasts an elevated experience offering immersive simulators. This member club has day passes (dining only is open to the public, no pass needed) and is open Thursday thru Sunday nights. (brsc.vip)



ON THE WATER

Atlantic Whale Watch & Deep Sea Fishing, Rye Harbor, Rye, NH • **Esther's Marina**, 41 Pickering Ave, Portsmouth, NH • **Gundalow Company**, 60 Marcy St, Portsmouth, NH • **Isles of Shoals Steamship Company**, 315 Market St, Portsmouth, NH • **Newburyport Harbor Cruises**, Waterfront Park, Newburyport, MA • **Newburyport Whale Watch**, 54 Merrimac St, Newburyport, MA • **Nor'easter Fishing**, 4 Western Avenue, Kennebunk ME • **Portsmouth Harbor Cruises**, 64 Ceres St, Portsmouth, NH • **Portsmouth Kayak Adventures**, 185 Wentworth Rd, Portsmouth, NH • **Portsmouth Paddle Co.**, portsmouthpaddleco.com, 70 Heritage Ave, Portsmouth, NH • **Portsmouth Water Taxi**, 603.550.1380 • **Seafari Charters**, 7 Island Ave, Kittery, ME • **Seaglass Harbor Tours**, 105 Marcy St, Portsmouth, NH • **Seven Rivers Paddling**, 185 B Wentworth Rd, Portsmouth, NH • **Seaglass Harbor Tours**, 105 Marcy St, Portsmouth, NH • **Summer Sessions**, 2281 Ocean Blvd, Rye Beach, NH • **Vista Yacht Charters**, 116 Morgans Way, New Castle, NH • **New Castle Yankee Clipper Harbor Tours**, 22 Merrimac St, Newburyport, MA

RAINY DAY FUN FOR ALL

American Independence Center, 1 Governors Ln, Exeter, NH • **Bowl-O-Rama**, 599 Lafayette Rd, Portsmouth, NH • **Children's Museum of New Hampshire**, 6 Washington St, Dover, NH • **Monkey Mind Escape Rooms**, 10 Vaughan Mall STE 214, Portsmouth, NH • **Portsmouth Escape Room**, 95 Brewery Lane #13, Portsmouth, NH • **Salt Pump Climbing Co**, 199 Constitution Ave, Portsmouth, NH • **Strawbery Banke Museum**, 14 Hancock St, Portsmouth, NH • **USS Albacore Submarine**, 600 Market St, Portsmouth, NH **Vent**, 95 Brewery Lane #8, Portsmouth, NH • **The Wheel House**, 865 Islington Street, Portsmouth, NH

LIVE MUSIC

Blue Mermaid Island Grill, 10 Shapleigh Rd, Kittery • **Clipper Tavern**, 75 Pleasant St, Portsmouth, NH • **Chapman Cottage**, Coastal Rte 1A, York Harbor, ME • **Dwyer's Pub**, 96 Bridge St, Portsmouth, NH • **Jimmy's Jazz & Blues Club**, 135 Congress St, Portsmouth, NH • **Grill 28**, 200 Grafton Rd, Portsmouth, NH • **The Goat**, 142 Congress St, Portsmouth, NH **Library Restaurant**, 401 State Street, Portsmouth, NH • **Mojo's West End Tavern**, 95 Brewery Ln #2, Portsmouth, NH **The Music Hall Lounge**, 131 Congress St, Portsmouth, NH • **Napoletana**, 14 Market Square, Portsmouth, NH **The Oar House**, 55 Ceres St, Portsmouth, NH • **Portsmouth Gas Light Co**, 64 Market St, Portsmouth, NH **The Press Room**, 77 Daniel St, Portsmouth, NH • **Thirsty Moose Tap House**, 21 Congress St, Portsmouth, NH **Toscana Chophouse**, 3 Pleasant Street, Portsmouth • **The Word Barn**, 66 New Fields Rd, Exeter, NH **York Harbor Inn**, Coastal Rte 1A, York Harbor, ME



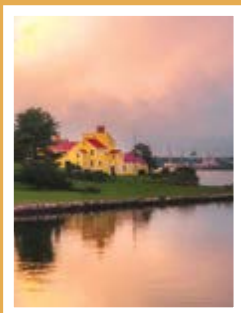
BEACHES

Fort Foster, Gerrish Island, Kittery Point, ME (fee, beaches, pavilion, restrooms) • **Great Island Common**, 301 Wentworth Rd (Rte 1B), New Castle, NH (fee, parking, picnic areas, restrooms) • **Hampton Beach State Park**, 115 Ocean Blvd, Hampton Beach, NH, hamptonbeach.org (lifeguards, parking, food, restrooms) • **Jenness State Beach**, 2280 Ocean Blvd, Rye, NH (metered parking, lifeguards, restrooms) • **Long Sands Beach**, Rte 1A, York, ME (metered parking, lifeguards) • **Ogunquit Town Beach**, Beach St, Ogunquit, ME • **Plum Island**, Newburyport, MA, (public beach, limited parking) • **Short Sands Beach**, Rte 1A, York, ME (metered parking, restrooms) • **Wallis Sands State Beach**, 1050 Ocean Blvd, Rye, NH (fee, lifeguards, restrooms)



HISTORY STARTED HERE

American Independence Center, 1 Governors Ln, Exeter, NH
Fort Foster, Gerrish Island, Kittery Point, ME • **Fort Stark State Historic Site**, 211 Wild Rose Ln, New Castle, NH • **Portsmouth Historical Society**, 10 Middle Street, Portsmouth, NH • **Kittery Historical & Naval Museum**, 204 Rogers Rd, Kittery, ME (Seasonal) • **Sarah Orne Jewett House**, 5 Portland St, South Berwick, ME • **Strawbery Banke Museum**, 14 Hancock St, Portsmouth, NH
Warner House 150 Daniel St, Portsmouth, NH (Seasonal)



WINTER FUN FOR ALL

Snowshoe, hike, ice skate, sled or glimpse a snowy owl! **Fire + Ice Igloo -Rooftop at the Envio**, Portsmouth, NH • **Fort Foster**, Gerrish Island, Kittery Point, ME • **Great Bay National Wildlife Refuge**, Newington, NH
Labrie Family Skate at Puddle Dock Pond, 14 Hancock St, Portsmouth, NH • **Maudslay State Park**, 74 Curzon Mill Rd, Newburyport, MA • **Mount Agamenticus Conservation Region**, 186 York St, York, ME
Odiorne State Park, 570 Ocean Blvd, Rye, NH • **Powderhouse Hill**, Agamenticus Rd, S. Berwick, ME
Snowy owl viewing, various spots along Rte 1A in Hampton, Rye (Rye Harbor), and Seabrook • **Urban Forestry Center**, 45 Elwyn Rd, Portsmouth, NH

LIGHTHOUSES

Lighthouses accessible only by boat indicated by*. **Newburyport Rear Range Light**, 61 ½ Water St, Newburyport, MA • **Nubble Lighthouse**, Cape Neddick Station, Sohier Park Rd, York, ME • **Plum Island Lighthouse**, Newburyport, MA • **Portland Breakwater Light**, S. Portland Greenbelt Pathway, South Portland, ME • **Portland Head Light**, 1000 Shore Rd, Cape Elizabeth, ME • **Portsmouth Harbor Lighthouse**, 25 Wentworth Rd, New Castle, NH • **Ram Island Ledge Light**, Portland, ME* • **Whaleback Light**, Kittery Point, ME* • **White Island Light**, Isles of Shoals, NH



DOG FRIENDLY

Bellamy Park, 23 Bellamy Rd, Dover, NH • **Fisherman's Walk**, 21 Clark's Ln, York, ME • **Fort Foster**, 76 Pocahontas Rd, Kittery Point, ME • **Friend-Lee Pets Dog Park**, 40 Concord Rd, Lee, NH • **Great Bog**, 427 NH-33 Portsmouth, NH • **Haven Park**, Pleasant Street, Portsmouth, NH • **Henry Law Park**, 1 Washington St, Dover, NH • **Longhill Dog Park**, 42 Long Hill Rd, Dover, NH • **Peirce Island**, Peirce Island Road, Portsmouth, NH • **South Mill Pond Off-Leash Dog Park**, 340 Parrott Ave, Portsmouth, NH • **Stratham Hill Park**, 270 Portsmouth Ave, Stratham, NH • **Wagon Hill**, 156 Piscataqua Rd, Durham, NH • **York Dog Park** 17 Bog Rd, York, ME

Portsmouth Harbor Cruises

Take an intimate cruise through the Seacoast's most picturesque waterways, from historic Portsmouth Harbor to the Isles of Shoals and inland rivers aboard the *Heritage*, now celebrating over 30 years.



Tripadvisor
Travelers'
Choice Awards



3S Artspace

319 Vaughan St, Portsmouth, NH, 603.766.3330, 3Sarts.org. Curiosity. Creativity. Community. Through the unique lens of contemporary arts experiences, 3S invites divergent perspectives and encourages lively discourse centered around issues of today.

American Independence Center

One Governors Lane, Exeter, NH, 603.772.2622, aicnh.org. Preserving the story of our democracy through exhibits, tours, and public programs. Open May 1 - October 31; Thursday-Saturday, 10am - 4pm. Tours include the Museum, the Ladd-Gilman House, and the Folsom Tavern. Admission is free!

Art 'Round Town Gallery Walks

Goportsmouthnh.com/art. The FIRST FRIDAY of every month, year-round, Portsmouth celebrates its inspired art community with special flair by presenting its Art 'Round Town gallery walk.

Black Rock Social Club

140 West Rd, Portsmouth, NH, 603.956.9577, brsc.vip. Great food, crafted drinks, live music, and interactive games. Come to eat, stay to play.

Bowl-O-Rama Family Fun Center

599 Lafayette Rd, Route 1, Portsmouth, NH, 603.436.0504, bowlorama.com. State-of-the-art Seacoast social entertainment destination with candlepin bowling, cosmic bowling, interactive games, full restaurant & bar, arcade, birthday parties, corporate events, and much more!

The Children's Museum of NH

6 Washington Street, Dover, NH 603.742.2002, childrensmuseum.org. Open year round, CMNH has three floors of interactive exhibits for kids ages 0-12, inviting hands-on discovery and play-based learning in downtown Dover.

Esther's Marina

41 Pickering Ave, Portsmouth, NH 603.828.6462, esthersmarina.com. Kayak and paddleboard rentals in the heart of Portsmouth! Explorers young and old will find something to enjoy at Esther's Marina.

FLOTE

800 Islington St, Portsmouth, NH, 845 Lafayette Rd, Hampton, NH 603.418.6518, seacoastflote.com. Take a pause from your life and relax into 1000 pounds of detoxifying Epson salts. Allow the water to bring you back to balance.



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beautiful books, music, art, science kits, baby
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315 Market St, Portsmouth, NH,
603.431.5500, islesofshoals.com. The MV
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various sightseeing tours and party cruises.
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Jimmy's Jazz & Blues Club

135 Congress St, Portsmouth, NH, 888.603.
JAZZ, JimmysOnCongress.com. Jimmy's
has invested heart & soul to create an
extraordinary jazz and blues club with fine
dining located in a restored, century-old
building in the heart of downtown.

The Music Hall

28 Chestnut St, Portsmouth, NH,
603.436.2400, themusichall.org. A
performing arts powerhouse featuring
entertainment from around the world in its
landmark Victorian theater and the modern
Music Hall Lounge.

Ogunquit Playhouse

10 Main St. Ogunquit, ME, 207.646.5511,
ogunquitplayhouse.org. America's
foremost Summer theater, Ogunquit
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64 Ceres St, Portsmouth, NH, 603.436.8084
800.776.0915, portsmouthharbor.com.
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Portsmouth Historical Society

10 Middle St, (corner of Islington & Middle St), Portsmouth, 603.436.8433, portsmouthhistory.org. The one-stop cultural gateway for Portsmouth. Free information, public restrooms, short film on Portsmouth's history, museum-quality exhibits, lovely museum shop, and the starting point for historical walking tours.

Prescott Park Arts Festival

Portsmouth, NH, 603.436.2848, prescottpark.org. For over 50 years, the festival has presented a full summer of concerts, movies, and the musical along the picturesque waterfront in Prescott Park, downtown Portsmouth. Optional, recommended donation of \$8-\$20. Everyone Has a Home Here.

Salt Pump Climbing Company

199 Constitution Ave, Portsmouth, NH 603.368.1019, saltpumpclimbing.com. Come experience the NH Seacoast's premier bouldering gym! Our 14,000 sq ft facility offers a kid's area, expansive bouldering, and fitness & yoga studios. Great for all levels of climbers!

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125 Bow Street, Portsmouth, NH, 603.433.4792, Experience bold, live theater that inspires and connects. Seacoast Rep creates unforgettable performances, educational programs, and community-driven storytelling. Celebrate the magic of theater with us at SeacoastRep.org.

Seacoast Science Center

in Odiorne Point State Park, 570 Ocean Blvd, Rye, NH, 603.436.8043, seacoastsciencecenter.org. Discover NH's marine and coastal environment through programs, nature walks, and live animal and interactive exhibits. Get up close and personal at our indoor touch tanks!

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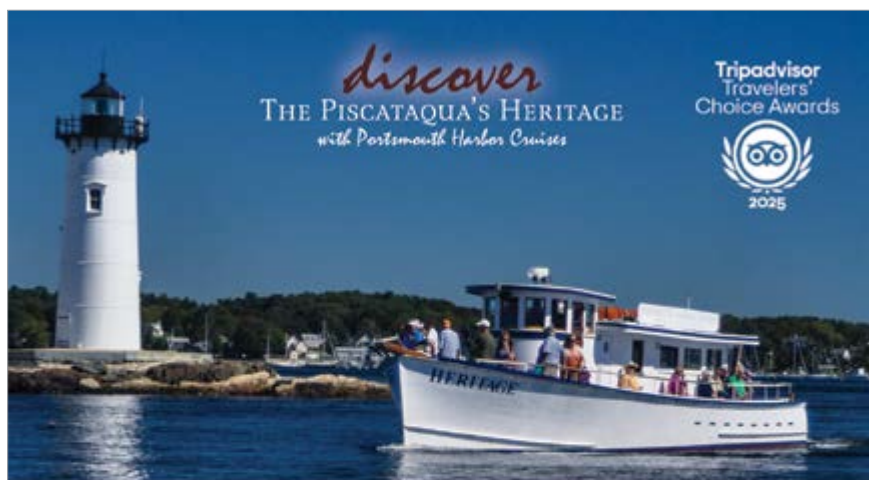


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14 Hancock St, Portsmouth, NH,
 603.433.1100, StrawberyBanke.org.
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2281 Ocean Blvd, Rye, NH, 603.319.8207, also Downtown Portsmouth, newhampshiresurf.com. The Seacoast's choice for Surf and Paddle-Boarding. Offering lessons, rentals, and stylized clothing for men and women. events, and outdoor ice-skating.

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American Independence Center



The Dance Hall



Esther's Marina

Photos this page: courtesy of American Independence Center; courtesy of The Dance Hall; Mary Johanna Brown

	Ad Page #	Children's Activities	Handicapped Access	Historic	Music	Park/Garden/Beach	Parking	Picnic Area	Downtown Location	The Inside Scoop
▶ 3S ARTSPACE Portsmouth NH 603-766-3330	36	•	•		•	•				• Quality, Original, Affordable Arts
▶ ALBACORE PARK Portsmouth NH 603-436-3680		•		•			•	•		Seasonal Submarine Tour
▶ AMERICAN INDEPENDENCE CENTER Exeter NH 603-772-2622	42	•		•			•	•	•	The Story of America
▶ ART 'ROUND TOWN Portsmouth NH 603-610-5510	38		•		•					• Art
▶ BLACK HERITAGE TRAIL OF NH, INC. Portsmouth NH 603-570-8469				•						• African American History; Tours
▶ BLACK ROCK SOCIAL CLUB Portsmouth NH 603-956-9577	43		•		•		•			Social Games
▶ BLUE OCEAN SOCIETY FOR MARINE CONSERVATION Portsmouth NH 603-431-0260		•	•				•			• Dockside
▶ BOARD & BRUSH CREATIVE STUDIO Portsmouth NH 603-373-8122		•				•				DIY Decor Wood Project Workshop
▶ BOWL-O-RAMA FAMILY FUN CENTER Portsmouth NH 603-436-0504	38	•	•		•		•			Entertainment
▶ THE BROOK Seabrook NH 603-474-3065		•		•		•				Casino, Gaming, and Wagering
▶ CHILDREN'S MUSEUM OF NEW HAMPSHIRE Dover NH 603-742-2002	40	•	•			•	•	•		Interactive Fun
▶ DANCE HALL Kittery ME					•					Diverse Music and Dance Experience
▶ ESTHER'S MARINA Portsmouth NH 603-828-6462	42	•		•		•	•		•	Kayak and Paddleboard Rental
▶ FRIENDS OF PORTSMOUTH HARBOR LIGHTHOUSE Portsmouth NH 603-534-0537		•		•			•			Seasonal
▶ GAME SHOW FACE OFF Kittery ME 603-397-9282		•	•				•			Hollywood Inspired Game Show Studio
▶ GLOW SILENT DISCO Kittery ME 603-397-9282		•	•		•		•			Birthday Parties, Private Parties, and Corporate Events
▶ GO PORTSMOUTH Portsmouth NH 603-610-5510		•	•	•	•	•		•		Visit Portsmouth & the Seacoast
▶ GOVERNOR JOHN LANGDON HOUSE Portsmouth NH 603-436-3205				•		•			•	Historic Home
▶ GREAT BAY DISCOVERY CENTER Greenland NH 603-778-0015		•	•			•	•			Walk Through Nature
▶ GUNDALOW COMPANY Portsmouth NH 603-433-9505	40	•		•			•	•	•	Educational Programs, Historic Barge



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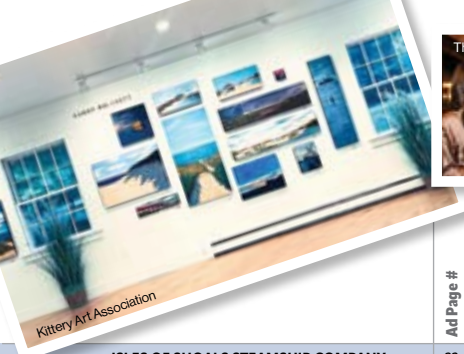
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play






Photos this page courtesy of Kittery Art Association; courtesy of The Music Hall Members Club

	Ad Page #	Children's Activities	Handicapped Access	Historic	Music	Park/Garden/Beach	Parking	Picnic Area	Downtown Location	The Inside Scoop
▶ ISLES OF SHOALS STEAMSHIP COMPANY Portsmouth NH 603-431-5500	32	•	•	•	•	•	•	•	•	Cruises and Party Boats
▶ JACKSON HOUSE Portsmouth NH 603-436-3205				•			•		•	Historic Home
▶ JIMMY'S JAZZ & BLUES CLUB Portsmouth NH 888-603-5299	BC		•	•	•				•	Live Music Venue
▶ JOHN PAUL JONES HOUSE Portsmouth NH 603-436-8420				•		•			•	Historic Home
▶ KITTERY ART ASSOCIATION Kittery ME 207-451-9384		•	•				•			Gallery of Rotating Exhibits
▶ THE LEDGES GOLF CLUB York ME 207-351-3000								•		Public Golf Course
▶ LANGDON HOUSE Portsmouth NH 603-679-8001				•		•				Restored 1784 Mansion of Governor John Langdon
▶ LET'S MOVE! Kittery ME 603-397-9282		•	•		•		•			Motion Controlled Gaming Arena
▶ THE LINKS AT OUTLOOK South Berwick ME 207-384-4653									•	Public Golf Course
▶ MOFFATT-LADD HOUSE & GARDEN Portsmouth NH 603-436-8221		•		•		•			•	Fully Furnished Historic House
▶ MONKEY MIND ESCAPE ROOMS Portsmouth NH 603-498-8997		•	•				•		•	"Can You Escape?"
▶ THE MUSIC HALL Portsmouth NH 603-436-2400	2	•	•	•	•				•	Music and Entertainment
▶ THE MUSIC HALL LOUNGE Portsmouth NH 603-436-2400	2	•	•	•	•				•	Speak Easy Feel Members Club
▶ THE MUSIC HALL MEMBERS CLUB Portsmouth NH 603-436-2400		•	•	•	•				•	Entertainment, Arts
▶ NEW ENGLAND DRAGWAY Epping NH 603-679-8001		•	•				•			Car Racing Track
▶ NEW ENGLAND SPORTS HUB Somersworth NH 603-405-0007		•	•				•			Indoor Sports & Entertainment Space
▶ NEW HAMPSHIRE ART ASSOCIATION Portsmouth NH 603-431-4230				•			•		•	Come visit our Current Exhibitions
▶ NEW HAMPSHIRE THEATRE PROJECT Portsmouth NH 603-431-6644		•	•		•	•			•	Changing Lives Through Theater
▶ NORTHERN TIDE YACHT Portsmouth NH 603-498-6073	32					•			•	Explore the Seacoast
▶ OGUNQUIT PLAYHOUSE Ogunquit ME 207-646-5511	34	•	•				•			Summer Theater
▶ OLIVETEAL ARTS Portsmouth NH			•				•			Art Classes & Custom Art
▶ PEASE GOLF COURSE Portsmouth NH 603-433-1331		•					•			Public Golf Course



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Salt Pump



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	Ad Page #	Children's Activities	Handicapped Access	Historic	Music	Park/Garden/Beach	Parking	Picnic Area	Downtown Location
▶ PINZ Portsmouth NH 603-373-1001		•	•				•		Fun for Families and Corporate Events
▶ PLAYERS' RING Portsmouth NH 603-436-8123				•	•				• Year Round Theater
▶ PORTSMOUTH ATHENAEUM Portsmouth NH 603-431-2538		•	•	•					• Library and Museum
▶ PORTSMOUTH ESCAPE ROOM Portsmouth NH 603-380-9160		•	•						Escape Room
▶ PORTSMOUTH HARBOR CRUISES Portsmouth NH 603-436-8084	28,33	•	•	•		•			• Day and Evening Cruises, Private Charters
▶ PORTSMOUTH HARBOUR TRAIL GUIDED TOURS Portsmouth NH 603-610-5510		•		•					• Experienced Guides, Historic Walking Tours
▶ PORTSMOUTH HISTORIC SITES Portsmouth NH 603-430-7968		•		•					• A Collection of 13 Historic Properties
▶ PORTSMOUTH HISTORICAL SOCIETY Portsmouth NH 603-436-8433	30	•	•	•					• Daily Walking Tours
▶ PORTSMOUTH MUSIC & ARTS CENTER Portsmouth NH 603-431-4278					•				Live Music, Adult and Youth Music & Art Classes
▶ PORTSMOUTH PADDLE CO Portsmouth NH 603-777-7428						•	•		Paddleboard Tours, Rentals & Sales
▶ PORTSMOUTH SCUBA Portsmouth NH 603-436-4887								•	Scuba Lessons and Equipment
▶ PORTSMOUTH SYMPHONY ORCHESTRA Portsmouth NH 603-686-8133				•	•				• Seasonal Concerts
▶ PORTSMOUTH WATER TAXI 603-550-1380						•			• Service Portsmouth Harbor and Piscataqua River
▶ PRESCOTT PARK ARTS FESTIVAL Portsmouth NH 603-436-2848	33	•	•		•	•		•	• Music, Art, Theater, Dance, Food
▶ PRO PORTSMOUTH Portsmouth NH 603-433-4398		•		•	•				Arts, Culture & Events
▶ ROCKINGHAM BALLROOM Newmarket NH 833-277-6527				•	•	•	•		Dance Space & Classes Live Bands
▶ RUNDLET-MAY HOUSE Portsmouth NH 603-436-3205		•		•		•	•		• Historic Home
▶ SAIL PORTSMOUTH Portsmouth NH 603-436-2808		•							• Bringing Tall Ships to the Seacoast
▶ SALT PUMP PORTSMOUTH Portsmouth NH 603-368-1019	34	•					•		• Rock Climbing Facility
▶ SEACOAST REPERTORY THEATRE Portsmouth NH 603-433-4472	10	•	•	•	•		•		• Year Round
▶ SEACOAST SCIENCE CENTER Rye NH 603-436-8043	30	•	•	•	•	•	•		Aquarium, Museum, Tide Pools, Nature Trails

Photos this page: Rye On Assignment; Will Zimmerman; Jerry Monkman

HANDS-ON FUN

CHILDREN'S MUSEUM
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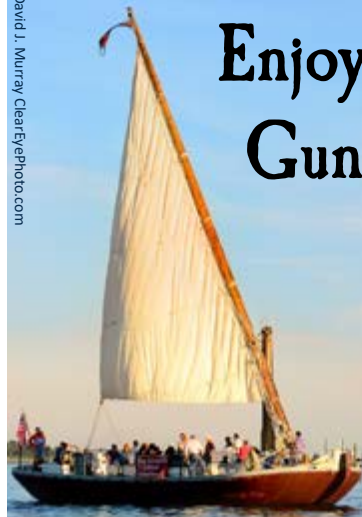
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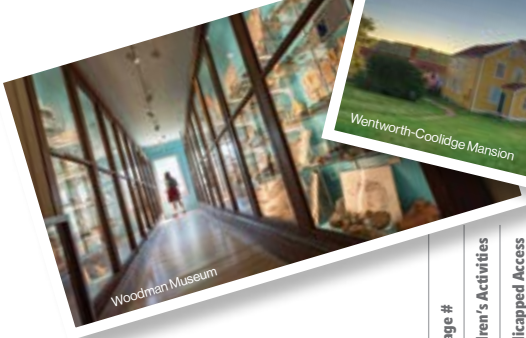
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Woodman Museum



Wentworth-Coolidge Mansion



Star Island

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	Ad Page #	Children's Activities	Handicapped Access	Historic	Music	Park/Garden/Beach	Parking	Picnic Area	Downtown Location	The Inside Scoop
▶ SHOALS MARINE LABORATORY Kittery ME 603-964-9011			•		•		•			Garden & Island Walking Tours
▶ STAR ISLAND CORPORATION Portsmouth NH 603-430-6272			•		•		•			History and Nature Programs
▶ SEVEN RIVERS PADDLING Portsmouth NH 603-969-5120	31	•								Canoe & Kayak Tour Agency
▶ SIG SAUER INC. Epping NH 603-610-3400										Indoor Shooting Range, Museum and Club 1751
▶ STRAWBERRY BANKE MUSEUM Portsmouth NH 603-433-1100	36	•	•	•	•	•	•	•		Living History Museum
▶ VENT ACTIVITY ROOMS Portsmouth NH 603-502-4755	34	•	•				•			Painting and Smashing Activities
▶ WARNER HOUSE Portsmouth NH 603-436-5909		•		•						Historic Home
▶ WATER COUNTRY WATER PARK Portsmouth NH 603-427-1112			•	•			•	•		Seasonal Rides and Slides
▶ WENTWORTH GARDNER HOUSE Portsmouth NH 603-436-4406				•						National Register of Historic Places
▶ THE WHEEL HOUSE OF NH Portsmouth NH 603-368-1017		•	•				•			Range of Pottery Classes & Experiences
WHIRLYGIGS Exeter NH 603-772-4923	82	•								Toys of Every Kind!
▶ WOOD ISLAND LIFE SAVING STATION ASSOC. Kittery ME			•		•					Natural Science, History & Art
▶ WOODMAN MUSEUM Dover NH 603-742-1038					•					Local History and Art Museum
▶ YMCA OF THE SEACOAST Portsmouth NH 603-431-2334			•	•				•	•	Family Activities, Seniors Welcome

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Wood Island Life Saving Station



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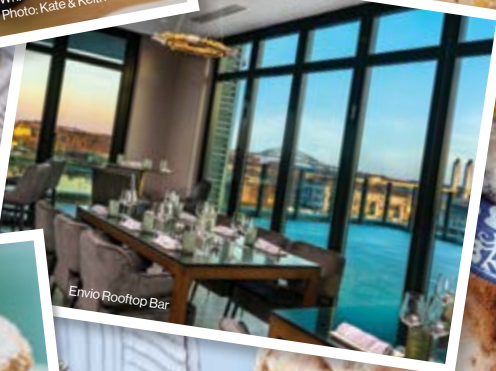
Celebrations Catering



White Heron
Photo: Kate & Keith Photography



Two Bees



Envio Rooftop Bar

Photos this page: (top to bottom) courtes: Celebrations Catering; Kate & Keith Photography; Courtesy of Rooftop at Envio; Danielle Mackley; Deer & Co Photography; main image, courtes: @Nisi, Greek Kitchen + Bar



eat

With something for every taste, the Seacoast offers a culinary experience as diverse as its coastline.

Nisi Greek Kitchen + Bar



Global Flavors, Seacoast Style

You may be on the northeast coast of the United States but you can find food from around the world.

You don't need to fly anywhere to get a flavorful meal from around the world, just visit Street at 81 Islington Street in Portsmouth.

When Indian food is your craving, you have options. Shalimar Indian (80 Hanover St) in Portsmouth has brought authentic North Indian Punjabi cuisine to the seacoast since 1992. Cross the river to Kittery and you'll find Tulsī Indian Restaurant (20 Walker Street) where traditional North Indian, Moghlai, and contemporary dishes are on the menu. Also in Kittery, ME is the Blue Mermaid restaurant (10 Shapleigh Rd) where the locals go for authentic Caribbean dishes.

Portsmouth, NH's Pink Bamboo Hotspot Café (128 Penhallow) is a Chinese restaurant that offers hot pot dining, both lunch and dinner. Chun Ping Lau (435 US Rt 1 in Kittery) is a take-out or delivery only restaurant with all the classic favorites to satisfy any Chinese food craving. They also offer children's combinations with fun names. The 518 Noodle Bar in Kittery, ME (518 US Rt 1) is a self-described casual eatery with dim sum and noodle dishes available for dine-in or take-out (check Facebook page).

Five81°NE (581 Lafayette Road, Portsmouth) features northeastern Thai food; dine in, order out or use their catering service for a private event. 5 Thai Bistro (40 Pleasant Street, Portsmouth) is open seven days a week. Fresh ingredients and a quaint dining room offers dine-in and take-out.

Green Elephant (35 Portwalk Place), a vegetarian bistro and bar in Portsmouth, presents ingredients and flavors from Thailand, China and India. At The Ramen Club (148 Fleet Street) you'll enjoy a restorative bowl of ramen in cozy, inviting surroundings. Anju Noodle Bar (7 Wallingford Square) in Kittery is a bustling noodle restaurant with a true neighborhood vibe. Cozy and delicious.

Durbar Square (10 Market Street) in downtown Portsmouth will take you to the Himalayas at this Nepalese restaurant where goat chili, lamb momo and (vegan) mushroom tarkari are all on their flavorful menu.

Mamma Luca (111 State Street) pizzeria and cucina offers seasonally driven Italian cuisine with locally sourced ingredients and curated cocktails. Eat in or take delicious meals home. With nearly a century of history in Portsmouth, The Rosa (70 State Street) is recently under new ownership. At this Portsmouth mainstay get family-style Italian fare—pizza, sandwiches, pasta, salads. They also have a private event space. Great pizzas, paninis, and pasta are on the menu at Napoletana Pizzeria and Bar (14 Market Square). Begin or end it all with a selection of insalatas and full bar. Sit back and relax at Louie's (909 Islington Street) where rustic Italian meets the seacoast. Enjoy unique menu items including flounder, duck, rabbit, monkfish and hanger steak with lion's mane mushrooms or braised venison appetizers with locally source ingredients to meet the seasons.

Nichinan (15 Middle Street) Japanese restaurant offers contemporary Japanese fare in a cozy space tucked in beside the lovely Hotel Thaxter. Ikko Japanese restaurant (Portsmouth at 2466 Lafayette Road and Dover at 879 Central Avenue) has hibachi-style dining as well as tables, sushi bar and dining at the bar. For unique sushi with a local twist, visit Surf Seafood (99 Bow Street) with their wide selection of sushi, sashimi and makis along with local seafood in the form of an oyster bar and raw bar sampler and their Bloody Mary oyster shooters. Saigon Tokyo (892B Central Ave, Dover) is a small Asian restaurant offering authentic Chinese, Vietnamese and Japanese food. They look for healthy preparation methods and use fresh, natural ingredients.

Newly opened Topolino Mediterranean Restaurant (9 River Street, Suite 150, Dover) is the inspiration of award-winning chef, Evan Hennessey. This inviting space has a patio and includes diverse seating options encouraging families, couples or single diners to enjoy traditional Mediterranean cuisine (topolininh.com). Anatolia Mediterranean Restaurant (2 Main Street, Somersworth) is tucked in a cozy locale and serves flatbread pizzas, fresh baked breads and kebabs cooked in a lava rock grill. Don't miss Thursday night belly dancing!



At La Carreta (172 Hanover Street, Portsmouth), house specials as well as numbered combinations ala Chinese restaurant style with tacos, burritos and enchiladas with your choice of protein, veggies, etc. give this Mexican restaurant a unique flair. Vida Cantina (2456 Lafayette Road, Portsmouth) is self-described as "community to table" using local ingredients and adventurous flavors. Tequila flights and salsa flights add to the fun. Fresh ingredients and house specialties like Carne Asada fries and pupusa are on the menu at Cali B (2600 Lafayette Road, Portsmouth) as well as a create-your-own option and a kid's menu. Barrio Portsmouth (319 Vaughan Street) makes its home next to 3S Artspace. Unique dishes like Peggy's Boston Scrod taco, French Dip taco and The Codfather are intriguing menu items. Try specialties like the tofu burrito or fried avocado tacos at Howling Wolf Taqueria (40 Pleasant Street) in downtown Portsmouth.

INSIDER SCOOP

Nisi Greek Kitchen + Bar

The West End of Portsmouth is a happening place and Nisi Greek Kitchen and Bar at 801 Islington Street is part of the scene. If your day doesn't include being able to take in the atmosphere, you can order online and bring classic Greek dishes like souvlaki, gyros and spanakopita home. Open for lunch and dinner. (eatatnisi.com)



Buckley's Market & Café

Whether you find a cozy spot to sit for flatbread and a beer or pick up fresh food, grab-and-go meals, pastries, seafood and meats by the pound—you can find it all at Buckley's Market & Café (60 Penhallow, Portsmouth) just off Market Square in downtown Portsmouth. Open 8-8 daily, stop by for Happy "Hour" Mon-Fri 4-6pm. (buckleysbakerycafe.com)



The Freight House

If you want to go where the locals go, The Freight House at 225 Atlantic Way in North Hampton should be on your list. Located in an 1860s freight house, great coffee and breakfasts like The Train Wreck or the Box Car Bowl will fuel a hike or cycle along the Seacoast Greenway just outside the door. (thefreighthousenh.com)

CRAFT BREWERIES

Earth Eagle Tavern, 175 High St, Portsmouth, NH • **Liar's Bench Beer Company**, 459 Islington St, Portsmouth, NH • **Loaded Question Brewing Company**, 909 Islington Street, Portsmouth, NH • **Sea Dog Brewing Company**, 5 Water Street, Exeter, NH • **SoMe Brewing Company**, 1 York St. Unit 3, York, ME • **Stoneface Brewing Company**, 436 Shattuck Way, Newington, NH • **Throwback Brewery**, 7 Hobbs Rd, N. Hampton, NH • **Tributary Brewing**, 10 Shapleigh Rd, Kittery, ME • **Woodland Farms Brewery**, 306 US-1C, Kittery, ME



Throwback Brewery

Photos in this page (top to bottom): courtesy of Throwback Brewery; courtesy of the Spicy Shark; Courtesy of Nichinan

NEW ENGLAND TREATS

Buckley's Market & Café, 60 Penhallow St, Portsmouth, NH • **Calef's Country Store**, 606 Franklin Pierce Hwy, Barrington, NH • **New England Fishmongers**, 57 State Road, Kittery, ME • **Popovers On the Square**, 8 Congress Street, Portsmouth, NH • **Port City Pretzels**, available at various locations, portcitypretzels.com • **Sanders Fish Market**, 367 Marcy Street, Portsmouth, NH • **The Spice & Tea Exchange of Portsmouth**, 63 Congress Street, Portsmouth, NH • **Spicy Shark**, available at various locations, Portsmouth, NH • **Stonewall Kitchen York Company Store**, 2 Stonewall Ln #1, York, ME • **White Heron**, 601 Islington Street #103, Portsmouth, NH



COCKTAILS/MOCKTAILS

BGBR Bar, 34 Portwalk Place, Portsmouth, NH • **Black Birch**, 2 Government Street, Kittery, ME • **Community Oven**, 845 Lafayette Rd, Hampton, NH • **Green Elephant**, 35 Portwalk Place, Portsmouth, NH • **Moxy**, 106 Penhallow St, Portsmouth, NH • **Nichinan**, 15 Middle Street, Portsmouth, NH • **Rooftop at the Envio**, 299 Vaughan Street, Portsmouth, NH • **Street**, 801 Islington St Suite 17, Portsmouth, NH • **Toscana Italian Chophouse & Wine**, Bar 3 Pleasant St, Portsmouth, NH • **The Wallingford Dram**, 7 Wallingford Square, Kittery, ME • **Wildier**, 174 Fleet Street, Portsmouth, NH

Nichinan



DECK/PATIO DINING

Atlantic Grill, 5 Pioneer Rd, Rye, NH • **BG's BoatHouse**, 191 Wentworth Rd, Portsmouth, NH • **Cava**, 10 Commercial Alley, Portsmouth, NH • **Frisbee's Wharf at Pepperrell Cove**, 88 Pepperrell Rd (Route 103) Kittery Point, ME • **Martingale Wharf**, 99 Bow St, Portsmouth, NH • **Old Ferry Landing**, 10 Ceres St, Portsmouth, NH • **Ore Nell's BBQ**, 2 Badgers Island, Kittery, ME • **Popovers on the Square**, 8 Congress St, Portsmouth, NH • **Portsmouth Gas Light Co**, 64 Market St, Portsmouth, NH • **River House**, 53 Bow St, Portsmouth, NH • **Water View Grill**, 37 Bow St, Portsmouth, NH

La Mulita

COFFEE

Caffe Kilim, 163 Islington Street, Portsmouth, NH
Cup of Joe Cafe & Bar, 31 Market Street, Portsmouth, NH
Kaffe Vonsolln, 79 Daniel Street, Portsmouth, NH
La Maison Navarre, 121 Congress Street, Portsmouth, NH
La Mulita Coffee, 15 Sagamore Road, Rye, NH • **NOA Cafe**, 86 Congress Street, Portsmouth, NH • **Popovers on the Square**, 8 Congress St, Portsmouth, NH • **Port City Coffee Roasters**, 801 Islington Street, Portsmouth, NH • **Sandpiper Cafe**, 2281 Ocean Blvd. Rye, NH • **White Heron Tea & Coffee**, 601 Islington Street, Portsmouth, NH • **The Works Cafe**, 9 Congress Street, Portsmouth, NH

SEAFOOD

Atlantic Grill, 5 Pioneer Rd, Rye, NH • **BG's BoatHouse**, 191 Wentworth Rd, Portsmouth, NH
Buoy Shack, 3 Badgers Island W bldg 2, Kittery, ME • **Chauncey Creek Lobster Pier**, 16 Chauncey Creek Road, Kittery Point, ME • **Frisbee's Wharf at Pepperrell Cove**, 88 Pepperrell Rd (Route 103) Kittery Point, ME • **Jumpin Jays**, 150 Congress St, Portsmouth, NH • **Lobster In The Rough**, 1000 US-1, York, ME • **Martingale Wharf**, 99 Bow St, Portsmouth, NH • **Old Ferry Landing**, 10 Ceres St, Portsmouth, NH • **Petey's**, 1323 Ocean Blvd, Rye, NH • **River House**, 53 Bow St, Portsmouth, NH
Robert's Maine Grill, 326 Rte. 1 Kittery, ME • **Row 34**, 5 Portwalk Pl, Portsmouth, NH
Surf Portsmouth, 99 Bow St, Portsmouth, NH • **Water View Grill**, 37 Bow St, Portsmouth, NH



Cliff House Maine

Offering upscale cuisine at The Tiller and The Terrace, classic lobster shack fare at Nubb's, Mediterranean-inspired options at Portside Café, and barista-served coffees at Bald Head Coffee Co.



5 Thai Bistro

40 Pleasant St, Portsmouth, NH, 603.373.8871, 5thaibistro.com. An authentic Thai, delightful, dining experience; creative dishes with the freshest of ingredients, generous portions, fair prices, and an attentive wait staff. Consistently ranked in the top 10 on TripAdvisor!

Atlantic Grill

5 Pioneer Rd, Rye, NH, 603.433.3000 theatlanticgrill.com. Classic coastal ambiance and cuisine in historic Rye. Perfect for catching up with family, unwinding with friends in the lounge, and al fresco dining in the garden.

Bangkok Street Thai Kitchen

454 Lafayette Rd, Portsmouth, NH, 603.969.5544, bangkokstreetportsmouth.com. Family owned and run. Serving both authentic Thai street food and Dim-sum; dishes of our childhood that represent our Thai Chinese Lineage. Ask about our Signature Craft Cocktails!

BG's Boat House Restaurant

191 Wentworth Rd, Portsmouth, NH, 603.431.1074 bgsboathouse.com. Where the locals have been going for the freshest seafood on the Seacoast for 42 seasons. Waterfront dining with two outdoor decks. Come by boat or kayak, too!

Bistro 1828 at Pepperrell Cove

88 Pepperrell Rd, Kittery Point, ME, 207.703.2028, pepperrellcove.com. Friendly, neighborhood restaurant & roof-deck "Ski Club" bar open year round. Large deck overlooking the Atlantic. Delicious, locally sourced food served in a renovated historic building. Serving lunch and dinner.

Black Trumpet Bistro

29 Ceres St, Portsmouth, NH, 603.431.0887, blacktrumpetbistro.com. Black Trumpet Bistro values locally sourced ingredients to create their seasonal, globally inspired dishes. Chef owned and led; this epicurean experience unfolds in a historic brick setting with scenic harbor views.

Buckle's Market & Cafe Portsmouth

60 Penhallow, Portsmouth, NH, 603.585.5600 bucklebakerycafe/portsmouth. A delicatessen-style experience offering fresh gourmet dishes, full bar, signature coffees, house-made pastries, a specialty grocer and more. Grab n' go or stay n' sip by our wood burning fireplace. Custom catering available.

**Ice Cream****Annabelle's Natural Ice Cream**

49 Ceres Street, Portsmouth, NH
603.436.3400

Beach Plum

2800 Lafayette Road,
Portsmouth, NH
603.433.3339

Izzy's Frozen Yogurt & Ice Cream

33 Bow Street,
Portsmouth, NH
603.431.1053

**Kilwins Chocolates, Fudge,
& Ice Cream Shoppe**

20 Congress Street,
Portsmouth, NH
603.319.8842

Lago's Ice Cream

71 Lafayette Road, Rye, NH
603.964.9880

**Lickee's & Chewy's Candies
& Creamery**

53 Washington St, Dover, NH
603.343.1799

Petey's

1323 Ocean Blvd. Rye, NH
603.433.1937

Provisions at Pepperrell Cove

88 Pepperrell Road, Kittery, ME
207.703.2028



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worksbakerycafe.com

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99 Bow Street, Suite W, (waterfront level), Portsmouth, NH, 603.310.1730
buckleysonthewater.com. Award-winning steaks, paired with the freshest seafood and sweeping harbor views on Portsmouth's premier waterfront decks. Inviting interiors meet modern coastal charm, complimented by the perfect cocktail from our extensive bar.

Buoy Shack

3 Badgers Island W bldg 2, Kittery, ME, 207.703.2374, buoyshack.com. Buoy Shack in Kittery Maine, is a laid-back waterfront spot serving classic coastal bites, cold drinks, and amazing views of the Piscataqua River.

Cliff House Maine

591 Shore Rd, Cape Neddick, ME 207.361.1000, cliffhousemaine.com. Enjoy upscale cuisine at The Tiller and The Terrace, classic lobster shack fare at Nubb's, Mediterranean-inspired options at Portside Café, and barista-served coffees at Bald Head Coffee Co.

Frisbee's Wharf at Pepperrell Cove

88 Pepperrell Rd, Kittery Point, ME, 207.703.2028, pepperrellcove.com Docksideside dining. Seasonal outdoor lobster shack, bar & grill open daily for lunch & dinner, weather permitting. Boaters welcome! The quintessential Maine experience!

Kilwins Chocolate, Fudge & Ice Cream

20 Congress St, Portsmouth, NH, 603.319.8842, kilwins.com/portsmouth. Offering traditional original recipe confections and ice cream that are made fresh from premium ingredients served by genuinely friendly staff in a nostalgic Americana setting.

FIVE81°NE

581 Lafayette Rd, Portsmouth, NH, 603-956-5665, five81ne.com. Experience authentic Isaan cuisine at our upscale Thai restaurant. Fresh, flavorful dishes crafted with the finest ingredients and cooking techniques from Thailand's northeastern region.

Laney & Lu

360 US-1 Bypass, Portsmouth, NH, 603.580.4952, laneyandlu.com. Committed to serving our community exceptional, locally and mindfully sourced ingredients. Their bold menu includes specialty coffee and tea drinks, smoothies, smoothie bowls, salads, grain bowls, avocado toast, egg sandwiches and more.



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KITTERY POINT

Kittery Point, Maine | pepperrellcove.com



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 603.431.5202, libraryrestaurant.com.
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111 State Street, Portsmouth, NH
 603.427.8519 mammaluca.com. An Italian
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 crafted beverage program.

Napoletana

14 Market Square, Portsmouth, NH,
 603.570.3610, Napoletanaportsmouthnh.
 com. Authentic Italian food in downtown
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The Oar House

5 Ceres St, Portsmouth, NH, 603.436.4025,
 oarhousenh.com. Celebrating over 50 years
 of being located in the historic Merchant's
 Row building at the edge of Portsmouth's
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Portsmouth Gas Light Company

64 Market St, Portsmouth, NH,
 603.430.9122, portsmouthgaslight.com.
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66 Marcy St., Portsmouth, NH 603.373.8192,
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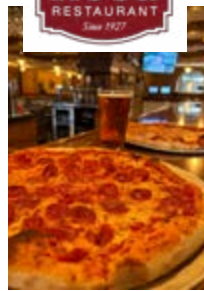
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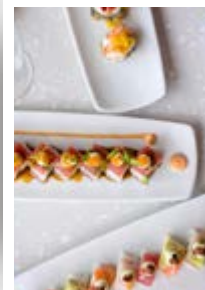
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59 Penhallow St, Portsmouth, NH
603.436.4000, ristorantemassimo.com.

Massimo serves the freshest, most exquisitely satisfying world-class Italian cuisine, offers outstanding hospitality, and delights guests with its quaint, European brick-and-stone ambiance.

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riverhouse53bow.com. Locally caught seafood and American fare with the best views. Heated, outside dining year round. Voted best chowder in New England. Large decks overlooking the historic tugboats and waterfront.

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299 Vaughn Street, Portsmouth, NH,
603.334.4207, RooftopPortsmouth.com. Perched high above the AC Hotel Portsmouth and The Envio you will find Rooftop at The Envio, Portsmouth's newest restaurant and bar offering indoor/outdoor dining with panoramic views of the Piscataqua River and the iconic bridges that cross it.

The Ramen Club

148 Fleet St, Portsmouth, NH, 603.956.1465,
theramenclubnh.com. More than a restaurant, The Ramen Club is an escape, a warm, welcoming hub where neighbors, friends, and families gather, relax, and enjoy comforting ramen and yakitori.

The Rosa

70 State Street, Portsmouth, NH, 603.436.9715
therosa.com. Since 1927, a cornerstone of downtown Portsmouth. Serving up timeless Italian favorites alongside fresh, inspired dishes. Now featuring a beautifully reimagined iconic 360° bar. It's a must visit to sip, savor, and stay a while.

Sanders Fish Market

367 Marcy St, Portsmouth, NH, 603.436.4568,
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Sanders Lobster Co.

54 Pray St, Portsmouth, NH 603.436.3716, sanderslobster.com. Operating out of Portsmouth's historic waterfront, three generations of the Sanders family have provided live lobsters and fresh seafood for the greater Seacoast area since 1952.

Shalimar India

80 Hanover St, Portsmouth, NH, 603.427.2959, shalimarindia.com. Award-winning, authentic North Indian Punjabi Cuisine on the Seacoast. Chef Singh's food is a feast for the senses, his cooking is an art form infused with love and devotion.

Shenanigans at Bowl-O-Rama

599 Lafayette Rd, Route 1, Portsmouth, NH, 603.436.0504, bowlorama.com. Full-service restaurant & entertainment destination (now open for lunch & dinner). Serving craft beers & cocktails, plus a full menu of freshly prepared, elevated pub fare with local ingredients in a social atmosphere.

Surf Portsmouth

99 Bow St, Portsmouth, NH, 603.334.9855 surfseafood.com. A commitment to freshness tasted in everything we prepare. Voted Best Seafood in NH. Excellent service in a relaxed and inviting atmosphere, with waterfront views of Portsmouth's historic harbor.

Toscana Chophouse

3 Pleasant Street, Portsmouth, NH, 603.570.3600, toscanachophouse.com. Award winning steak house situated in one of New England's most historic banks. Experience artisan Italian fare from scratch, craft cocktails, and a wide selection of wines.

Water View Grill

37 Bow St, Portsmouth, NH, 603.433-8655, WaterviewGrillNH.com. Historic waterfront restaurant with indoor/outdoor seating. Locally sourced, emphasizing lobster and grilled items. Vibrant cocktail program with fresh ingredients. Multi use, attractive, function rooms available.

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9 Congress St, Portsmouth, NH, 603.431.4434, workscafe.com. A bakery/café featuring the best in authentic kettle-boiled and hearth-baked NY-style bagels. Breakfast sandwiches served all day. For lunch, original sandwiches.



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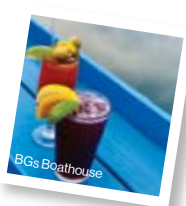


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Photos this page: BG's Boat House images, Mary Johanna Brown; courtesy of Bangkok Street Kitchen

	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Dining	The Inside Scoop
▶ 9 DRAGONS Seabrook NH 603-474-3065		•			•	•		L/D		Kowloon Favorites
▶ 110 GRILL Portsmouth NH 603-373-8312		•	•	•	•	•		L/D	•	Modern American Cuisine Trendy Casual Atmosphere
▶ 1637 RESTAURANT AT YORK HARBOR INN York ME 207-363-5119		•						B/L/D	•	Fantastic Ocean Views
▶ 935 SURF SHACK Hampton NH 603-926-2500		•			•		•	L/D	•	Seasonal, Live Music, Seafood & Cocktails
▶ 5 THAI BISTRO Portsmouth, NH 603-373-8871	68	•		•				L/D	•	Authentic Thai!
▶ ANNABELLE'S NATURAL ICE CREAM Portsmouth NH 603-436-3400				•	•					Ice Cream
▶ A SOUTHERN GIRL BAKERY Portsmouth NH 603-205-5499					•			B		Authentic Southern Treats
▶ ATLANTIC GRILL Rye NH 603-433-3000	1FC	•	•		•		•	L/D	•	Coast Classic Cuisine
▶ BANGKOK STREET THAI KITCHEN Portsmouth, NH 603-969-5544	66	•			•			L/D		Thai Street Food + Dim Sum
▶ BG'S BOAT HOUSE Portsmouth NH 603-431-1074	52	•	•		•			L/D	•	Dine In or Take Out
▶ BISTRO 1828 AT PEPPERRELL COVE Kittery Point ME 207-703-2028	53	•			•			L/D	•	Delicious Locally Sourced Food, Ocean Views
▶ BLACK TRUMPET Portsmouth NH 603-431-0887	62	•		•	•			D	•	Bistro and Wine Bar
▶ BOTANICA Portsmouth NH 603-373-0979		•			•			D	•	French Restaurant and Gin Bar
▶ BRGR BAR Portsmouth NH 603-294-0902		•	•	•	•			L/D		Free Range Burgers
▶ BUCKLEY'S MARKET & CAFE Portsmouth NH 603-585-5600	55	•		•	•			B/L/D	•	Multiple Food Stations Unique Gifts
▶ BUCKLEY'S ON THE WATER Portsmouth NH 603-310-1730	55	•		•	•			D	•	Restaurant With a View Outdoor Seating
▶ BUFFALO WILD WINGS Portsmouth NH 603-536-8888		•	•		•	•		L/D		Over a Dozen Sauces
▶ BUOY SHACK Kittery ME 207-703-2374	56	•	•	•	•			L/D	•	Coastal Seafood & Cocktails
▶ CARRIAGE HOUSE RESTAURANT Rye NH 603-964-8251		•			•			D	•	Italian, Seafood, Traditional, Vegetarian
▶ CAVA Portsmouth NH 603-319-1575		•	•	•				D	•	Mediterranean Tapas, Wine Bar
▶ CHEESE LOUISE Portsmouth NH 603-427-8615		•	•	•		•	•	L/D	•	Grilled Cheese to Satisfy Your Cravings
▶ CHICK-FIL-A Newington NH 603-53-2218			•		•			B/L/D		Fast Food Chain Serving Chicken

Welcome to The West End



A vibrant, walkable community, home to a lively mix of residential, businesses, restaurants, and arts and cultural organizations.

Kilwins



Frisbee's Wharf at Pepperrell Cove



Laney & Lu



Photos this page (left to right): courtesy of Kilwins; courtesy of Pepperrell Cove; Raya on Assignment

	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Dining	The Inside Scoop
▶ CLIFF HOUSE MAINE Cape Neddick ME 207-361-1000	50	•	•		•		•	B/L/D	•	Fresh, fresh, fresh year-round
▶ COMMON MAN ROADSIDE Portsmouth NH 603-210-2932					•			B/L		Convenience Store with Market and Deli
▶ CURE RESTAURANT Portsmouth NH 603-427-8258				•				D	•	Affordable American Comfort Food
▶ DWNTWN GROCER & CAFE Portsmouth NH 603-380-7091				•	•			B/L/D		Local Grocery Coffee Shop
▶ DWYER'S PUB Portsmouth NH 603-319-6770		•		•		•	•	D	•	Locals Bar & Irish Pub
▶ FIVE81°NE Portsmouth NH 603-956-5665	58	•			•			L/D	•	Authentic Northeastern Thai
▶ FFROST SAWYER TAVERN AT THREE CHIMNEYS INN Durham NH 603-868-7800		•	•		•			L/D	•	Traditional, Vegetarian Choices
▶ FLATBREAD COMPANY Portsmouth NH 603-436-7888		•	•	•				L/D	•	Organic, All-Natural Wood Fired Clay Oven Pizza
▶ FOSTER'S CLAMBAKES & CATERING York ME 207-363-3255			•		•		•	L/D	•	Seafood, Catered Clambakes
▶ THE FRIENDLY TOAST Portsmouth NH 603-246-5285		•	•	•	•	•		L/D	•	All Day Brunch & Local Brews!
▶ FRISBEE'S WHARF AT PEPPERRELL COVE Kittery Point ME 207-703-2028	53	•			•	•	•	L/D	•	Accessible by Boat! Best Lobster Roll Around!
▶ GILLEY'S DINER Portsmouth NH 603-431-6343				•		•		L/D		Nostalgic Diner in a Trolley
▶ THE GREEN ROOM Portsmouth NH 603-404-7336				•	•			B/L	•	Fresh Smoothie Bowls & More
▶ GRILL 28 AT PEASE GOLF COURSE Portsmouth NH 603-766-6466		•	•		•	•	•	B/L/D	•	American Style Comfort Food
▶ HARBOR PORCHES AT STAGE NECK INN York ME 207-363-3850			•	•		•		B/L/D		Oceanfront Splendor
▶ HOWLING WOLF TAQUERIA Portsmouth NH 603-956-4566			•	•	•	•		L/D		Mexican Restaurant Cocktail Bar
▶ IKKO JAPANESE SUSHI & STEAK HOUSE Portsmouth NH 603-319-8288	60	•						L/D	•	Sushi, Hibachi & Catering
▶ IZZY'S FROZEN YOGURT Portsmouth NH 603-431-1053				•						Ice Cream and Frozen Yogurt
▶ JUMPIN' JAY'S FISH CAFÉ Portsmouth NH 603-766-3474		•		•	•			D	•	Seafood, Vegetarian
▶ KILWINS Portsmouth NH 603-319-8842	60		•	•	•	•				Handmade Chocolate and Ice Cream
▶ LA MAISON NAVARRE Portsmouth NH 603-373-8401	56		•	•	•			B/L	•	Traditional French Patisserie
▶ LANEY & LU Portsmouth NH 603-580-4952	68					•		B/L	•	Plant-based Eating



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PIZZERIA, CUCINA, & BAR ◊ DINNER NIGHTLY & WEEKEND LUNCH ◊ DOWNTOWN PORTSMOUTH



Photos this page (left to right): courtesy of Liars Bench Beer Co, David Murray; courtesy of The Ramen Club

	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Dining	The Inside Scoop
▶ LEGENDS BARBECUE Portsmouth NH 603-433-1154		•	•	•	•			L/D	•	Slow Cooked Southern Hospitality
▶ LIARS BENCH BEER CO. Portsmouth NH 603-294-9156		•					•	L/D	•	Pub/Bistro Craft Brewery
▶ LIBRARY RESTAURANT Portsmouth NH 603-431-5202	3	•	•	•				L/D	•	Live Jazz Wednesday Nights
▶ LOADED QUESTION BREWING CO. Portsmouth NH 603-852-1396		•		•	•	•	•	L/D	•	Quaint Taproom & Beer Garden
▶ MAMMA LUCA Portsmouth NH 603-427-8519	66	•		•	•			L/D		Pizzeria, Cucina and bar
▶ MORRISON'S LOBSTERS Kittery ME 207-439-2501								L	•	Fresh Seafood Eat In/Take Out
▶ MOXY Portsmouth NH 603-319-8178		•		•	•			D	•	Modern American Tapas
▶ NAPOLETANA Portsmouth NH 603-570-3610	11	•		•	•		•	L/D	•	Authentic Italian dishes
▶ NICHINAN Portsmouth NH 603-956-3036		•		•	•			D		Japanese inspired restaurant located inside the Hotel Thaxter
▶ NISI GREEK KITCHEN + BAR Portsmouth NH 603-368-0095		•			•			L/D		Greek Restaurant Portsmouth West End
▶ NORTH COUNTRY HARD CIDER Dover NH 603-343-2422		•			•					100% All Natural Craft Cider
▶ OAR HOUSE Portsmouth NH 603-436-4025	6	•		•	•			L/D	•	Contemporary, Traditional
▶ OLD FERRY LANDING Portsmouth NH 603-431-5510		•	•	•				L/D	•	Seafood on the Water
▶ ORE NELL'S BARBECUE Kittery ME 207-703-2340		•	•					L/D	•	Antibiotic & Humanly Raised Meats
▶ PEPPERRELL COVE Kittery Point ME 207-703-2028	53	•	•		•	•	•	B/L/D	•	Accessible by Boat! Lobsters Right Off the Dock!
▶ POPOVERS ON THE SQUARE Portsmouth NH 603-431-1119			•	•	•	•		B/L/D	•	Outdoor/Indoor Dining
▶ PORTSMOUTH GAS LIGHT, CO. Portsmouth NH 603-430-8582	54	•	•	•		•	•	L/D	•	Wood Fired Pizza, American, Vegetarian
▶ THE PRESS ROOM Portsmouth NH 603-431-5186		•		•		•	•	D	•	Live Music Upstairs, Private Events
▶ THE PUDDLE DOCK/TOUR GOLF & GRILL Portsmouth NH 603-373-8192/603-373-0584	59	•		•		•	•	L/D		Modern Colonial Food/ Grill and Golf
▶ THE RAMEN CLUB Portsmouth NH 603-956-1465	62			•	•			L/D		Authentic Ramen



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JOIN US

FREE PARKING
BEAUTIFUL PATIO
AMPLE SEATING

DELIVERY
CATERING
PRIVATE EVENTS





Photos this page (left to right): courtesy of Shalimar India; courtesy of Tuscan Brands; courtesy of STREET 360

	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Dining	The Inside Scoop
▶ THE RAIL AT LA STAZIONE Somersworth NH 603-841-7152		•			•			L/D		Fine Italian Food
▶ REEDMOR BOOKS & BREWS Portsmouth NH 603-368-1199		•		•	•			L/D		Books & Brews
▶ RESTAURANT WEEK PORTSMOUTH/SEACOAST Seacoast of NH & ME 603-610-5510	56	•	•	•	•	•	•	L/D	•	Spring and Fall Prix Fixe Values
▶ RISTORANTE MASSIMO Portsmouth NH 603-436-4000	57	•		•				D	•	Italian, Vegetarian Choices
▶ RIVER HOUSE Portsmouth NH 603-431-2600	1	•	•	•		•		L/D	•	Casual Waterfront Dining Sunday Brunch
▶ ROOFTOP AT THE ENVIO Portsmouth NH 603-334-4207	102	•		•	•			D	•	Located at the AC Hotel Portsmouth
▶ THE ROSA RESTAURANT Portsmouth NH 603-436-9715	55	•		•	•			L/D	•	A Family-style Italian Restaurant
▶ ROW 34 Portsmouth NH 603-319-5011				•	•			L/D	•	Local Oysters
▶ SALT AT WENTWORTH BY THE SEA New Castle NH 603-373-6566		•			•			B/L/D	•	Fine Food, Craft Cocktails
▶ SANDERS FISH MARKET Portsmouth NH 603-436-4568	61				•			L	•	Seafood, Market, Café
▶ SEACOAST EAT LOCAL Seacoast NH 888-600-0128									•	Local Food & Farmers Markets
▶ SHALIMAR INDIA RESTAURANT Portsmouth NH 603-427-2959	61			•	•			L/D	•	Award Winning Indian Cuisine
▶ SHEARWATER AT STAGE NECK INN York Harbor ME 207-363-9100		•	•	•				B/L/D	•	Incredible Views. Fresh Flavor Combinations
▶ STONEFACE BREWING COMPANY Newington NH 603-427-9801		•	•		•			L/D		Craft beers
▶ STREET EAT/DRINK 360 Portsmouth NH 603-436-0860		•	•		•			L/D	•	Flavorful Street Food
▶ STROLL CAFÉ Portsmouth NH 603-319-8954							•	B/L/D	•	Coffee, tea, wine & more
▶ SURF PORTSMOUTH Portsmouth NH 603-334-9855	55	•	•	•	•			L/D		Seafood Sushi
▶ TABLE 21 AT HOLIDAY INN Portsmouth NH 603-431-8000		•	•		•		•	B/D		Family Friendly, Sports TV
▶ TINOS KITCHEN + BAR Hampton NH 603-926-5489		•					•	D	•	Traditional Greek Fare
▶ TWO-FIFTY MARKET Portsmouth NH 603-559-2626		•	•	•	•			B/L/D		Located at the Sheraton Hotel
▶ TOSCANA CHOPHOUSE Portsmouth NH 603-570-3600	11	•	•	•	•	•	•	L/D	•	Housed in a Historic NE Bank!

Explore the Hamptons



**935 Ocean
Beachside Inn**
Surf • Play • Stay
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935 Surf Shack
Seasonal Outdoor Beach Bar
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The Airfield Cafe
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Rize Cafe
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rizecafe.co



**Buckley's Burgers
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Culinary Sophistication*
Buckleysburgersandsteaks.com

FREIGHT HOUSE
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Freight House
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FULLER GARDENS

Fuller Gardens
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fullergardens.org



Hampton Airfield
Come Fly With Us!
hamptonairfield.com



Joe's Meat Shoppe
Premium Meat Shoppe
joesmeatshoppe.com



Vida Cantina



The Wilder

Photos this page (left to right): courtesy of Vida Cantina; courtesy of White Heron; courtesy of The Wilder

	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Dining	The Inside Scoop
▶ VIDA CANTINA Portsmouth NH 603-501-0648		•						L/D	•	Mexican
▶ THE VIEW AT PEPPERRELL COVE Kittery Point ME 207-703-2028	53	•			•				•	Waterfront event venue
▶ WATER VIEW GRILL Portsmouth NH 603-433-8655	BC	•		•	•			L/D	•	Outdoor bar and cozy indoor lounge
▶ WHITE HERON TEA & COFFEE Portsmouth NH 603-294-0270					•			L	•	Organic Tea, Chai and Coffee
▶ THE WILDER Portsmouth NH 603-319-6878		•		•		•		D	•	Saturday & Sunday Brunch
▶ THE WORKS, A BAKERY CAFÉ Portsmouth NH 603-431-4434	52			•	•			B/L	•	Dine In or Take Out
▶ YORK HARBOR INN York Harbor ME 207-363-5119		•						B/L/D	•	Traditional Seafood and Creative Cuisine

▶ CHAMBER COLLABORATIVE OF GREATER PORTSMOUTH MEMBER | GOPORTSMOUTHNH.COM



The Juice Box
Family Run Juicery + Cafe
ourjuicebox.com



KB'S Bagels & Java
Where the locals go!
kbsbagelsandjava.com



Al's Seafood Restaurant & Market
Casual New England Seafood
alsseafoodnh.com



Seacoast Soups
Cafe - Take Home. Fresh and delicious foods!
seacoastsoups.com



Sweet Chix Kitchen
Fried Chicken from Scratch
sweetchixkitchen.com



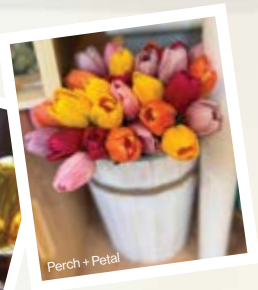
Kittery Art Association



Salt Cellar



Nahcotta



Perch + Petal

Photos (main photo) courtesy of Kittery Art Association; (left to right) courtesy of Salt Cellar; photo courtesy of Nahcotta; courtesy of Perch and Petal; made by Fern Eyes Ceramics; courtesy of Nahcotta; Alysaa Duncan Photography

shop



Support local entrepreneurs who help make the seacoast region a unique place to shop, whether it is for yourself or for a gift.



Nahcotta



Summer Sessions



Uncover the Seacoast's Rich and Vibrant Art Scene

Creativity on the seacoast includes lighthouses, lobsters and sailboats but also goes way beyond these treasured local themes.

As its name suggests, The Vibe Collective in the heart of downtown Portsmouth (153 Congress Street) is a group of designers and artists who share a creative spirit that exudes peace and comfort. From Tibetan singing bowls, baby crystal dragons, unique fashions, crocheted mushrooms and much more, you will find things here you will find nowhere else. Another collective across the bridge in Kittery is Just Us Chickens where over 30 artists sell their fine art, fiber art, jewelry, glassworks and much more.

A Pleasant Shoppe is a multi-medium gallery on Congress Street in Portsmouth that focuses on one-of-a-kind pieces made by local artists. From handpainted silk scarves and apparel to classic fine art, decorative gourds, photographs, decoupage, abstract and textile art, pottery and much else, you will want to plan to have a bit of time to explore this unique shop.

The Robert Lincoln Levy Gallery at 136 State Street is the Portsmouth gallery of the nonprofit New Hampshire Art Association. Juried member artists work is on display and for sale. You'll find an amazing and eclectic collection of unique and high-quality fine crafts at the N.W. Barrett Gallery (53 Market Street, Portsmouth). From pottery to woodwork to amazing jewelry as well as an upstairs gallery with marine-related paintings for sale, Kennedy Gallery and Custom Framing (41 Market Street) specializes

in custom framing as well as showcases local artists and local images. The Todd Bonita Gallery (39 Ceres Street, Portsmouth; 102 Perkins Cove Road Ogunquit) is a fine art gallery offering local, New England, and around-the-world paintings for sale.

The Gallery at Jimmys, once known as the Museum of New Art, hosts cultural events. This contemporary gallery and versatile event space at 135 Congress Street features artists such as Regina Piantedosi, Carson Jackson, Anita Loomis and others.

The museum shop at the Portsmouth Historical Society (10 Middle Street) has local items like the Doors of Portsmouth poster, Don Gorvett calendar of New England Harbors and a paint-your-own wooden sailboat for the artist-at-heart. Be sure to visit Nahcotta, a shop right on Congress Street in Portsmouth that has a wonderful mix of art supplies, original art for sale and jewelry, books, greeting cards—you name it, you won't get out of there without something you can't live without.

3S Artspace has become an anchor for arts in the Portsmouth area. This self-described alternative multi-disciplinary arts organization presents and supports artists and performers with rotating displays, events, and performances plus an artisan retail shop. By summer, the York Art Association space should be

completely renovated and ready to welcome visitors to its summer exhibit. Check their website for their Art in the Park event being held on September 19 this year. Now partnered with the NH Art Association, check out the website of the Dover Art Center on Washington Street for upcoming exhibits; their "Across America" photography exhibit is scheduled for July 13 through August 31.

Check out the Button Factory website to find out what types of artists call this iconic Portsmouth West End building home. And while you're at it, head to nearby Rollinsford for the Salmon Falls Studios where you will find a variety of talented artists whose work you can explore; don't miss the studio open house around Thanksgiving.

Ceres Gallery down by the tugboats showcases dozens of international and local fine artists in constantly changing exhibits with emerging artists bringing in new work monthly. Find "reduction woodcuts" and other unique pieces at Don Gorvett Gallery at 123 Market Street, Portsmouth.

In Kittery, Buoy Gallery has graced downtown Kittery for over a decade with contemporary art (207.450.2402). The George Marshall Store Gallery in York is well worth a visit to their beautiful space beside the York River with rotating exhibits.

Artistry in jewelry has long been a Portsmouth offering. Summerwind Jewelers & Goldsmiths and Portsmouth Jewelers on Islington Street love to work with customers on custom designs.

It's not for sale, but if you would like to see art in real settings, Portsmouth has numerous murals and sculptures to seek out. The newly unveiled Ona Marie Judge Staines Mural is on the Black Heritage Trail headquarters in Portsmouth. Visit the African Burying Grounds Memorial Park on State Street to see a moving outdoor sculpture park in honor of those found buried there. Bohenko Gateway Park on Market Street Extension is a city beautification project which includes the beautiful sculpture Endeavor with plans for others. Fisherman's Luck whale sculpture in Prescott Park is a beloved piece worth taking a walk to see.

INSIDER SCOOP

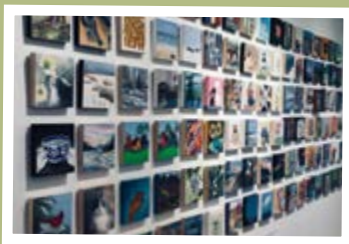
Club Boutique

Now relocated at 150 Lafayette Road, Rye, this longtime seacoast clothing shop offers an inspired collection of formalwear, everyday dresses, cruise wear and "statement accessories." They definitely want to help you dress to feel as good as you look! If you are looking for unique style. (clubboutiquery.com)



Diversions Puzzles & Games

With stores in both Portsmouth and Somersworth, shopping here is so much fun it could go in the Play section! You will find new as well as classic games and high-quality jigsaw puzzles. Events like "weekly game night" and space where you can learn new games on site makes this a must-stop shop! (diversionsgames.com)



Kittery Art Association

Founded in 1958, this non-profit gallery showcases member art in rotating exhibits, spotlights and a retail shop full of unique items. Completely volunteer-run, the association's mission is to "cultivate a passion for the arts, create a lively arts community, and nurture, celebrate, and promote the work of local artists." (kitteryartassociation.org).

BOOK STORES

Annie's Book Stop

531 Columbus Ave, Rochester, NH

G. Willikers! Books & Toys

13 Market St, Portsmouth, NH

Literally Kittery

3 Walker Street, Kittery, ME

Portsmouth Book Nook

32 Daniel St, Portsmouth, NH

Reedmor Books & Brews

67 State Street, Portsmouth, NH

Sheafe Street Books

29 Sheafe St, Portsmouth, NH

The Booktenders

463 US-1, York, ME

Water Street Bookstore

125 Water St, Exeter, NH



SPICE SHOPS

Dave's Devil Powder

available at various locations,
davesdevilpowder.com

Pepper Palace

87 Congress Street, Portsmouth, NH

Salt Cellar

7 Commercial Alley, Portsmouth, NH

Stock + Spice

25 Ceres St, Portsmouth, NH

The Spice & Tea Exchange of Portsmouth

63 Congress Street, Portsmouth, NH

SOUVENIRS

Gundalow Gift Shop

60 Marcy St, Portsmouth, NH

Kittery Trading Post

301 US Rt One, Kittery, ME

Pickwick's Mercantile

64 State Street, Portsmouth, NH

Portsmouth Historical Society Shop,

10 Middle St. Portsmouth, NH

Seabags, 129 Market St, Portsmouth, NH

Summer Sessions, 2281 Ocean Blvd. Rye NH

Tugboat Alley, 47 Bow St, Portsmouth, NH



UNIQUE SHOPPING

Christine's, 1000 Washington Road, Rye, NH
Inside Out, 46 Market St, Portsmouth, NH
Ireland on the Square, 6 Market Square, Portsmouth, NH
Lost Coast, 230 State Rd, Kittery, ME
Macro Polo, 89 Market St. Portsmouth, NH
Moonshine, 130 Congress St, Portsmouth, NH
Off Piste, 37 Congress St, Portsmouth, NH
Portsmouth Soap Company, 175 Market Square, Portsmouth, NH
Salt Cellar, 7 Commercial Alley, Portsmouth, NH
Weekender House, 72 S Albany St, Portsmouth, NH
Willow, 183 Water St, Exeter, NH



PAMPER YOURSELF

janegree, 107 Congress Street, Portsmouth, NH
making faces, 2454 Lafayette Rd UNIT 29, Portsmouth, NH
Portsmouth Soap Company, 175 Market Square, Portsmouth, NH
Societe, 51 Ceres St, Portsmouth, NH
The Herbal Path, A Natural Pharmacy, 1262 Woodbury Ave, Portsmouth, NH
Très Diana, 19 Congress Street Unit A, Portsmouth, NH

THRIFTERS

Chic Boutique Consignments, 108 Penhallow St, Portsmouth, NH
Cotillion Bureau, 65 Bow Street, Portsmouth, NH
Decades, 100 Albany Street, Portsmouth, NH
Esta, 67 Bow Street, Portsmouth, NH
The Fabulous Find, 139 State Rd, Kittery, ME
Fair Trade, 22 Shapleigh Rd, Kittery, ME
Hello Again, 270 Central Ave, Dover, NH
Modern Records, 93 High Street, Portsmouth, NH
Plato's Closet, 2800 Lafayette Rd, Portsmouth, NH
Upscale Resale, 449 US Highway 1, York, ME
Wear House, 101 Market Street, Portsmouth, NH





RICHARDSON'S MARKET

Richardson's

A third-generation family-owned market, providing basic necessities, gourmet ingredients, fresh produce, packaged meats, and a wide selection of beer and wine.

Alie Jewelers

1 Market St, Portsmouth, NH, 603.436.0531. Timeless designs of lasting quality. Platinum, gold, and silver. Diamonds, colored gemstones, and cultured pearls of extraordinary brightness and luster.

Club Boutique

150 Lafayette Rd, Rye, NH, 603.433.4455, clubboutiquerye.com. Visit our beautiful new Rye location and discover special occasion wear, cruise collections, and everyday women's wear. Enjoy gorgeous selections of jewelry and beaded handbags.

Inside Out

46 Market St, Portsmouth, NH, 603.294.9913, insideoutportsmouth.com. Offering Contemporary Men's and Women's clothing to keep you comfortable and seriously stylish! Don't forget your kiddos and pets.

Ireland on the Square

6 Market Sq, Portsmouth, NH, 603.319.1670, irelandonthesquare.com. Sellers of fine Irish goods including men's, women's and kids clothing, accessories, jewelry, pottery, giftware, heraldry and food. Open 7 days a week year-round

Kennedy Gallery and Custom Framing

41 - 47 Market St, Portsmouth, NH, 603.436.7007, kennedygalleryandframing.com. Largest selection of local images and original art. Custom framing. Take home a creative view of Portsmouth through an artist's eye.

Kittery Trading Post

Route 1, Kittery, ME, 888.587.6246, kitterytradingpost.com. Shop three floors of camping, hunting and fishing gear plus brand name apparel, footwear and specialty items from Patagonia, Birkenstock, The North Face, Carhartt, Merrell, Canada Goose and more.

Local Love

Happening every THIRD THURSDAY from 4pm – 7pm, this event invites you to explore a variety of local retailers throughout the city, offering special promotions, and unique finds.

Portsmouth Soap Company

175 Market St, Portsmouth, NH, 603.294.0379, portsmouthsoaps.com. Come experience our Scent-sational handmade Soaps and Body Scrubs. We also offer locally made Soy Candles, Ornaments and a variety of unique nautical gifts.

Richardson's Market

148 State St. Portsmouth, NH 603.334.3327 richardsonsmarket.com. Richardson's Market is a third-generation, family-owned grocery market established in 1949. We provide general grocery items, fresh produce, packaged meats, dairy, candy, beer, wine, lottery, and tobacco products. Open 6:30 A.M. to 11 P.M. everyday.



Surf Shops

Cinnamon Rainbows Surf Co.

62 Lafayette Road
North Hampton, NH
603.929.7467

Portsmouth Paddle Co.

70 Heritage Ave Suite 10
Portsmouth, NH
603.777.7428

Summer Sessions Surf Shop

82 Congress Street
Portsmouth NH
603.373.8132
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49 Market St, Portsmouth, NH, 603.436.9188, summerwindjewelers.com. Portsmouth's Premier Family Jeweler for 54 years. Not your average fine jewelry store. Unique and diverse offerings at all price points. Fine jewelry, custom & repair services, permanent jewelry.

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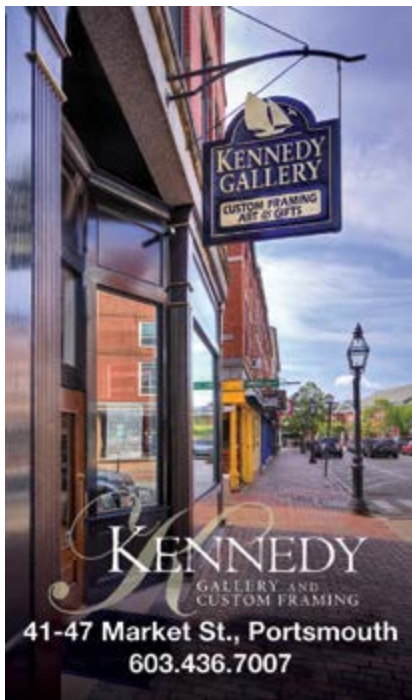
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125 Water St, Exeter, NH, 603.778.9731, waterstreetbooks.com. The largest independent bookstore in Seacoast NH. Comprehensive selection of local and national authors and friendly, knowledgeable staff. Check our site for events.

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	Ad Page #	Antiques/Art	Clothing	Food/Spirits/Tobacco	Home/Furniture	Jewelry	Souvenirs	Sporting Goods	Toys	The Inside Scoop
▶ A PLEASANT SHOPPE LLC Portsmouth NH 603-373-0939		•	•		•	•				Multi Medium Art Gallery
▶ ALIE JEWELERS Portsmouth NH 603-436-0531	86					•				Family Jewelers
▶ BRICKS & MINIFIGS Portsmouth 603-380-7055									•	All Things LEGO
▶ BUDGET BLINDS OF THE SEACOAST Portsmouth 603-431-3888						•				Top Notch Service & Product!
▶ CABINET OUTLET Portsmouth NH 603-319-5200					•					Kitchen Remodeler
CLUB BOUTIQUE Rye NH 603-433-4455	80		•			•				Women's Formal Dresses & Accessories
▶ CHRISTINE'S Rye NH 603-964-6063			•		•	•				Art, Women's & Kid's Clothing, Gifts, Accessories
▶ THE CUSTOM POOLS Newington NH 603-431-7800					•					Swimming Pools, Spas, Hot Tubs, Maintenance
▶ DABOX BY WHITE BOX JEWELERS Portsmouth NH 603-427-8055						•				Luxury Jewelry
▶ DANFORTH PEWTER Portsmouth NH 603-368-1001			•		•	•				Handcrafted Gifts
▶ DRY CELLAR Portsmouth NH 603-956-5004					•					Non-alcoholic Bottle Shop
▶ EAST COAST CANNABIS Eliot ME 207-994-3005				•						Premium Cannabis Products
▶ ETHAN ALLEN Portsmouth NH 603-431-9144						•				High-end Chain with Stylish Furniture & Home Accessories
▶ EVIE Portsmouth NH 603-373-8645			•			•				Stylish Boutique
▶ THE GALLERY AT JIMMYS Portsmouth NH 888-603-5299			•							Art Gallery
▶ GANESH IMPORTS Portsmouth NH 603-433-5989			•		•					Trendy
▶ GOOD DOG GALLERY Portsmouth NH 603-422-9232			•				•		•	Art Gallery & Pet Shop
▶ G. WILLIKERS! BOOKS AND TOYS Portsmouth NH 603-436-7746	82		•			•			•	Family Owned and Run since 1978
▶ ICE IMPORTS Portsmouth NH 603-380-9438					•	•				Global-Inspired Home Décor & Gifts
▶ INSIDE OUT Portsmouth NH 603-294-9913	90		•		•					Let's Live Comfortably
IRELAND IN THE SQUARE Portsmouth NH 603-319-1670	86		•	•	•	•	•			Unique Offerings from Ireland

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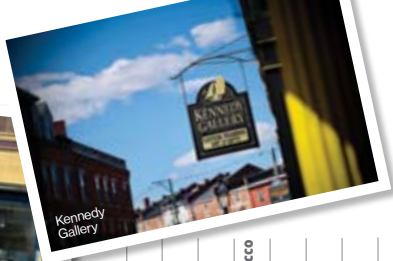
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	Ad Page #	Antiques/Art	Clothing	Food/Spirits/Tobacco	Home/Furniture	Jewelry	Souvenirs	Sporting Goods	Toys	The Inside Scoop
▶ JANEGEE Portsmouth NH 603-431-0335			•		•	•				Wellness Treatments
▶ JARDINIERE FLOWERS Portsmouth NH 603-427-5560				•					•	Florist, Gifts
▶ JUST PORTSMOUTH Portsmouth NH 959-264-4327		•	•		•	•	•	•		Portsmouth-themed Apparel, Accessories, Home Goods
▶ KENNEDY GALLERY & CUSTOM FRAMING Portsmouth NH 603-436-7007	80	•			•					Arts, Gifts
▶ KITTERY TRADING POST Kittery ME 888-587-6246	84	•				•		•		Outdoor Adventure Equipment
▶ LAFAYETTE PLAZA Portsmouth NH				•	•					Shopping Center
▶ LO'S SEAFOOD & ORIENTAL MARKET Portsmouth NH 603-431-0022				•						Ingredients for Asian Cuisine
▶ LUNACHICS Portsmouth NH 603-777-9956			•			•				Jeans, Jeans, and more Jeans!
▶ MACRO POLO Portsmouth NH 603-436-8338			•				•		•	Gift Shop
▶ MARATHON SPORTS Portsmouth NH 603-430-1212			•					•		New Hampshire's Only Running-Only Store
▶ MARKET SQUARE JEWELERS Portsmouth NH 603-430-9587		•				•				Estate Jewelry
▶ MAXXOLOGY Portsmouth NH 603-422-3032			•			•				Curated Fashion
▶ MCGOVERN TOYOTA OF PORTSMOUTH Portsmouth NH 603-431-6100										Toyota Dealer
▶ MERCEDES-BENZ OF PORTSMOUTH Greenland NH 603-431-8585										Fine Automobiles
▶ NAHCOTTA Portsmouth NH 603-433-1705		•	•		•	•	•			Art Gallery & Unique Home Goods
▶ NEST Portsmouth NH 603-502-3654		•	•		•	•				Joyfully curated vintage
▶ NH MADE RETAIL STORE Portsmouth NH 603-294-0033										NH Made Products and Services
▶ OG CANNABIS Eliot ME 207-703-2053				•						Premium Cannabis Products
▶ OVERLAND SHEEPSKIN CO. Portsmouth NH 866-505-4652			•							High-end Accessories, Outerwear and Shoes
▶ PERCH + PETAL Portsmouth NH 603-380-9126		•	•		•					Garden and Backyard Bird Gifts
▶ PORT CITY MOPEDS Portsmouth NH 603-498-8882								•		Moped Service and Sales

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The Spicy Shark

Photos (left to right) courtesy of Richardson's Market; courtesy of The Spicy Shark

	Ad Page #	Antiques/Art	Clothing	Food/Spirits/Tobacco	Home/Furniture	Jewelry	Souvenirs	Sporting Goods	Toys	The Inside Scoop
▶ PORT CITY PRETZELS, LLC Portsmouth NH 603-436-3001				•						Pretzels Available at Local Stores
▶ PORTSMOUTH CHEVROLET Portsmouth NH 603-294-4719										Chevrolet Dealer
▶ PORTSMOUTH FORD Portsmouth NH 603-433-1221										Ford Dealer
▶ PORTSMOUTH SOAP COMPANY Portsmouth NH 603-294-0379	82				•		•			Homemade Soaps and Bath Products
▶ PORTSMOUTH PADDLE CO. Portsmouth NH 603-777-7428							•			Paddle Boards, Lessons, & Tours
▶ PROVISIONS AT PEPPERRELL COVE Kittery Point ME 207-703-2028		•	•	•			•		•	A Cozy Cafe and Store
▶ PUTNAM SKI & SPORTS Portsmouth NH 603-431-7764			•					•		Ski & Sports Shop
▶ REEDMOR BOOKS & BREW Portsmouth NH 603-368-1199										General Interest Bookstore for Adults Also Serving Brews
▶ RESTORE-SENH HABITAT FOR HUMANITY Newington NH 603-750-3200					•					Overstock Materials and Furniture
RICHARDSON'S MARKET Portsmouth NH 603-334-3327	78,90			•						Fresh Grocery Items, Grab & Go Foods, Beer & Wine
SALT CELLAR Portsmouth NH 603-766-1616	81			•	•					Much Ado About Salt
▶ SALVAGE MODERN Portsmouth NH 603-312-2819		•		•						Midcentury Modern Furnishings
▶ SAULT NEW ENGLAND Portsmouth NH 603-766-9434				•	•					New England Brand
▶ SEA LOVE Portsmouth, NH 603-427-8040	83		•		•		•			Pour your Own Candle!
▶ SEACOAST MAZDA Portsmouth, NH 603-436-6811										Mazda Dealership
▶ SEACOAST SELTZER Newington, NH 603-427-9801				•						Locally-made Hard Seltzers
▶ SEASALT CORNWALL Portsmouth, NH 603-884-2223			•			•				Maritime-Inspired Clothing & Accessories
▶ SHOP PORTSMOUTH & THE SEACOAST OF NH Portsmouth NH 603-610-5510		•	•	•	•	•	•	•	•	Tax Free and Outlet Shopping
▶ SIG SAUER INC. Epping, NH 603-610-3400								•		Flagship store and educational programs
▶ SKORDO Portsmouth NH 603-380-7574				•	•					Empowering the Home Cook
▶ SOCIETE APOTHECARY Portsmouth NH 603-319-8215	83			•						Healing Teas, Essential Oils, Skincare, Wellness



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Thornhill Gallery,
Rick Hamilton

Tugboat Alley

Photos this page: (left to right) courtesy of Thornhill/Art Gallery; painting made by Rick Hamilton, photo courtesy of Tugboat Alley

	Ad Page #	Antiques/Art	Clothing	Food/ Spirits/ Tobacco	Home/ Furniture	Jewelry	Souvenirs	Sporting Goods	Toys	The Inside Scoop
▶ SPICY SHARK NH 603-570-2604										Craft Hot Sauces Sold in Local Shops
▶ SUMMERWIND JEWELERS & GOLDSMITHS Portsmouth NH 603-436-9188	82					•				Fine Jewelry, Custom Design, Repair Services
▶ THORNHILL GALLERY Portsmouth NH 603-339-1000		•					•			Antiques and Jewelry
▶ TODD BONITA ART GALLERY Portsmouth NH 603-819-9100		•								Fine Art Gallery
TREEHOUSE TOYS Portsmouth NH 603-368-0107	88								•	Providing Fun Since 1993!
▶ TUGBOAT ALLEY Portsmouth NH 603-430-9556	88	•	•		•	•				Specialty Store
▶ THE VIBE COLLECTIVE Portsmouth NH 603-431-2392		•					•			Art and Fashion Hub
▶ WE FILL GOOD Kittery ME 603-703-2739					•					Eco-friendly Refill Shop for Non-Toxic Products
WATER STREET BOOKSTORE Exeter NH 603-778-9731	91									• Independent Bookseller
WHIRLYGIGS Exeter NH 603-772-4923	82									• Toys of Every Kind

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Hotel Portsmouth



Hotel Thaxter



Rye Motor Inn



Wentworth by the Sea



Star Island



Photos (main photo courtesy of The Cliff House Maine; top to bottom) courtesy of Hotel Portsmouth, Will Zimmerman; courtesy of Rye Motor Inn; courtesy of Hotel Thaxter; Mary, Johanna Brown



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A Lark property, the Hotel Portsmouth (40 Court Street), an 1881 Queen Anne style home with 32 guest rooms, was originally built for businessman John Sise in what was then known as Haymarket Square. The Sailmaker's House (314 Court Street) in downtown Portsmouth retains much of its early nineteenth-century history including perennial gardens. Martin Hill Inn (404 Islington Street, Portsmouth) has a contactless check-in/out system and is just a short walk to downtown—after you relax with a glass of wine in their beautiful woodland shade garden. The Davenport Inn (70 Court Street) greets guests with grand staircases, ornate moldings, and original hardwood floors. Also a self-check-in hotel, free parking is available for one vehicle per reservation. A relative newcomer, the Hotel Thaxter (15 Middle Street, Portsmouth) calls an 1860 former First Congregational Church and then Salvation Army wood-and-brick building home. This upscale 15-room hotel offers valet parking.

The Inn Downtown on The Hill is one of several local self-described “apart-hotels.” Gorgeously appointed studios with fully equipped kitchens and laundry access are ideal for longer stays but one-night stays are also available. (See also Great Island Inn and Inn at

Rye Beach). The Sheraton Harborside offers a ringside seat to the historic working waterfront of Portsmouth and the past and current maritime commerce that made the city what it is. Offering on-site dining and parking, the hotel is also easy walking distance to the heart of Market Square.

Homewood Suites by Hilton (100 Portsmouth Blvd) has a large selection of suites with a full range of accessibility options. The facility has a pool and fitness center as well as meeting rooms and common relaxation space with a fireplace. Search by name and location to get to the guest reservation page that includes a great array of photos. Best Western Plus Portsmouth Hotel and Suites couldn't be more conveniently located to all that the seacoast has to offer (on the Portsmouth traffic circle). A fitness center, pool and bar/lounge are all on site. Just off the traffic circle is the Port Inn and Suites Portsmouth. Free breakfast, outdoor seasonal pool is conveniently located to downtown Portsmouth, this site also is pet friendly. Residence Inn by Marriott Portsmouth Downtown has kitchenettes, fitness center and pool, offers board games and puzzles for those rainy days, bicycle rentals for the nice days and is pet friendly.

The AC Hotel Portsmouth is conveniently located on the edge of downtown and to Route One and I-95 out of town, this Marriott-branded hotel is Portsmouth at its most modern. Courtyard by Marriott is also on the edge of downtown as is the Hampton Inn, Holiday Inn and Hilton Garden Inn.

NEW CASTLE

It's hard to believe but the grand Wentworth by the Sea Hotel was even more expansive when it was built in 1874. This seaside gem offers restaurants, spa, pool, tennis courts, a nearby golf course and marina. Great Island Inn is an "apart-hotel" consisting of six guest studios in an 1820s renovated home on the lovely island of New Castle. Each studio has a fully equipped kitchen and in-room laundry for extended stays for work or pleasure. This is a sister inn to the Inn Downtown (see above) and the Rye Motor Inn (see below).

KITTERY

Just on the Maine side of the Memorial Bridge is the brick Water Street Inn. This boutique inn along the Piscataqua waterfront is a pleasant walk to both downtown Portsmouth and Kittery Foreside. Two of the eight rooms are in a renovated 1700s barn. Although staff is always available, the inn is self check-in with a key code so you can arrive at your convenience. The 24-room Foreside Inn in Kittery, just a five-minute drive across the Memorial Bridge from downtown Portsmouth, offers free wifi and parking. A "virtual front desk" allows easy check-in. Outdoor spaces such as balconies, patios and terraces are available to guests. Home2 Suites by Hilton is a new addition to the Kittery hotel scene. Located right on the Kittery Traffic Circle, each room includes a work station, free WiFi and complimentary breakfast. Barbecue facilities on site. Pets are allowed.

RYE

The Rye Motor Inn bills itself as an adults-only micro resort. The apart-hotel units offer self check-in and are appointed to allow for a comfortable work environment from which you can step out the door and enjoy the nearby beaches. And dogs are welcome! Also on site is The Swim Shop with beach wear for men and women. The Rye Motor Inn is a sister inn to the Inn Downtown and Great Island Inn.

INSIDER SCOOP

Treadwell Mansion

This new downtown Portsmouth boutique hotel is self-described as "designed around how modern travelers move, communicate, arrive." Digital check-in, contactless access and guest messaging provides a contemporary experience in this 1765 Georgian mansion, once home to Jacob Treadwell and hosted George Washington. Effortless, discreet and reimagined in the historic center of Portsmouth. (treadwellmansion.com)



The Bow Hotel

This boutique riverfront hotel on the edge of downtown Portsmouth is a launch point for a great visit to the historic area. Loft-style rooms are accessible via mobile key app and boasts an "invisible service model." Borrow one of their Trek cruiser bicycles for a ride around the area. (larkhotels.com)



The Inn at Rye Place

This conveniently located motel at 150 Lafayette Road just south of Portsmouth has all the modern amenities you would want for a short or longer stay, including a few dog-friendly rooms. Offering a restaurant, bar, garden, outdoor fireplace and outdoor seating area, this is a relaxing place to come back to after exploring the area (booking.com)

EXTENDED STAY

Best Western Plus Portsmouth Hotel and Suites, *Traffic Circle, 580 US-1 BYP, Portsmouth, NH*
Courtyard by Marriott Portsmouth, *1000 Market St, Portsmouth, NH*
Home2 Suites by Hilton Kittery, *139 Old Post Road, Kittery, ME*
Homewood Suites By Hilton Portsmouth, *100 Portsmouth Blvd, Portsmouth, NH*
Port Inn and Suites Portsmouth, Ascend Hotel Collection, *505 US-1 BYP, Portsmouth, NH*
Residence Inn by Marriott Portsmouth Downtown/Waterfront, *100 Deer St, Portsmouth, NH*
Residence Inn by Marriott Portsmouth, *1 International Dr, Portsmouth, NH*
Sheraton Portsmouth Harborside, *250 Market St, Portsmouth, NH*



Home2 Suites by Hilton Kittery



PET FRIENDLY

Anchorage Inn & Suites, *417 Woodbury Ave, Portsmouth, NH*
Coachman Inn, *380 US Route 1, Kittery, ME* • Farmstead B&B, *999 Goodwin Rd, Eliot, ME* • The Garrison Hotel, *200 Sterling Way, Dover, NH* • Hampton Inn, *99 Durgin Ln, Portsmouth, NH* • The Great Island Inn, *3 Walbach Street, New Castle, NH* • Holiday Inn Express, *2 Main St, Durham, NH* • Homewood Suites, *100 Portsmouth Blvd, Portsmouth, NH*
The Inn at Rye Place, *150 Lafayette Rd, Rye, NH* • The Inn Downtown, *1409 The Hill Portsmouth, NH* • Motel 6, *3 Gosling Rd, Portsmouth, NH* • Residence Inn Portsmouth, *1 International Dr, Portsmouth, NH* • Residence Inn Portsmouth/ Downtown, *100 Deer St, Portsmouth, NH* • Rye Motor Inn, *741 Ocean Blvd Rye, NH* • Sheraton Portsmouth Harborside, *250 Market St, Portsmouth, NH*

HOTELS WITH BARS

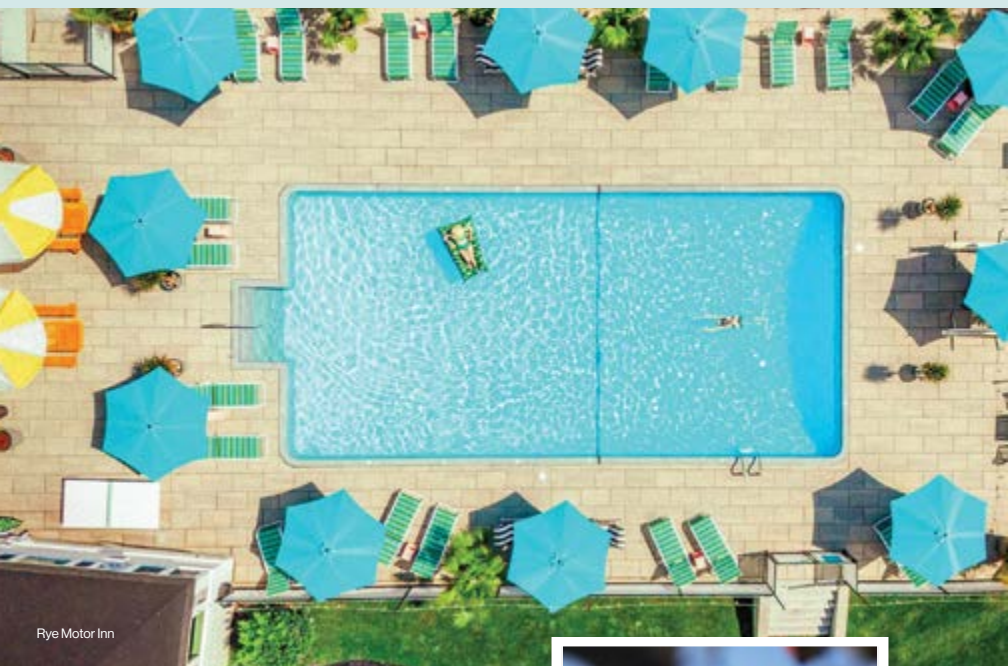
AC Hotel by Marriott Portsmouth, *299 Vaughan Street, Portsmouth, NH* • Ashworth by the Sea, *295 Ocean Boulevard, Hampton, NH* • Exeter Inn, *90 Front Street, Exeter, NH* • Hilton Garden Inn, *100 High Street, Portsmouth, NH* Rooftop at The Envio, *299 Vaughan St, Portsmouth, NH 03801* • Sheraton Portsmouth, *250 Market Street, Portsmouth, NH*
The Governor's Inn, *78 Wakefield Street, Rochester, NH* • Three Chimneys Inn & Frost Sawyer Tavern, *17 Newmarket Road, Durham, NH* • Wentworth by the Sea, *588 Wentworth Road, New Castle, NH*



Rooftop at The Envio

POOLS

Ashworth by the Sea, 295 Ocean Blvd, Hampton, NH • **Best Western Plus Portsmouth Hotel and Suites**, 580 US Rte 1 Bypass, Portsmouth, NH • **Courtyard by Marriott**, 1000 Market St, Portsmouth, NH • **The Garrison Hotel**, 200 Sterling Way, Dover, NH • **Hampton Inn Portsmouth**, 99 Durgin Ln, Portsmouth, NH • **Hampton Inn & Suites Portsmouth Downtown**, 23 Portwalk Place, Portsmouth, NH • **Hampton Inn & Suites**, 59 Portsmouth Ave, Exeter, NH • **Hilton Garden Inn**, 100 High St, Portsmouth, NH • **Holiday Inn Portsmouth**, 300 Woodbury Ave, Portsmouth, NH • **Residence Inn Portsmouth/Downtown/Waterfront**, 100 Deer St, Portsmouth, NH • **Sheraton Portsmouth Harborside**, 250 Market St, Portsmouth, NH • **Stage Neck Inn**, 8 Stage Neck Rd, York, ME • **Wentworth by the Sea**, 588 Wentworth Rd, New Castle, NH



Rye Motor Inn

STAYING A BIT OUT OF TOWN

Best Western Plus Portsmouth Hotel and Suites, 580 US Highway 1 Bypass Interstate Traffic Circle, Portsmouth, NH • **Coachman Inn**, 380 US Route 1, Kittery, ME • **Fairfield Inn By Marriott Portsmouth**, 650 Borthwick Avenue, Portsmouth, NH • **The Inn at Rye Place**, 150 Lafayette Rd, Rye, NH • **Port Inn and Suites Portsmouth, Ascend Hotel Collection**, 505 US-1, Portsmouth, NH • **Quality Inn**, 1190 Lafayette Road, Portsmouth, NH





Cliff House Maine

Year-round, Cliff House Maine exemplifies true luxury amidst the natural beauty of coastal Maine. Culinary delights, immersive wellness, relaxing stays and 'true Maine' experiences await.

AC Hotel by Marriott Portsmouth Downtown/Waterfront

299 Vaughn Street, Portsmouth, NH, 603.427.0152, ahotelportsmouth.com. Discover a New Way to Hotel. Featuring 154 stylish guestrooms, lounge and bar, European-inspired breakfast and the beautiful essentials. 6,000 square feet of flexible event space and a rooftop restaurant and bar.

C&J Bus Line

185 Grafton Dr, Portsmouth, NH, 603.430.1100, ridecj.com. C&J Bus Lines operates scheduled motorcoach services between the Seacoast, NH and Boston South Station, Logan International Airport, and executive-class service to NYC.

Cliff House Maine

591 Shore Rd, Cape Neddick, ME 207.361.1000, cliffhousemaine.com. Year-round, Cliff House Maine exemplifies true luxury amidst the natural beauty of coastal Maine. Culinary delights, immersive wellness, relaxing stays and 'true Maine' experiences await.

The Davenport Inn

70 Court St, Portsmouth, NH, 603.605.0808, thedavenportinn.com Portsmouth's Highest Rated Hotel with the nicest suites available. Make your Portsmouth experience historic.

The Envio

Meeting, Wedding & Event Center 299 Vaughn Street, Portsmouth, NH, 603.427.0152, TheEnvio.com Downtown Portsmouth's newest wedding and event center. This third-floor venue is connected to the new AC Hotel Portsmouth Downtown Waterfront. The Envio can host a variety of attendees in a 4,390 square foot ballroom divisible to three rooms.

Hampton Inn & Suites Portsmouth Downtown

23 Portwalk Place, Portsmouth, NH, 603.430.3033, hamptoninnportsmouthdowntown.com Located at Portwalk Place in the heart of downtown Portsmouth just steps from dining, shopping and attractions. Complimentary breakfast and WiFi. Reinvigorate in the Indoor Saltwater Pool and Fitness Center.

Home2 Suites by Hilton Kittery

139 Old Post Road, Kittery, ME, 207.994.1900, Hilton.com/en/hotels/pwmimht-home2-suites-kittery Newly built, all-suite hotel just off I-95 Exit 2, minutes from Kittery outlets, Portsmouth and the Naval Shipyard. Featuring free hot breakfast, complimentary WiFi and parking, in-room kitchens, EV charging and pet-friendly accommodations.

The Hotel Portsmouth

40 Court St, Portsmouth, NH, 603.433.1200, thehotelportsmouth.com. Locally-owned boutique hotel. Housed in a 140-year-old historic mansion, hotel includes: 32 rooms and suites, conference spaces, modern amenities, complimentary light breakfast, and parking.



Portsmouth Parking

Complete list at
parkportsmouth.com

Bridge Street Lot
Bridge St

Foundry Place Garage
100 Foundry Place

High Hanover Parking Garage
37 Hanover St

Ladd Street Lot
Rear of High Hanover
Parking Garage

Market St
@ Portsmouth Gas Light

Parrot Avenue Lot
Parrott Ave

Prescott Park Lot
Bow & Marcy St

Worth Lot
Maplewood Ave

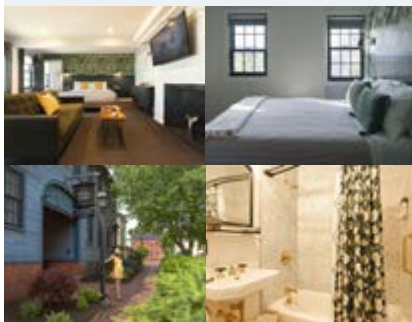


— THE INN —
Downtown

Aparthotel in the heart of Downtown

409 The Hill
Portsmouth, NH

(603) 956-2190
inndowntown.com



40 Court Street
603-433-1200
thehotelportsmouth.com

Lark
HOTELS

Inn Downtown

409 The Hill Portsmouth, NH, 603.956.2190, inndowntown.com. Modern studio apartments for the independent traveler. Housed in a historic 1809 home in the heart of downtown, we are right in the middle of all that Portsmouth has to offer

Martin Hill Inn

404 Islington St. Portsmouth, NH, martinhillinn.com. A stylish, contactless boutique stay featuring keyless entry, modern amenities, serene gardens, and complimentary parking, and an easy stroll to downtown attractions and dining.

Residence Inn by Marriott Portsmouth Downtown/Waterfront

100 Deer St, Portsmouth, NH, 603.422.9200, residenceinndowntownportsmouth.com Newly renovated - Extended-stay, all-suite hotel located at Portwalk Place in the heart of downtown Portsmouth, NH. Featuring fully equipped kitchens and complimentary breakfast and WiFi. Steps from dining, shopping and attractions.

Sheraton Portsmouth Harborside Hotel

250 Market St, Portsmouth, NH, 603.431.2300, sheratonportsmouth.com. Outstanding service, spacious guest rooms, luxurious suites and condominiums. Enjoy sweeping views of the harbor in our award-winning Two-Fifty Market Restaurant & Lounge.

Solari Salon and Spa

20 Market St, Portsmouth, NH, 603.430.0030, solarispa.com. An Aveda Lifestyle Spa designed to restore balance to mind and body. Our sole intent is to help you look and feel your best.

The Spa at Cliff House Maine

591 Shore Rd, Cape Neddick, ME 207.361.1000. cliffhousemaine.com. A tranquil seaside haven offering world class spa services and carefully curated amenities, transporting guests to an unprecedented level of relaxation wellbeing.

Star Island

Isles of Shoals, Rye, NH, 603.601.0832, starisland.org. Discover historic Star Island, a serene retreat off NH's coast. Enjoy stunning ocean views, charming accommodations, vibrant events, and memorable island adventures. Visit starisland.org!

The Venue at Portwalk Place

22 Portwalk Place, Portsmouth, NH, 603.422.6114, thevenueatportwalkplace.com Charming coastal elegance meets versatile downtown event space at The Venue at Portwalk Place. Offering meeting and event space for groups from 15 to 300, with natural light, modern technology and attentive planning support.

Star Island

Isles of Shoals, New Hampshire



Open Mid-June through September

All-inclusive personal retreats, family vacations, overnights, and day trips

Themed programs include art, history, climate change, yoga, social justice, writing, spirituality, birding, and many more!

Visit StarIsland.org to learn more!





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PREMIER ROOFTOP DINING EXPERIENCE

Modern flavors, creative cocktails, and skyline views. Casual, sophisticated dining at **The Rooftop at The Envio**.

HOST WITH CONFIDENCE

Modern amenities, flexible layouts, and expert planning at **The Envio and The Venue at Portwalk Place**.



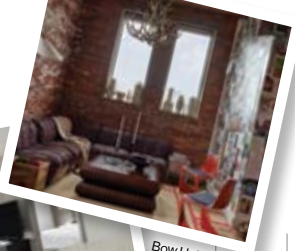
LEARN MORE



P: 603.427.0152 | theportsmouthcollection.com



Residence Inn
by Marriott Portsmouth



Bow Hotel



The Davenport Inn

Photos this page: (left to right) courtesy of Residence Inn by Marriott Portsmouth, courtesy of Bow Hotel, courtesy of The Davenport Inn

	Ad Page #	Bar/Lounge	Fitness Room	Handicapped Access	Restaurant on site	Pets Allowed	Pool	Weddings/Conferences	WiFi in room	The Inside Scoop
▶ THE 801 Portsmouth NH 603-431-7500		•		•				•		Event Venue
▶ 935 OCEAN, A BEACHSIDE INN Hampton NH 603-926-2500								•	•	Beachside Boutique Inn Open Year Round
▶ AC HOTEL BY MARRIOTT PORTSMOUTH Portsmouth NH 603-427-0152	102	•	•	•	•			•	•	Modern Sleek Design
▶ ALNOBA Kensington NH 855-428-1985					•			•		Conference center
▶ BEST WESTERN PLUS Portsmouth NH 603-436-7600		•	•	•	•			•	•	On the Portsmouth Traffic Circle
▶ THE BOW HOTEL Portsmouth NH 603-431-7760								•		Intimate 10-Room Hotel
▶ CLIFF HOUSE MAINE Cape Neddick ME 207-361-1000	750 98	•	•	•	•		•	•	•	Every room has a private terrace
▶ COURTYARD BY MARRIOTT Portsmouth NH 603-436-2121		•	•	•	•			•	•	Smoke-Free
▶ THE DAVENPORT INN Portsmouth NH 603-605-0808	5							•	•	Newly Rebuilt & Renovated Luxury Inn
▶ EVERHOME SUITES PORTSMOUTH-NEWINGTON Portsmouth NH 603-319-4683				•	•	•			•	Apartment-Style Hotel
▶ FAIRFIELD INN BY MARRIOTT Portsmouth NH 603-436-6363					•			•	•	Smoke-Free, Shuttle Available
▶ THE FORESIDE INN Kittery ME 207-405-0191								•		Boutique Hotel Minutes from Portsmouth
▶ HAMPTON INN & SUITES, PORTS. DOWNTOWN Portsmouth NH 603-430-3033		•	•	•			•		•	Fresh, Modern, Affordable
▶ THE HAWTHORN WEDDING & EVENTS Portsmouth NH 207-588-2227							•			Historic Venue for Weddings & Events
▶ HILTON GARDEN INN, PORTS. DOWNTOWN Portsmouth NH 603-431-1499	102	•	•	•	•	•		•	•	Newly Renovated Downtown Hotel
▶ HOLIDAY INN PORTSMOUTH Portsmouth NH 603-431-8000		•	•	•	•			•	•	Portsmouth Traffic Circle
▶ HOMEZ SUITES BY HILTON KITTERY Kittery ME 207-994-1900				•	•	•			•	Extended-Stay Hotel Near Shopping, Dining
▶ HOMWOOD SUITES BY HILTON Portsmouth NH 603-427-5400				•	•			•	•	All Suites Hotel, Shuttle Available
▶ HOMWOOD SUITES BY HILTON, PORTSMOUTH Portsmouth NH 603-812-2000				•	•	•			•	Downtown All-Suite Hotel
▶ THE HOTEL PORTSMOUTH Portsmouth NH 603-433-1200	100	•			•	•		•	•	Historic Boutique



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sheratonportsmouth.com



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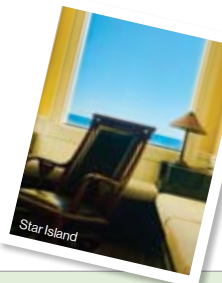


GoPortsmouthNH.com/Where-To-Stay



Port City Makerspace is a welcoming and inclusive community workshop that provides tools, knowledge, and a collaborative culture to encourage the artist and maker in everyone.

portcitymakerspace.com



Photos: this page: (left to right) courtesy of The Sailmaker's House; Star Island photos, Mary Johanna Brown

	Ad Page #	Bar/Lounge	Fitness Room	Handicapped Access	Restaurant on site	Pets Allowed	Pool	Weddings/Conferences	WiFi in room	The Inside Scoop
▶ HOTEL THAXTER Portsmouth NH 603-294-4292				•	•					• 15 Room Hotel and Restaurant
▶ HOWARD JOHNSON PORTSMOUTH Portsmouth NH 603-431-4400			•	•						• Close to Downtown
▶ THE INN DOWNTOWN Portsmouth NH 603-956-2190	100					•				• Studio Apartments
▶ MARTIN HILL INN Portsmouth NH 603-828-8372	104			•						• Free Parking & Beautiful Gardens
▶ PORT INN Portsmouth NH 603-436-4378				•		•	•			• Portsmouth Traffic Circle
▶ RESIDENCE INN BY MARRIOTT AT PEASE Portsmouth NH 603-436-8880			•	•		•	•	•		• Smoke-Free Shuttle Available
▶ RESIDENCE INN BY MARRIOTT PORTSMOUTH Portsmouth NH 603-422-9200	102	•	•	•	•	•	•	•		• Downtown, All Suites Eco-Friendly
▶ THE SAILMAKER'S HOUSE Portsmouth NH 603-236-7726										• Downtown, Cozy Inn for Self-Sufficient Travelers
▶ SHERATON PORTSMOUTH HARBORSIDE HOTEL Portsmouth NH 603-431-2300	104	•	•	•	•	•	•	•		• Overlooking the Port; Downtown Portsmouth
▶ STAGE NECK INN AND SPA York Harbor ME 207-363-3850		•	•	•	•		•	•		• Oceanfront
▶ STAR ISLAND CORP Portsmouth NH 603-430-6272	101				•		•			• Family Retreat and Conference Center
▶ THREE CHIMNEYS INN Durham NH 603-868-7800		•		•	•	•				• Historical Seacoast Home
▶ TREADWELL MANSION Portsmouth NH 603-427-0725										• Boutique Hotel
▶ THE VENUE AT PORTWALK PLACE Portsmouth NH 603-422-6114	102			•					•	• Events and Conferences
▶ THE WATER STREET INN Kittery ME 207-707-8855									•	• Explore the Seacoast from Our Door
▶ THE WATERFRONT AT THE ELKS Portsmouth NH 603-436-9606		•		•			•	•		• Conferences, weddings and Events
▶ WENTWORTH BY THE SEA New Castle NH 603-422-7322		•	•	•	•	•	•	•		• Historical Elegance
▶ YORK HARBOR INN York Harbor ME 207-363-5119		•		•	•	•				• Many Room Types

▶ CHAMBER COLLABORATIVE OF GREATER PORTSMOUTH MEMBER | GOPORTSMOUTHNH.COM

BARBERS

Clip Joint Barbers, 10 Ladd St., Portsmouth, NH

The Groomsmith, 28 Deer St, Portsmouth, NH

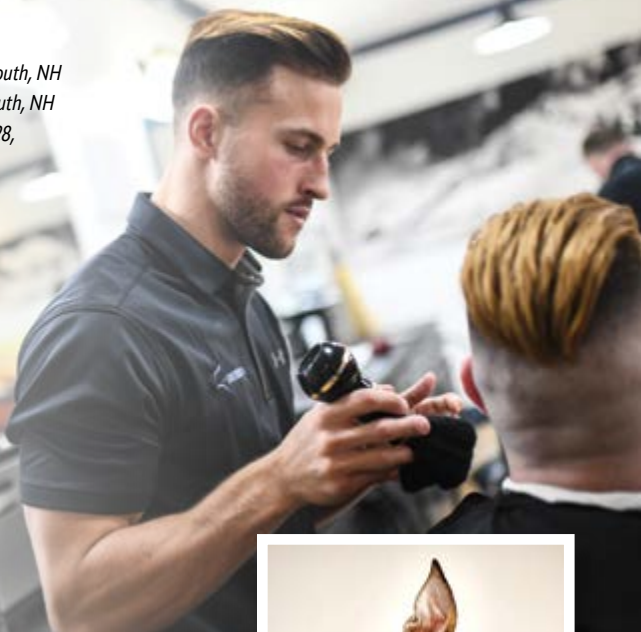
Lucky's Barbershop 801 Islington St #28,
Portsmouth, NH

The Man Cave Cut and Style,
888 Lafayette Road, Portsmouth, NH

Port City Barbers,
295 Maplewood Ave.
Portsmouth, NH

Route 1 Barbershop & Shave Parlor,
2800 Lafayette Road Unit 14,
Portsmouth, NH

Scuttlebutt Barber Shop,
165 Court St, Portsmouth, NH



The Groomsmith

PET SERVICES

A Dog's Tale, 46 Fernald Rd, Kittery, ME

The Barking Dog Ltd, 7 Beech Hill Rd, Exeter, NH

Coastal Canine Resort 125 Lafayette Rd, North Hampton, NH

Creature Comforts, 195 State Rd, Kittery, ME 207.439.6674

Grooming by the Sea 1 Robert Ave, Portsmouth, NH

Pawsmouth Grooming Salon, 2 Stevenson Road, Kittery, ME

Pawsitive Grooming, 655 Portsmouth Ave, Greenland, NH

Portsmouth Dog Walks, Portsmouth, NH, 603.531.1551

Portsmouth Pet Sitting Company, 111 Market St, Portsmouth, NH

Sitter for Your Critter, 2021 Lafayette Rd, Portsmouth, NH

Your Pet's Peeve, 99 1/2 Albany St, Portsmouth, NH,



Photos this page: Raya On Assignment; Alyssa Duncan Photography

TREAT YOURSELF

DRIPBaR, 77 Hanover St #22, Portsmouth, NH

Hand & Stone Massage and Facial Spa,
2454 Lafayette Rd, Portsmouth, NH

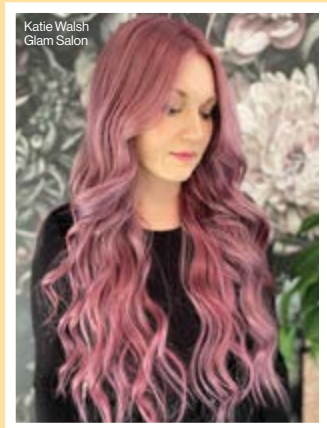
Hera Skin & Wellness, 875 Greenland Rd UNIT A9,
Portsmouth, NH

MD Esthetics Portsmouth 24 Ladd St, Portsmouth, NH

Port Aesthetics, 175 Market St #103, Portsmouth, NH

Seacoast Rejuvenation Center, 101 Shattuck Way #4,
Newington, NH



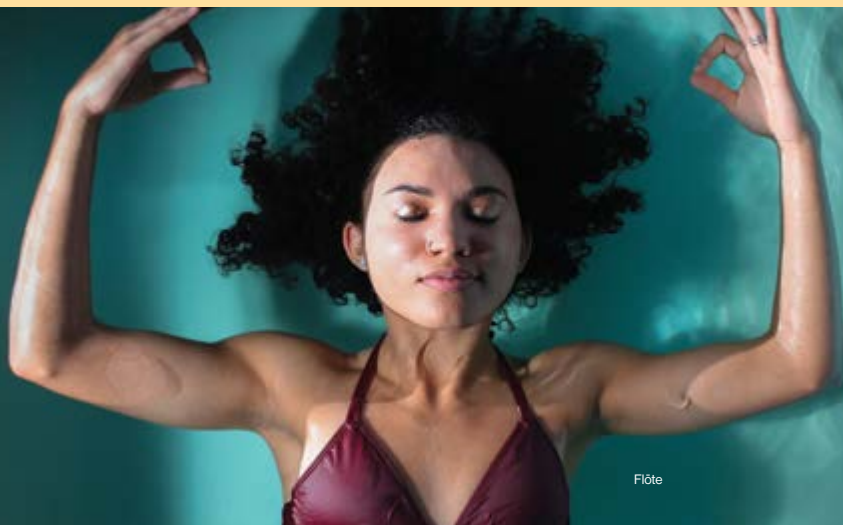


Katie Walsh
Glam Salon

SALONS & SPAS

- Elements Therapeutic Massage**, 775 Lafayette Rd, Portsmouth, NH
- Face Café Spa Boutique & Gallery**, 110 State St, Portsmouth, NH
- First Impressions Day Spa**, 120 Lafayette Rd, N. Hampton, NH
- Flôte**, 800 Islington St, Portsmouth, 845 Lafayette Rd, Hampton, NH
- Hand and Stone Massage & Facials**, 2454 Lafayette Rd, Portsmouth
- Katie Walsh Glam Salon**, 968 Middle Rd, Portsmouth, NH
- Natural Difference Day Spa**, 1039 Islington St, Portsmouth, NH
- Oomph**, 110 Brewery Ln, Ste. 110, Portsmouth, NH
- Seacoast Rejuvenation Center**, 101 Shattuck Way #4, Newington, NH,
- Solari Salon and Spa**, 20 Market St, Portsmouth, NH
- Soleil's Salt Cave**, 130 Water St, Exeter, NH
- Wink Salon & Spa**, 95 Brewery Ln, Portsmouth, NH

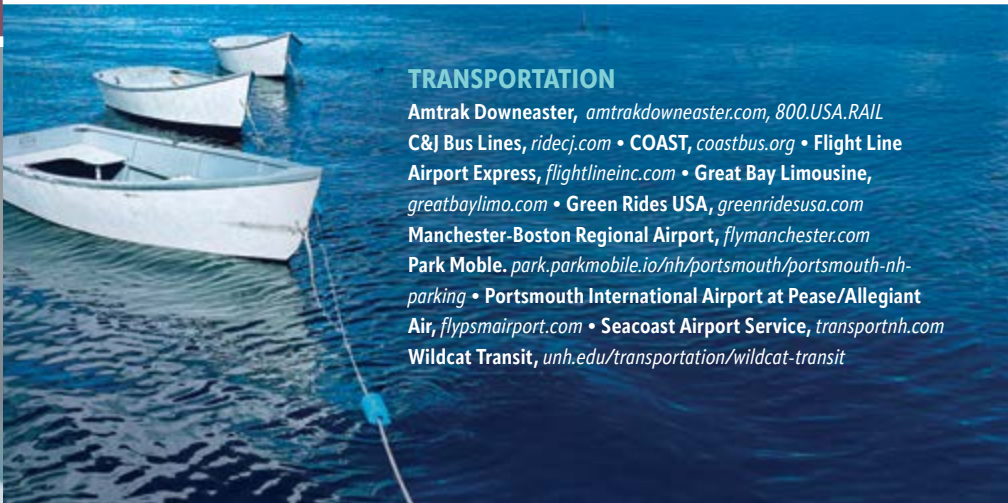
Photos this page: courtesy of Katie Walsh Glam Salon; courtesy of Flôte; Mary-Johanna Brown



Flôte

TRANSPORTATION

- Amtrak Downeaster**, amtrakdowneaster.com, 800.USA.RAIL
- C&J Bus Lines**, ridecj.com • **COAST**, coastbus.org • **Flight Line Airport Express**, flightlineinc.com • **Great Bay Limousine**, greatbaylimo.com • **Green Rides USA**, greenridesusa.com
- Manchester-Boston Regional Airport**, flymanchester.com
- Park Mobile**, park.parkmobile.io/nh/portsmouth/portsmouth-nh-parking • **Portsmouth International Airport at Pease/Allegiant Air**, flypsmairport.com • **Seacoast Airport Service**, transportnh.com
- Wildcat Transit**, unh.edu/transportation/wildcat-transit





solaris

Solari Salon & Spa | www.solarispa.com

20 Market Street | Portsmouth NH



[solarisalonandspa](https://www.instagram.com/solarisalonandspa)

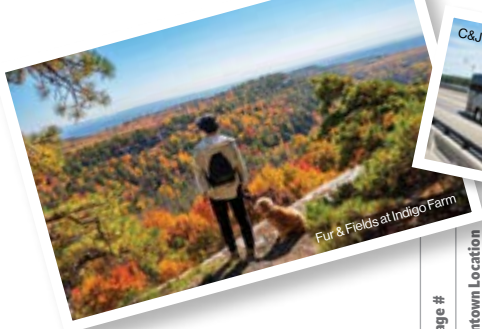


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	Ad Page #	Downtown Location	Parking	Handicapped Access	Health Care	Beauty	Pet Care	Transportation	Walk in Service	The Inside Scoop
▶ AIR NEW ENGLAND/SYMPHONY JETS Portsmouth NH 603-319-4446			•					•		Insured Private Air Charter Broker
▶ AIRFIELD PLACE Rye NH 603-277-3292			•	•	•				•	Community for Fitness, Recovery, Health & Longevity
▶ BARRE & SOUL Portsmouth NH 781-539-3679				•						Yoga studio
▶ C&J BUS LINES Portsmouth NH 603-430-1100	14		•					•	•	Daily to/from Boston & New York, ridecj.com
▶ COAST BUS Seacoast NH 603-743-5777			•					•	•	Local Bus Service; coastbus.org
▶ CONVENIENT MD URGENT CARE Portsmouth NH 603-942-7900				•	•				•	Walk-in Clinic
▶ THE DRIPBAR PORTSMOUTH Portsmouth NH 603-825-5223			•	•	•	•			•	IV Therapy
▶ DRUID RISING, LLC Portsmouth NH					•	•				Intuitive Healer & Guide
▶ EMPOWERING PATH Portsmouth NH 603-621-3785				•	•					Ancient Healing Modalities
▶ EVERYDAY DETAILS Hampton NH 603-601-6223										Professional Event Planning
▶ FLIGHT HOUSE GYM Rye NH 603-601-7195				•	•					Training Gym With Open Access
▶ FUR & FIELDS AT INDIGO FARM Cape Neddick ME 207-703-8348							•			Pet Care Provider
▶ THE HERBAL PATH Portsmouth NH 603-766-6006						•				Natural pharmacy
▶ HIGH DEFINITION FITNESS Portsmouth NH 603-930-1243				•	•					Yoga Studio
▶ HOTWORX Portsmouth NH 603-294-9692										24-hour Gym
▶ JANEGEE Portsmouth NH 603-431-0335			•			•			•	Full Service Nail & Skincare Studio
▶ J. HILBURN MEN'S CLOTHING Portsmouth NH 603-858-5626			•			•				Personal stylist
▶ LPM AIRPORT TRANSIT SERVICE Hampton NH 603-944-1439								•		Airport & Transportation Services
▶ MALLOY EVENTS Rochester NH 603-570-2600										Event Planning
▶ MD ESTHETICS Portsmouth NH 603-812-3522			•			•				Facials, Peels & Waxes
▶ MANCHESTER-BOSTON REGIONAL AIRPORT Manchester NH 603-624-6539				•	•			•		50 Minutes from Portsmouth

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theatlanticgrill.com



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State Park
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The Sandpiper Cafe
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**Ray's Seafood
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Rye, NH 03870
raysseafoodrestaurant.com



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Summer Sessions
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newhampshiresurf.com





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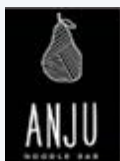
	Ad Page #	Downtown Location	Parking	Handicapped Access	Health Care	Beauty	Pet Care	Transportation	Walk in Service	The Inside Scoop
▶ MIDDLE STREET BAPTIST CHURCH Portsmouth NH 603-436-2337		•								Align with Historic Orthodox Christianity
▶ N. CONGREGATIONAL CHURCH OF PORTS., UCC Portsmouth NH 603-436-9109		•								All are Welcome
▶ PAUL MITCHELL THE SCHOOL PORTSMOUTH Portsmouth NH 603-436-7775		•			•	•				Cosmetology School
▶ PORT AESTHETICS Portsmouth NH 603-380-9908						•				Modern Aesthetics Studio
▶ PORT CITY AIR Portsmouth NH 603-430-1111								•		Aviation Provider
▶ PORT CITY MAKERSPACE Portsmouth NH 603-373-1002	104		•	•					•	Inclusive Community Workshop Providing Tools & Knowledge
▶ PORTSMOUTH INTERNATIONAL AIRPORT Portsmouth NH 603-433-6536				•	•				•	Airport in Portsmouth
▶ PORTSMOUTH PUBLIC LIBRARY Portsmouth NH 603-427-1540			•	•	•					• Children's Room, Museum Passes, WiFi
▶ PORTSMOUTH REGIONAL HOSPITAL Portsmouth NH 603-433-5110					•	•			•	• 333 Borthwick Ave. Parking Available
▶ SEACOAST REJUVENATION CENTER Newington, NH 603-288-1494				•	•	•	•			Medical spa
▶ SOLARI SALON & SPA Portsmouth NH 603-430-0030	108		•		•	•	•		•	An Aveda Lifestyle
▶ SOUA HEALING Portsmouth NH 603-426-6023			•			•				Massage & Sound Therapy
▶ SOUTH CHURCH Portsmouth NH 603-436-4762			•		•					A Unitarian Universalist Congregation
▶ TRÉS DIANA Portsmouth NH 603-380-7152			•			•	•			Cosmetic Store
▶ WENTWORTH-DOUGLASS HOSPITAL Dover NH 603-742-5252				•	•	•			•	Trauma and Surgical Center

▶ CHAMBER COLLABORATIVE OF GREATER PORTSMOUTH MEMBER | GOPORTSMOUTHNH.COM

ALYSSA DUNCAN
photography

PHONE | 603.373.0098
WEB | alyssaduncan.com
INSTA | @alyssaaduncan

Explore Kittery



Anju Noodle Bar
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Artisan Breads & Pastries
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Casual Waterfront Dining
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The Red Door Pottery Studio
Custom Pottery, Sales
and Classes
reddoorpottery.com



Rudders Public House
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rudderspublichouse.com



Taylor Lobster Company
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taylorlobster.com



Terra Cotta Pasta Co.
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The Wallingford Dram
Craft Cocktail Bar
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