

# HarborGuide

THE OFFICIAL GUIDE TO THE SEACOAST & PORTSMOUTH

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House



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USS Albacore  
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Strawbery Banke Museum



*Portsmouth Historic Sites Associates, Inc.*  
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Photos: Mary Johanna Brown

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# welcome



## A Note to Our Community

Charming. Cultured. A coastal gem. Those are just some of the superlatives travel writers and visitors use to describe the region we treasure and we couldn't agree more. This has been an unprecedented year and a difficult one for many of the businesses and organizations that make up our community. As the state opens back up for business, we remain hopeful by the stories of creativity and perseverance. The Seacoast is a beloved destination and everyone wants to see this region thrive.

Our scenic area blends historic charm with a young spirit. From fabulous restaurants to hip boutiques, historic homes to vibrant arts and culture, there's something here for everyone. We hope the locals will explore their region through the eyes of a visitor. Try a new restaurant or plan a staycation. Your old favorites may look a little different, but we encourage you to discover them all over again.

*HarborGuide* is your road map to it all.

The teams at big brown books and The Chamber Collaborative of Greater Portsmouth are proud to present the 2020 *HarborGuide*—the Official Guide to Portsmouth and the Seacoast.

Best wishes to all,

Mary Johanna Brown

President &  
Publisher  
big brown books

Valerie Rochon

President &  
Chief Collaborator  
The Chamber Collaborative  
of Greater Portsmouth

**HarborGuide**

*The Chamber*  
**COLLABORATIVE**  
of Greater Portsmouth

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# THE DOWNTOWN VIEW OF PORTSMOUTH, NEW HAMPSHIRE



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Pawtuckaway State Park



Cinnamon Rainbows Surf Co.



Hamilton House



(Large photo) Labrie Family Skate at Puddle Dock Pond at Strawberry Banke Museum

Large photo: David J. Murray; Small photos, top row: Ken Johnson; Photo, bottom left: Courtesy of Cinnamon Rainbows Surf Co.; Bottom right: Courtesy of Historic New England

# play

A scenic view of a coastal town at dusk or dawn. The sky is a mix of deep blue and orange, with wispy clouds. In the foreground, there's a wooden fence and a snow-covered area. In the middle ground, there are several houses, including a prominent red brick building with a white door. In the background, a tall, dark church steeple stands out against the sky. The overall atmosphere is peaceful and serene.

The Seacoast is synonymous with recreation! From theatrical performances, to an afternoon kayaking the inlets of Great Bay, to a day with the kids at any of our great beaches, locals and visitors never run out of ways to play.



Top: (L) Pawtuckaway State Park; (M) Rye NH; (R) Portsmouth Escape Room

## Let's Go Out and Play

The natural beauty of the Seacoast offers so much to explore! From state parks and public trails to indoor and outdoor adventures, challenges and games, there's no end of fun things to do.

### PARKS & RECREATION

There are 141 state parks and public lands across Maine and New Hampshire, and dozens right here in the greater Seacoast region. The secret behind the natural beauty of the Seacoast is its geographic features — ocean beaches on one side, tucked into mountains on the other — and filled with parks, rivers, lakes and trails. Whether you're out for a day trip with family, friends or pets, or exploring on your own, there are myriad parks and public lands to check out.

**Pawtuckaway State Park** is a 30–40 minute drive or less from most spots on the Seacoast, and features miles of easy trails, a lakefront beach area and several playgrounds. Keep an eye out for impressive boulders (“glacial erratics” from the Ice Age!) along this trail — and wildlife, including beavers, deer, great blue heron and other New England flora and fauna.



Blue Job Mountain

**Odiorne State Park** is a great spot on the coast, inhabiting trails, ocean and woods. It's also the site of **Seacoast Science Center**, which has lots of cool things to do and see and learn.

Looking for a gentle uphill hike with a regional view?

**Blue Job Mountain** in Farmington is just over a 1-mile loop that starts

in Strafford and includes a gorgeous fire tower view. **Mount Agamenticus** is a

generations-old and foretold and revered spot for hiking, driving and exploring. On your way home from Mount A., stop at Flo's Hot Dogs for a legendary local hotdog experience!



Want to find new spots? Several apps created for exploring public outdoor spots that are widely used and updated with local tips like parking spots, trail marking info, etc. AllTrails or Trail Finder are apps that can direct you to local parks and trails to visit, and may contain helpful information about the trails from other hikers. You can find official information about state parks at [NHStateParks.org](http://NHStateParks.org) (for New Hampshire) or [Maine.Gov/DACF/Parks](http://Maine.Gov/DACF/Parks) (for Maine). Both sites have detailed information about each park, including updated information on park closures, guidelines and rules such as whether they allow dogs, etc.

### FUN & GAMES

If you're up for a more structured way to enjoy the outdoors or are just looking for a new activity to try for a special occasion, there are lots of places in the Seacoast where games are afoot!

For outdoor gaming, check out the public volleyball net in Hampton, at **Bicentennial Park**. While you're in Hampton, enjoy a tee time at the beautiful **Sagamore-Hampton Golf Club**

Photos this page (top left to right): Mary Johanna Brown; Middle: Mary Johanna Brown; Bottom: Will Zimmerman





(SagamoreGolf.com) — or try your hand at Fling golf, described as similar to crossing golf with lacrosse, where you get one fling club and a standard golf ball. You can try Fling golf at the driving range before trying it out on the regular course. **The Links at Outlook in Berwick** (OutlookGolf.com) is another great Seacoast golf course. Home to several popular annual tournaments, including “Mobsters & Lobsters” — a tournament that commences with a shotgun, includes air cannon shots and, of course, lobsters — and a Veterans Golf Tournament.

Looking for some games to play indoors in any weather? Check out Escape Rooms, an increasingly popular group challenge activity for those who like brain teasers, puzzles or just plain sleuthing. There are two escape rooms in Portsmouth: **Monkey Mind Escape Room** (MonkeyMindEscape.com), which has 3 options, and **Portsmouth Escape Room** (PortsmouthEscapeRoom.com), which has four on-site challenge rooms and two off-site/mobile challenges. These are great activities for groups of 2-10 people (or more, for the off-site group challenges). Each challenge/room has a narrative and a different challenge level — choose wisely, and consider starting with the easiest one if your group hasn’t done this type of game before. Challenges will be brain teasers and work your non-physical play muscles.

**The Children’s Museum of New Hampshire** (Childrens-Museum.org) is a hands-on learning museum for kids of all ages (yes, kids-at-heart, too!). This treasure trove of activities and exhibits, located in the heart of downtown Dover, has a fond place in the hearts of generations of Seacoast families. ⚓



## INSIDER SCOOP

### The Music Hall

The “gem of the Seacoast” is one of the region’s most beloved institutions. From world-class concerts and large-scale community events at The Music Hall Historic Theater to intimate community conversations and independent film screenings at the The Music Hall Loft, The Music Hall is known for bringing people together for individual and collective experiences.

### Seacoast Science Center

At the edge of the Atlantic Ocean, with a clear-day view of the Isles of Shoals, the

Seacoast Science Center is a great way to spend a day. Inside the Center, you’ll find tanks filled with sea creatures and educational videos, exhibits, tours and talks. Outside is the sea itself, with rocky beaches,

fields and woody trails to explore.

### Little Harbor Trail

In the bucolic woods along the Sagamore Creek shores winds the Little Harbor Trail (WentworthCoolidge.org/Visit/Little-Harbor-Trail). This lovely 1.5-mile path winds around the historic Wentworth-Coolidge Historic Site and Grounds, Creek Farm and a piece of Portsmouth’s Conservation Land. It’s the perfect Portsmouth peaceful walk with a river viewpoint — and a less-travelled alternative to central downtown spots.



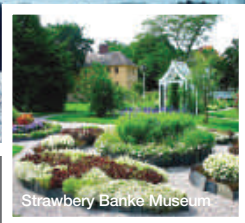


## WALKING TRAILS AND TOURS

Historic homes (self-guided), **Portsmouth Historic Sites Associates**, [portsmouthhistoric.org](http://portsmouthhistoric.org) • **New England Curiosities** (guided), legends, ghosts, and graves, [newenglandcuriosities.com](http://newenglandcuriosities.com), 603.343.7977 • **New England Lighthouse Tours** (guided), [newenglandlighthouses.net](http://newenglandlighthouses.net), 603.431.9155 • **PortCity Bike Tours**, [portsmouthnhhistoricalbiketours.com](http://portsmouthnhhistoricalbiketours.com), 603.969.1866 • **Portsmouth Black Heritage Trail** (self-guided and guided), [blackheritagetrailnh.org](http://blackheritagetrailnh.org), 603.570.8469 • **Portsmouth Harbour Trail** (self-guided and guided), [info@portsmouthcollaborative.org](mailto:info@portsmouthcollaborative.org), 603.610.5510 • **Seacoast New Hampshire Heritage Tours** (guided), [seacoastnhtours.com](http://seacoastnhtours.com), 888.783.5302 • **The Underbelly Tour** (guided), [underbellyports.net](http://underbellyports.net), 978.683.7745 • **Henderson- Swasey Forest**, town of Exeter (self-guided), [exeternh.gov](http://exeternh.gov) • **Great Bay National Wildlife Refuge**, Newington, NH, [fws.gov/refuge/Great\\_Bay](http://fws.gov/refuge/Great_Bay)

## WINTER FUN FOR ALL

Snowshoe, hike, ice skate, sled or glimpse a snowy owl! • **Fort Foster**, *Gerrish Island, Kittery Point, ME* 207.439.2182 • **Great Bay National Wildlife Refuge**, *Newington, NH* 978.465.5753 • **Labrie Family Skate at Puddle Dock Pond**, *14 Hancock St, Portsmouth, NH* 603.433.1100 • **Maudslay State Park**, *74 Curzon Mill Rd, Newburyport, MA* 978.465.7223 • **Mount Agamenticus Conservation Region**, *186 York St, York, ME* 207.361.1102 • **Odiorne State Park**, *570 Ocean Blvd, Rye, NH* 603.436.7406 • **Powderhouse Hill**, *Agamenticus Rd, S. Berwick, ME* 207.384.5858 • **Snowy owl viewing**, various spots along Rte 1A in Hampton, Rye (Rye Harbor), and Seabrook • **Urban Forestry Center**, *45 Elwyn Rd, Portsmouth, NH* 603.431.6774



Strawbery Banke Museum

## GARDENS

Stroll through one of these lovely gardens.

**Celia Thaxter's Garden Tour**, *Appledore Island*, 603.862.5346 • **Cushing House Museum & Garden**, *98 High St, Newburyport MA* 978.462.2681 • **Fuller Gardens**, *10 Willow Ave, N. Hampton NH* 603.964.5414 • **Hamilton House**, *40 Vaughans Ln, South Berwick, ME* 207.384.2454 • **Moffatt-Ladd House & Garden**, *154 Market St, Portsmouth, NH* 603.436.8221 • **Prescott Park**, *105 Marcy St, Portsmouth, NH* 603.431.8748 • **Rundlet-May House**, *364 Middle St, Portsmouth, NH* 603.436.5205 • **Strawbery Banke Museum**, *14 Hancock St, Portsmouth NH* 603.433.1100 • **Wentworth-Coolidge Mansion**, *375 Little Harbor Rd, Portsmouth, NH* 603.436.6607 • **Wentworth Greenhouses Greenhouse Tour**, *early April, 141 Rollins Road, Rollinsford, NH* 603.743.4919

## BEACHES

**Fort Foster**, Gerrish Island, Kittery Point, ME 207.439.2182 (fee, beaches, pavilion, restrooms)

**Great Island Common**, 301 Wentworth Rd (Rte 1B), New Castle, NH 603.436.1992 (fee, parking, picnic areas, restrooms) • **Hampton Beach State Park**, 115 Ocean Blvd, Hampton Beach, NH hamptonbeach.org 603.926.3784 (lifeguards, parking, food, restrooms)

**Jeness State Beach**, 2280 Ocean Blvd, Rye, NH 603.227.8722 (metered parking, lifeguards, restrooms) • **Long Sands Beach**, Rte 1A, York, ME 207.363.1040 (metered parking, lifeguards)

• **Ogunquit Town Beach**, Beach St, Ogunquit, ME 207.646.2939 • **Plum Island**, Newburyport, MA (public beach, limited parking) • **Short Sands Beach**, Rte 1A, York, ME 207.363.1040 (metered parking, restrooms)

**Wallis Sands State Beach**, 1050 Ocean Blvd, Rye, NH 603.436.9404 (fee, lifeguards, restrooms)

## ON THE WATER



Portsmouth Paddle Co.

**Gundalow Company**, 60 Marcy St, Portsmouth, NH 603.433.9505 • **Isles of Shoals Steamship Company**, 315 Market St, Portsmouth NH 800.441.4620/603.431.5500 • **Paddleboard Yoga**, Cinnamon Rainbows Surf Co., 931 Ocean Blvd, Hampton, NH 603.929.7467 • **Portsmouth Harbor Cruises**, 64 Ceres St, Portsmouth, NH 800.776.0915 • **Seafari Charters**, 7 Island Ave, Kittery, ME 207.439.5068 • **Seven Rivers Paddling**, sevenriverspaddling.com,

603.969.5120 • **Vista Yacht Charters**, 116 Morgans Way, New Castle, NH 781.258.7344 • **Yankee Clipper Harbor Tours**, 22 Merrimac St, Newburyport, MA 603.682.2293 • **Portsmouth Paddle Co.**, portsmouthpaddleco.com, 70 Heritage Ave, Portsmouth, NH, 603.276.9354

## LIGHTHOUSES

Lighthouses accessible only by boat indicated by\*.

**Newburyport Rear Range Light**, 61 ½ Water St, Newburyport, MA • **Nubble Lighthouse**, Cape Neddick Station, Sohier Park Rd, York, ME • **Plum Island Lighthouse**, Newburyport, MA • **Portland Breakwater Light**, S. Portland Greenbelt Pathway, South Portland, ME • **Portland Head Light**, 1000 Shore Rd, Cape Elizabeth, ME • **Portsmouth Harbor Lighthouse**, 25 Wentworth Rd, New Castle, NH • **Ram Island Ledge Light**, Portland, ME\* • **Whaleback Light**, Kittery Point, ME\* • **White Island Light**, Isles of Shoals, NH\*

# Portsmouth Harbor Cruises

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319 Vaughan Street, Portsmouth, NH, 603.766.3330, 3Sarts.org. 3S Artspace is a 501(c) 3 non-profit arts organization dedicated to presenting and supporting bold, emerging arts and entertainment and to cultivating an informal space that celebrates curiosity, creativity, and community. Join us!

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**Children's Museum of New Hampshire**

6 Washington Street, Dover, NH 603.742.2002 childrens-museum.org. Discover NH's favorite year-round family destination! Explore unique, hands-on exhibits focused on nature, dinosaurs, music, art, science, engineering and more! Call for latest information.

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**Seacoast Science Center in Odiorne Point State Park**

570 Ocean Blvd, Rye, NH, 603.436.8043, seacoastsciencecenter.org. Explore New Hampshire's marine and coastal environment through programs, nature walks, and live animal and interactive exhibits, including an indoor tide pool touch tank.

**Strawbery Banke Museum**

14 Hancock St. Portsmouth, NH, 603.433.1107, StrawberryBanke.org. Strawberry Banke is the place to explore historic houses, heritage gardens, traditional crafts and tools, clothing and collections people used daily, from 1695 to 1955.

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107 Water St, Exeter, NH 603.772.4923, whirlygigstoyshop.com. In the heart of historic Exeter, this quintessential toyshop is packed with toys from the latest craze to the classic toys you grew up with. Voted Best Toy Store in NE by *Yankee Magazine!*





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**FUN**




**CHILDREN'S  
 MUSEUM**  
 NEW HAMPSHIRE

6 WASHINGTON ST, DOVER, NH 03820  
[childrens-museum.org](http://childrens-museum.org)  
 603-742-2002





	Ad Page #	Children's Activities	Handicapped Access	Historic	Music	Park/Garden/Beach	Parking	Picnic Area	Downtown Location	The Inside Scoop
▶ <b>3S ARTSPACE</b> Portsmouth NH 603-766-3330	29	•			•	•			•	Quality, Original, Affordable Arts
▶ <b>ACT ONE</b> Portsmouth NH 603-300-2986			•		•		•			Theater, Concerts, Seasonal
▶ <b>ALBACORE PARK</b> Portsmouth NH 603-436-3680	2	•		•			•	•		Seasonal Submarine Tour
▶ <b>AMERICAN INDEPENDENCE MUSEUM</b> Exeter NH 603-772-2622		•		•			•			Seasonal Revolutionary War
▶ <b>BARRE &amp; SOUL</b> Portsmouth NH 781-539-3679			•						•	Authentic Lotte Berk Based Barre Studio
▶ <b>BLUE OCEAN SOCIETY FOR MARINE CONSERVATION</b> Portsmouth NH 603-431-0260		•	•				•		•	Dockside
▶ <b>BOWL-O-RAMA FAMILY FUN CENTER</b> Portsmouth NH 603-436-0504	29	•	•		•		•			Entertainment
▶ <b>CHILDREN'S MUSEUM OF NEW HAMPSHIRE</b> Dover NH 603-742-2002	22	•	•			•	•	•		Interactive Fun
▶ <b>CYCLEFIERCE</b> Portsmouth NH 603-433-2453							•			Stadium-style Cycling Studio; All Levels
▶ <b>DISCOVER PORTSMOUTH</b> Portsmouth NH 603-436-8433		•	•	•					•	Arts, Culture, History Center
▶ <b>DJ SKOOCH ENTERTAINMENT</b> Portsmouth NH 603-285-1143					•					DJ, Events, Entertainment
<b>ESTHER'S MARINA</b> Portsmouth NH 603.828.6462	26	•		•		•	•		•	Kayak and paddleboard rentals
▶ <b>EVOLVE MINDFUL MOVEMENT</b> Portsmouth, NH 978-255-1159									•	World Class Barre
▶ <b>FEDERAL CIGAR</b> Portsmouth NH 603-436-5363				•						Cigar Bar & Shop
▶ <b>FRIENDS OF PORTSMOUTH HARBOR LIGHTHOUSE</b> Portsmouth NH 603-828-9243		•		•			•			Seasonal
▶ <b>FULLER GARDENS</b> N. Hampton NH 603-964-5414			•				•			Estate Gardens, Sales
▶ <b>GOVERNOR JOHN LANGDON HOUSE</b> Portsmouth NH 603-436-3205	2			•		•			•	Historic Home
▶ <b>GRANITE STATE GROWLER TOURS</b> N. Hampton NH 603-964-0284				•			•			Craft Brewery Tours by Bus
▶ <b>GREAT BAY DISCOVERY CENTER</b> Greenland NH 603-778-0015		•	•			•	•			Walk through nature
▶ <b>GUNDALOW COMPANY</b> Portsmouth NH 603-433-9505	2 30	•		•			•	•	•	Educational Programs, Historic Barge
▶ <b>ISLES OF SHOALS STEAMSHIP COMPANY</b> Portsmouth NH 603-431-5500		•	•	•	•	•	•	•	•	Cruises and Party Boats

Photo this page: Eric Gendron

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Photo this page: Courtesy of The Music Hall

	Ad Page #	Children's Activities	Handicapped Access	Historic	Music	Park/Garden/Beach	Parking	Picnic Area	Downtown Location	The Inside Scoop
▶ <b>JACKSON HOUSE</b> Portsmouth NH 603-436-3205	2			•			•			Historic Home
▶ <b>JOHN PAUL JONES HOUSE</b> Portsmouth NH 603-436-8420	2			•		•				Historic Home
▶ <b>LAKE WINNIPESAUKEE GOLF CLUB</b> New Durham, NH 603-569-3055						•	•			Events, Private 18 Hole Championship Course
▶ <b>THE LEDGES GOLF CLUB</b> York ME 207-351-3000	22						•			Public Golf Course
▶ <b>THE LINKS AT OUTLOOK</b> South Berwick ME 207-384-4653							•			Public Golf Course
▶ <b>MALLORY PARKINGTON PHOTOGRAPHY</b> Portsmouth NH 603-545-8459		•								• Photography Sessions, Children and Adults
▶ <b>MOFFATT-LADD HOUSE &amp; GARDEN</b> Portsmouth NH 603-436-8221	2			•		•				• Fully Furnished Historic House
▶ <b>MONKEY MIND ESCAPE ROOMS</b> Portsmouth NH 603-498-8997	20	•	•				•			• "Can You Escape?" Ages 12 & Up
▶ <b>THE MUSIC HALL</b> Portsmouth NH 603-436-2400	10	•	•	•	•					• Entertainment, Arts and Culture
▶ <b>NEW ENGLAND DRAGWAY</b> Epping NH 603-679-8001		•	•				•			Dragsters, Funny Cars
▶ <b>NEW HAMPSHIRE ART ASSOCIATION</b> Portsmouth NH 603-431-4230										• Painters, Printers, Photographers
▶ <b>NEW HAMPSHIRE FILM FESTIVAL</b> Portsmouth NH 603-647-6439				•						• 4 Days of Film Screenings
▶ <b>NEW HAMPSHIRE FISHER CATS</b> Manchester NH 603-641-2005		•	•		•	•	•	•		Baseball/Family Entertainment
▶ <b>NEW HAMPSHIRE THEATRE PROJECT</b> Portsmouth, NH 603-431-6644		•	•		•	•				• Changing Lives Through Theatre
▶ <b>OGUNQUIT MUSEUM OF AMERICAN ART</b> Ogunquit ME 207-646-4909		•	•	•		•	•			• 19th Century to Present
▶ <b>OGUNQUIT PLAYHOUSE</b> Ogunquit ME 207-646-5511	26			•	•					Summer Theater
▶ <b>ORANGETHEORY FITNESS</b> Portsmouth NH 603-686-8287	21			•		•				60-minute Workout Sessions
▶ <b>PEASE GOLF COURSE</b> Portsmouth NH 603-433-1331	24	•					•			Public Golf Course
▶ <b>PISCATAQUA MARITIME COMMISSION</b> Portsmouth NH 603-436-2808		•								• Bringing Tall Ships to the Seacoast
▶ <b>PLAYERS' RING</b> Portsmouth NH 603-436-8123				•	•					• Year Round Theater
▶ <b>PORTSMOUTH ATHENAEUM</b> Portsmouth NH 603-431-2538		•	•	•						• Library and Museum

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Odiorne Point State Park, Rye 603-436-8043  
Rt. 1A [www.seacoastsciencecenter.org](http://www.seacoastsciencecenter.org)



Photo this page: Courtesy of Portsmouth Harbor Cruises

	Ad Page #	Children's Activities	Handicapped Access	Historic	Music	Park/Garden/Beach	Parking	Picnic Area	Downtown Location	The Inside Scoop
▶ <b>PORTSMOUTH COUNTRY CLUB</b> Greenland NH 603-436-9791			•				•			Golf, Lunch, Functions
▶ <b>PORTSMOUTH ESCAPE ROOM</b> Portsmouth NH 603-380-9160		•	•							Escape Room
▶ <b>PORTSMOUTH HARBOR CRUISES</b> Portsmouth NH 603-436-8084	22	•	•	•		•			•	Day and Evening Cruises, Private Charters
▶ <b>PORTSMOUTH HARBOUR TRAIL GUIDED TOURS</b> Portsmouth NH 603-610-5510		•		•						• Experienced Guides; Historic Walking Tours
▶ <b>PORTSMOUTH MUSIC &amp; ARTS CENTER</b> Portsmouth NH 603-431-4278					•					Live Music, adult and youth music & art classes
▶ <b>PORTSMOUTH SYMPHONY ORCHESTRA</b> Portsmouth NH 603-686-8133			•		•				•	Seasonal Concerts
▶ <b>PRESCOTT PARK ARTS FESTIVAL</b> Portsmouth NH 603-436-2848		•	•		•	•	•	•	•	Music, Art, Theater, Dance, Food
▶ <b>RUNDLET-MAY HOUSE</b> Portsmouth NH 603-436-3205	2	•		•		•	•		•	Historic Home
▶ <b>RYE AIRFIELD</b> Rye NH 603-964-2800		•					•	•		Skate Park and BMX
▶ <b>SAGAMORE GOLF CENTER</b> North Hampton NH 603-964-8393		•					•			Golf Practice Facility, Mini Golf and Driving Range
▶ <b>SEACOAST GROWERS ASSOCIATION</b> Portsmouth NH 603-322-9029		•		•		•				Seasonal Farmers' Market
▶ <b>SAGAMORE HAMPTON GOLF CLUB</b> North Hampton NH 603-964-5341		•					•			18-Hole Public Golf Course
▶ <b>SEACOAST CARS AND COFFEE CAFÉ</b> Newington, NH 603-988-4975			•				•			Where dream cars come true
▶ <b>SEACOAST REPERTORY THEATRE</b> Portsmouth NH 603-433-4793	24	•	•		•		•		•	Year Round Performances
▶ <b>SEACOAST SCIENCE CENTER</b> Rye NH 603-436-8043	26	•	•	•	•	•	•	•		Aquarium, Museum, Tide Pools, Nature Trails
▶ <b>SEAFARI CHARTERS</b> Kittery ME 207-439-5068		•	•			•	•			Fishing and Whale Watch
▶ <b>SHAWNEE PEAK</b> Bridgton ME 207-647-8444		•					•	•		Ski, Mountain Biking
▶ <b>STRAWBERRY BANKE MUSEUM</b> Portsmouth NH 603-433-1100	2 30	•	•	•	•	•	•	•	•	Living History Museum
▶ <b>TAKE FLIGHT AERIAL ADVENTURE COURSE</b> Kittery ME 207-439-8838		•					•	•		Maine's largest aerial adventure course
▶ <b>ULTIMATE TREASURE HUNTS, LLC</b> Exeter NH 603-772-8772		•		•						Fun Map-Based Events for All Ages

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# Explore Kittery



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68 Wallingford Sq.  
[ajswoodgrillpizza.com](http://ajswoodgrillpizza.com)



**Beach Pea Baking Co.**  
*Artisan Breads & Pastries*  
53 State Road, Rt. 1  
[beachpeabaking.com](http://beachpeabaking.com)



**Kate's Bakery**  
*Gourmet Baked Goods*  
1 Badgers Island W  
[katesbakeryandcafe.com](http://katesbakeryandcafe.com)



**Kittery Community Market**  
*Outdoor Farmers' Market*  
10 Shapleigh Road  
[kitterycommunitymarket.com](http://kitterycommunitymarket.com)



**Ore Nell's**  
*Central Texas Barbecue*  
2 Badgers Island W  
[orenellsbbq.com](http://orenellsbbq.com)



**Terra Cotta Pasta Co.**  
*Fresh Handcrafted Pasta*  
52A Route 1  
[terracottapastacompany.com](http://terracottapastacompany.com)

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[StrawberyBanke.org](http://StrawberyBanke.org) 603.433.1107





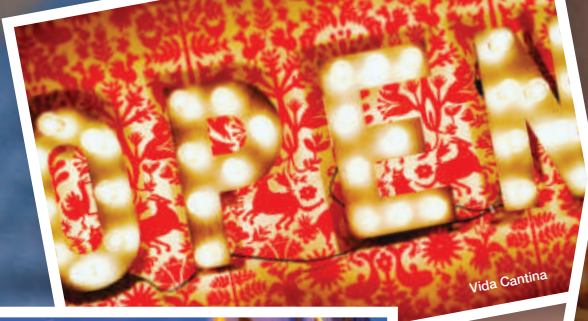


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▶ <b>WARNER HOUSE</b> Portsmouth NH 603-436-5909	2	•		•						• Historic Home
▶ <b>WATER COUNTRY WATER PARK</b> Portsmouth NH 603-427-1111		•	•			•	•	•		Seasonal Rides and Slides
▶ <b>WENTWORTH BY THE SEA MARINA</b> New Castle, NH 603-433-5050				•		•	•	•		Premier Marina; Boating Amenities; Restaurants
▶ <b>WENTWORTH-COOLIDGE MANSION</b> Portsmouth NH 603-436-6607	2	•		•		•	•	•		18th Century Historic Mansion
▶ <b>WENTWORTH GARDNER HOUSE</b> Portsmouth NH 603-436-4406	2			•						• National Register of Historic Places
▶ <b>WHIRLYGIGS</b> Exeter, NH (603) 772-4923	70	•								Toys of every kind!
▶ <b>WOOD ISLAND LIFE SAVING STATION ASSOC.</b> Kittery, ME		•		•				•		Natural Science, History & Art
▶ <b>WOODMAN MUSEUM</b> Dover NH 603-742-1038				•						Local history and art museum
▶ <b>YMCA OF THE SEACOAST</b> Portsmouth NH 603-431-2334		•	•				•	•		Family Activities, Seniors Welcome
▶ <b>YORK'S WILD KINGDOM</b> York Beach ME 207-363-4911		•	•			•	•	•		Zoo and Amusement Park
▶ <b>ZEN THE SEACOAST'S PREMIER NIGHT CLUB</b> Newington, NH 603-828-4858					•		•			Night Club

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Photo this page: Courtesy of Woodman Museum; David J. Murray; Courtesy of Woodman Museum





Vida Cantina



Pepperrell Cove



Moxy



Petey's



Friendly Toast

# eat



From vintage diners to seafood on the deck, the Seacoast is notable for its remarkable restaurants. We have a veritable buffet, from elegant prix fixe to family friendly. Whether it's casual, take-out, modern or classic fare, vegan, vegetarian, or gluten free, you'll find it here.



This page: New England Fishmongers (R) The Daily Haul

## Catch a Fresh, Local Meal

There are lots of ways to find fresh and local fish. Whether you're looking for the freshest, best-tasting seafood meal, or just interested in supporting local food, knowing where to get locally-caught seafood is a skill worth mastering.

### CATCH YOUR OWN

One way to get fresh seafood? Pull it out of the water yourself! With a thriving fisherman economy right in our shorefront backyards, you won't have to look far to find a way to get out on the water. Private or group charter fishing day trip options abound during the summer months. Rye Harbor is home to a number of popular charter boats, including **Savage Charters** (SavageChartersNH.com) and **Vintage Fish Company** (VintageFishCompany.com).

### BOAT TO TABLE

A silver lining to COVID-19-related restrictions was a resurgence in direct off-the-boat and curbside seafood sales — "boat to table," as they say.

**New Hampshire Community Seafood** is a local fishery that offers a variety of seafood membership options for folks who want regular access to shares of fresh local seafood. Choose between weekly share sizes of fish or shellfish — or try the "Flexible Fish" option and order shares of haddock, shellfish or "Catch of the Week" at your own pace. Go to [NHCommunitySeafood.com](http://NHCommunitySeafood.com) to learn more.

**New England Fishmongers** is another collective of local fisherman who offer off-the-boat fish — via home deliveries or at local markets. Check [NewEnglandFishmongers.com](http://NewEnglandFishmongers.com) for their market schedule or to place a home delivery order.



Several local Facebook Groups have been created by lobstermen as a way of convening many independent and even formerly commercial fish mongers, and making pickup/delivery details easy to find. Some groups are run by members of fishing vessels, referred to as "F/V [boat name]" or local food enthusiasts curating posts from F/V pages and fisherman's posts. Search Facebook for: "Seacoast Off the Boat," "Fresh Lobster Portsmouth NH," or "F/V Last Penny Lobsters off the boat" for active Facebook communities where you can place orders by commenting, and pay online or at the boat upon pickup.

### LOCAL MARKETS

While you may think of farmers markets as mostly containing food grown from the land, they're also a great place to find local seafood. Most summer farmers markets run through October, and several areas around the Seacoast host winter farmers markets, too. Check [SeacoastHarvest.com](http://SeacoastHarvest.com) for a comprehensive list of farmers markets — and lots of other local food information, too.



**Sanders Market** (SandersFish.com) sells great local fish and seafood — including lobsters and crab, and other spiny sea creatures — in addition to tons of other things that you would even find at a neighborhood grocery store or market. They sell local food and beverages, including local beer, and even serve fresh prepared lobster rolls and fish sandwiches.

#### SERVED UP FRESH

Sometimes, you just want fresh seafood prepared for you — and even better if it's served with a view! **The Beach Plum** (TheBeachPlum.net) is known for its delicious seafood — and their North Hampton location (one of three Seacoast spots, including Portsmouth and Epping) is across the street from the ocean. Their award-winning lobster roll comes in choose-your-own sizes up with portions of up to 10 ounces of lobster per delectable roll. Enjoy your food at their ocean-view picnic tables, or take it across the street to enjoy as close to the waves as you'd like.

Another waterfront favorite is **BG's Boathouse** (BGsBoatHouse.com), located on Sagamore Creek just inland of the Atlantic. Their deck offers views of the occasional kayaker, boater or heron, and their menu includes all the local summer favorites — from a classic fried fish sandwich to baskets of fried seafood, and of course, that lobster's roll. BG's also offers a gluten free menu and a kid's menu, to accommodate all the appetites in your party. Whether you arrive by land or by sea, BG's is sure to have what you crave. 🍷

## INSIDER SCOOP

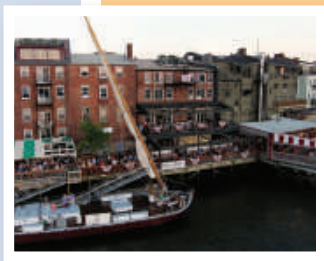
### Chauncey Creek

Chauncey Creek (ChaunceyCreek.com) is a summer must for many locals! Arrive by boat or car, BYOB and enjoy fresh lobster, chowder or oysters right on the water. Recommended BYOB (pairing is a growler from Tributary Brewing (TributaryBrewingCompany.com) just up the street — stop on your way over (if you're on land). We assume your boat's cooler is already stocked!



### The River House

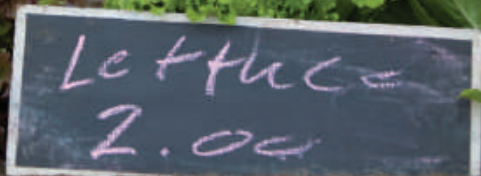
The River House (RiverHouse53Bow.com) serves many award-winning dishes, and regularly wins local contests for its chowder. One special favorite you should try: The Tall Ships plate (or the mini version, the Small Ship's plate), featuring two New England seafood classics: a lobster roll and bowl of clam "chowdah."



### Sue's Seafood

Sue's Seafood (Facebook.com/SuesSeafood) in Kittery is a great "cheat sheet" spot — offering "Take and Bake" sea-inspired entrees, fish and clam chowder to go, lobster and crabmeat rolls to go and more! Plenty of fresh raw seafood, too, if you're in the mood for cooking... but we won't tell if you grab the ready-to-go version! Eat smarter, not harder!





## FARMERS' MARKETS

**Dover**, 550 Central Ave., Wed. 2:30-6pm 6/3-10/7; Henry Law Park, Sun. 10am-2pm 6/7-10/11  
**Durham**, Sammy's Lot/Store 24 Lot, 5 Madbury Rd, Mon, 2:15-6pm, 6/1-10/5 • **Exeter**, Seacoast School of Technology, 30 Linden St., 2:15-6pm thru 10/29 • **Lee**, corner of Mast Rd & Transfer Station Rd, Thurs, 3-6pm, June-Sept • **Newmarket**, Sat, May-Oct 9am-12pm (winter market, Nov-Apr: 1st and 3rd Sat, Community Church, 137 Main St, 9am-1pm) • **Portsmouth**, Little Harbor School, 50 Clough Drive, Sat, 8am-12pm, 6/6-11/7 • **Rollinsford**, Wentworth Greenhouses, 141 Rollins Rd, Sat, 10am-2pm, twice monthly, Nov-Apr • **Stratham**, Scamman Farm, 69 Portsmouth Ave, 10am-2pm, 6/5-10/31 • **York Gateway**, 1 Stonewall Lane, Sat, 9am-1pm, 6/6-10/10

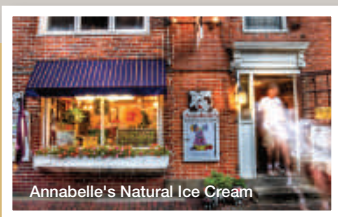
## MICROBREWERIES

**Bad Lab**, 460 High St, Somersworth, NH 603.842.5822 • **Cisco Brewers**, 35 Corporate Dr, Pease International Tradeport, Portsmouth, NH 603.380.7575 • **Earth Eagle Brewings**, 165 High St, Portsmouth, NH, 603.502.2244 • **Granite State Growler Tours**, 45 Lafayette Rd, N. Hampton, NH, 603.964.0248 • **Great Rhythm Brewing Company**, 105 Bartlett St, Portsmouth, NH, 603.430.9640 • **Liar's Bench Beer Co.**, 459 Islington St, Portsmouth, NH, 603.294.9156 • **Loaded Question Brewing Company**, 909 Islington St., Portsmouth, NH, info@loadedquestion.com  
**Portsmouth Brewery**, 56 Market St, Portsmouth, NH, 603.431.1115  
**SoMe Brewing Company**, 1 York St, Unit 3, York, ME 207.351.8162  
**Stoneface Brewing Co.**, 436 Shattuck Way, Newington, NH 603.570.2603  
**Throwback Brewery**, 7 Hobbs Rd, N. Hampton, NH, 603.379.2317  
**Tributary Brewing**, 10 Shapleigh Rd, Kittery, ME, 207.703.0093  
**Woodland Farms Brewery**, 306 US-1 C, Kittery, ME, 207.994.3911



## ICE CREAM

**Annabelle's Natural Ice Cream**, 49 Ceres St, Portsmouth, NH 603.436.3400 • **Beach Plum**, 2800 Lafayette Rd, Route 1, Portsmouth, NH 603.433.3339 • **Ice House**, 112 Wentworth Rd, Rye, NH 603.431.3086 • **Izzy's Frozen Yogurt & Ice Cream**, 33 Bow St, Portsmouth, NH 603.431.1053 • **Kilwins Chocolates, Fudge, & Ice Cream Shoppe**, 20 Congress Street, Portsmouth, NH 603.319.8842 • **Lago's Ice Cream**, 71 Lafayette Rd, Rye, NH 603.964.9880 • **Petey's**, 1323 Ocean Blvd, Rye, NH 603.433.1937 • **Provisions at Pepperrell Cove**, 88 Pepperrell Rd, Kittery Point, ME 603.703.2028



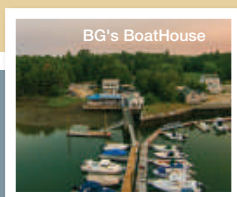


La Maison Navarre

## DESSERTS

**Beach Pea** 53 State Road #A, Kittery ME 207.439.3555

**Byrne & Carlson Chocolatier** 121 State Street Portsmouth NH 603-559-9778 • **Ceres Bakery** 51 Penhallow St. Portsmouth NH 603-436-6518 • **Elephantine Bakery** 10 Commercial Alley #2 603-319-6189 • **Kate's Bakery and Café** 1 Badgers Island W, Kittery ME 207.703.2655 • **La Maison Navarre** 121 Congress Street Portsmouth NH 603.373.8401 • **Lil's Café** 7 Wallingford Square, Kittery ME 207-703-2800 • **Popovers** 8 Congress Street Portsmouth NH 603-431-1119



BG's BoatHouse

## DECK/PATIO DINING

When it's just too nice to be inside:

**Atlantic Grill**, 5 Pioneer Rd, Rye, NH 603.433.3000 • **BG's BoatHouse**, 191 Wentworth Rd, Portsmouth, NH 603.431.1074 • **Cava**, 10 Commercial Alley, Portsmouth, NH, 603.319.1575 • **The District**, 103 Congress St., Portsmouth, NH, 603.501.0586 • **Frisbee's Wharf at Pepperrell Cove**, 88 Pepperrell Rd (Route 103) Kittery Point, ME 207.703.2028 • **Lazy Jack's**, 54 Ceres St, Portsmouth, NH, 603.294.9902 • **Martingale Wharf**, 99 Bow St, Portsmouth, NH 603.431.0901 • **Old Ferry Landing**, 10 Ceres St, Portsmouth, NH 603.431.5510 • **Poco's Bow Street Cantina**, 37 Bow St, Portsmouth, NH 603.431.5967 • **Popovers on the Square**, 8 Congress St, Portsmouth, NH 603.431.1119 • **Portsmouth Book & Bar**, 40 Pleasant Street, Portsmouth, NH, 603.427.9197 • **Portsmouth Brewery**, 56 Market St, Portsmouth, NH 603.431.1115 • **Portsmouth Gas Light Co**, 64 Market St, Portsmouth, NH 603.430.9122 • **River House**, 53 Bow St, Portsmouth, NH 603.431.2600 • **Ore Nell's BBQ**, 2 Badgers Island, Kittery, ME 207.703.2340

## GRAB A BURGER

**BRGR Bar**, 34 Portwalk Pl, Portsmouth, NH 603.294.0902 • **Gilley's Dinner**, 175 Fleet St, Portsmouth, NH 603.431.6343 • **The Goat**, 142 Congress Street, Portsmouth, NH 603.590.4628 • **Lexie's Joint**, 212 Islington St, Portsmouth, NH 603.319.4055 • **Mojo's BBQ Grill & Tavern**, 95 Brewery Ln, Portsmouth, NH 603.436.6656 • **Portsmouth Brewery**, 56 Market St, Portsmouth, NH 603.431.1115 • **Sea Dog Brewing Company**, 9 Water St, Exeter, NH 603.793.5115



BRGR Bar

## River House

Locally caught seafood and American fare with the best views. Heated, outside dining year round. Voted best chowder in New England. Large decks overlooking the historic tugboats and waterfront.





**Atlantic Grill**

5 Pioneer Rd, Rye, NH, 603.433.3000  
 theatlanticgrill.com. Classic coastal ambiance  
 and cuisine in historic Rye. Perfect for catching  
 up with family, unwinding with friends in the  
 lounge, and al fresco dining on the patio.

**Beach Plum**

Rte. 1, Portsmouth, NH, 603.433.3339; Rte. 1A,  
 No. Hampton, NH 603.964.7451; Rte. 125,  
 Epping, NH, 603.679.3200, lobsterrolls.com. 78  
 flavors premium ice cream; subs, wraps, chowders,  
 award-winning lobster rolls and lobster bisque.  
 Two year-round locations; original beach  
 location open March to November.

**BG's Boat House Restaurant**

191 Wentworth Rd, Portsmouth, NH, 603.431.1074  
 bgsboathouse.com. Where the locals have been  
 going for the freshest seafood on the Seacoast for  
 42 seasons. Waterfront dining with two outdoor  
 decks. Come by boat or kayak, too!

**Bistro 1828 at Pepperrell Cove**

88 Pepperrell Road, Kittery Point, ME,  
 207.703.2028 - PepperrellCove.com - Friendly,  
 neighborhood restaurant & roof-deck "Ski Club"  
 bar open year round. Large deck overlooking the  
 Atlantic. Delicious, locally sourced food served in  
 a renovated historic building. Serving lunch and  
 dinner. Closed Tuesdays.

**Blue Moon Evolution**

8 Clifford Street, Exeter, NH, 603.778.6850,  
 bluemoonevolution.com. Blue Moon Evolution  
 has been serving the Exeter community for over  
 25 years. Our focus is on providing local, organic,  
 seasonal fare in a warm, inviting atmosphere.

**Ceo's Gelato Bistro**

43 Pleasant St, Portsmouth, NH, 603.425.8234,  
 facebook.com/ceosgelato. Exposed brick and tin  
 ceilings set the atmosphere for this bistro-style  
 gelateria making artisan gelato from scratch in  
 house from only natural ingredients.



## Coffee Shops

**Caffe Kilim**

163 Islington St  
 603.436.7330

**Cup of Joe**

31 Market St  
 603.294.9404

**Elephantine Bakery**

10 Commerical Alley, #2  
 603.319.6189

**Kaffe Vonsolin**

79 Daniel St  
 603.373.0570

**La Maison Navarre**

121 Congress St  
 603.373.8401

**Popovers on the Square**

8 Congress St  
 603.431.1119

**Port City Coffee Roasters**

801 Islington St  
 603.433.3011

**White Heron Tea & Coffee**

601 Islington St  
 603.294.0270  
 15 Portwalk Place  
 603.373.6001

**Chapman Cottage/York Harbor Inn**

Coastal Route 1A, York Harbor, ME, 800.866.4058, yorkharborinn.com. Ocean-view dining featuring award-winning cuisine and breathtaking views. Cellar Pub features a casual menu in a cozy atmosphere with fireplace.

**The Franklin**

148 Fleet St, Portsmouth, NH, 603.373.8500 franklinoysterhouse.com. James Beard nominee, Chef Matt Louis and team offer an eclectic menu offering the areas finest oysters, crispy fried chicken, house-made charcuterie and more.

**The Friendly Toast**

113 Congress St, Portsmouth, NH 603.430.2154 thefriendlytoast.com. All day brunch, Creative craft cocktails and rotating local brews served in a fun, eclectic setting by a staff eager to make new friends!

**Frisbee's Wharf at Pepperrell Cove**

88 Pepperrell Road, Kittery Point, ME, 207.703.2028. PepperrellCove.com Docksiding dining. Seasonal outdoor lobster shack, bar & grill open daily for lunch & dinner, weather permitting. Boaters welcome! The quintessential Maine experience!

**Grill 28 at Pease Golf Course**

Pease Golf Course, 200 Grafton Rd, Portsmouth, NH 603.766.6466, grill28.com. Grill 28 combines the Pease 27-hole golf course with a fun eating and drinking grill concept: 27 holes & one great grill is Grill 28!

**Jumpin' Jay's Fish Café**

150 Congress St, Portsmouth, NH, 603.766.3474, jumpinjay.com. Serving refined seafood in a sleek restaurant setting just two blocks from Market Square. Menu includes Catch of the Day, Raw Bar and House Specialties.

**Kilwins Chocolate, Fudge & Ice Cream**

20 Congress St, Portsmouth, NH, 603.319.8842, Kilwins.com/Portsmouth. Offering traditional original recipe confections and ice cream that are made fresh from premium ingredients served by genuinely friendly staff in a nostalgic Americana setting.

**La Maison Navarre**

121 Congress Street, Portsmouth, NH, 603.373.8401 mnpastry.com MN offers the full French Experience from Awarded Macarons, Pastries, Crêpes and Coffees, to its intimate mezzanine Wine Bar, offering exceptional French cheeses, charcuterie and selected wines.

**Laney & Lu**

26 Water St, # 6 Exeter, NH, 603.580.4952, laneyandlu.com. A vibrant food community cafe in historic downtown Exeter. We serve thoughtfully prepared food and drink that nourishes your body and feeds your soul. Our vibe is a perfect fusion of old and new, comfort and chic.

**Mr Kim's**

107 State Street, Portsmouth NH, 603.766.6000, mrkimsrestaurant.com. Mr. Kim's reflects Chef Gary Kim's Korean-homestyle cooking from childhood, time spent with Chef Tony Messina at Uni, and highlights his dining experiences while traveling.

**Moxy**

106 Penhallow St, Portsmouth, 603.319.8178, moxyrestaurant.com. A modern American tapas restaurant focusing on smaller plates meant for sharing and taking inspiration from our local farmers, culture, and history in New England.

**Martingale Wharf Restaurant & Bar**

99 Bow Street, (waterfront level), Portsmouth, NH, 603.431.0901, martingalewharf.com. Boasting the largest outdoor deck on the Piscataqua River in downtown Portsmouth, serving contemporary American Fare in a casual, upscale atmosphere.

**Old Ferry Landing**

10 Ceres St, Portsmouth, NH, 603.431.5510, oldferrylanding.com. Celebrating our 45th season serving great seafood on the river overlooking the tugboats, this is casual waterfront dining at its best.

**Pepperrell Cove**

90 Pepperrell Road Kittery Point, ME, 207.703.2028, pepperrellcove.com. The all-new Pepperrell Cove waterfront complex is the hottest Seacoast destination with a cool ocean breeze. Boaters welcome! Includes docksiding dining 7 days a week, a distinctive event space, and the loveliest convenience store around with amenities for boaters.

# ATLANTIC GRILL



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603-433-3000 [www.TheAtlanticGrill.com](http://www.TheAtlanticGrill.com)

**Petey's Summertime Seafood & Bar**

1323 Ocean Blvd, Rte 1A, Rye, NH, 603.433.1937, [peteys.com](http://peteys.com). Fresh lobster (we catch them!), and fresh seafood served baked, fried, broiled, grilled or blackened. Also steaks, chicken, hard and soft ice cream as well as a full-service bar and an ocean view deck. Take-out available.

**Popovers on the Square**

8 Congress St, Portsmouth, NH, 603.431.1119, [popoversonthesquare.com](http://popoversonthesquare.com). A casual café and bakery embracing European philosophies of providing fresh seasonal foods in a relaxing atmosphere with exceptional pastries, coffees, and wines.

**The Portsmouth Brewery**

56 Market St, Portsmouth, NH, 603.431.1115, [portsmouthbrewery.com](http://portsmouthbrewery.com). The Portsmouth Brewery is New Hampshire's original craft brewery (and sister to Smuttynose Brewing Co.). Since 1991, we've been serving up finest kind food and handcrafted beers in a fun, lively setting, steps from historic Market Square.

**Portsmouth Gas Light Company**

64 Market St, Portsmouth, NH, 603.430.9122, [portsmouthgaslight.com](http://portsmouthgaslight.com). Four venues under one roof, known for wood-fired cooking and live entertainment. Grill with traditional American fare or Pizza Pub with award-winning brick oven pizza.

**Ristorante Massimo**

59 Penhallow St, Portsmouth, NH, 603.436.4000, [ristorantemassimo.com](http://ristorantemassimo.com). Ristorante Massimo serves the freshest, most exquisitely satisfying world-class Italian cuisine, offers outstanding hospitality, and delights guests with its quaint, European brick-and-stone ambiance.

**River House**

53 Bow St, Portsmouth, NH, 603.431.2600, [riverhouse53bow.com](http://riverhouse53bow.com). Locally caught seafood and American fare with the best views. Heated, outside dining year round. Voted best chowder in New England. Large decks overlooking the historic tugboats and waterfront.

**Rooftop at The Envio NEW**

299 Vaughn Street, Portsmouth, NH, 603-334-4207, [RooftopPortsmouth.com](http://RooftopPortsmouth.com). Perched high above the AC Hotel Portsmouth and The Envio you will find Rooftop at The Envio, Portsmouth's newest restaurant and bar offering panoramic views of the Piscataqua River and the iconic bridges that cross it. European brick-and-stone ambiance.

**Sanders Fish Market**

367 Marcy St, Portsmouth, NH, 603.436.4568, [sandersfish.com](http://sandersfish.com). A modern spin on the traditional fish market: a clean retail environment with one-stop shopping and the personal service of a family-owned business... try our LOBSTER ROLLS!

**Sanders Lobster Co**

54 Pray St, Portsmouth, NH 603.436.3716, [sanderslobster.com](http://sanderslobster.com). Operating out of Portsmouth's historic waterfront, three generations of the Sanders family have provided live lobsters and fresh seafood for the greater Seacoast area since 1952.

**Shalimar India**

Merchants Row, 80 Hanover St, Portsmouth, NH, 603.427.2959, [shalimarindia.com](http://shalimarindia.com). An award-winning restaurant, bringing authentic North Indian Punjabi Cuisine to the Seacoast. Chef Singh's food is a feast for the senses, his cooking is an art form infused with love and devotion.

**Shenanigans at Bowl-O-Rama**

599 Lafayette Road, Route 1, Portsmouth, NH, 603.436.0504, [bowlorama.com](http://bowlorama.com). All-new full-service restaurant and entertainment experience. Serving craft beers & freshly prepared, elevated, shareable pub fare with fresh local ingredients in a social atmosphere.

**Vida Cantina**

2456 Lafayette Rd, Portsmouth, NH 603.501.0648, [vidacantinanh.com](http://vidacantinanh.com). An unexpected and hidden gem on Route 1 in Portsmouth, NH, Vida Cantina is a chef-driven restaurant celebrating modern Mexican cuisine.

**The View at Pepperrell Cove**

88 Pepperrell Road, Kittery Point, ME, 207.703.2028, [PepperrellCove.com](http://PepperrellCove.com). Two floors of elegant event space with sweeping ocean views. Receptions, corporate events, parties and workshops. 2 fireplaces. Creative catering on-site. Highly flexible. Personalized service.

**The Works—A Bakery Café**

9 Congress St, Portsmouth, NH, 603.431.4434, [worksbakerycafe.com](http://worksbakerycafe.com). A bakery/café featuring the best in authentic kettle-boiled and hearth-baked NY-style bagels. Breakfast sandwiches served all day. For lunch, original sandwiches.

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603.373.6000

107 STATE STREET • DOWNTOWN PORTSMOUTH

[WWW.MRKIMSRESTAURANT.COM](http://WWW.MRKIMSRESTAURANT.COM)



Book and Bar

	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Deck	The Inside Scoop
▶ <b>1637 RESTAURANT AT YORK HARBOR INN</b> York ME 207-363-5119		•						B/L/D		Fantastic ocean views
▶ <b>ANJU NOODLE BAR</b> Kittery, ME 207-702-4298		•	•	•	•			L/D		Free Style Asian Cuisine Locally Sourced
▶ <b>ANNABELLE'S NATURAL ICE CREAM</b> Portsmouth NH 603-436-3400				•	•					Ice Cream
▶ <b>ANNEKE JANS</b> Kittery ME 207-439-0001		•		•	•	•		D		Bistro
▶ <b>AROMA JOES COFFEE - LAFAYETTE RD</b> Portsmouth, NH 603-319-8082								B/L/D		Coffee, Tea, Breakfast
▶ <b>AROMA JOE'S NORTHEAST</b> Portsmouth, NH 603-749-7700			•					B		Coffee, Espresso, Rush
▶ <b>ATLANTIC GRILL</b> Rye NH 603-433-3000	41	•	•		•		•	L/D	•	Local-sourced Comfort & Healthy Food
▶ <b>BAD LAB BEER CO.</b> Somersworth NH 603-842-5822		•			•	•		L/D	•	High Quality Balanced Beers
▶ <b>THE BEACH PLUM</b> No. Hampton/Portsmouth NH 603-964-7451	4		•		•			L/D	•	Famous Lobster Roll
▶ <b>BENNETT'S SANDWICH SHOP</b> Portsmouth NH 603-436-3353				•	•			B/L		Lobster Rolls, hot & cold sandwiches
▶ <b>BG'S BOAT HOUSE</b> Portsmouth NH 603-431-1074	56	•	•		•			L/D	•	Dine In or Take Out
▶ <b>BISTRO 1828 AT PEPPERRELL COVE</b> Kittery Point, ME 207-703-2028		•			•			D	•	Delicious locally sourced food, ocean views
▶ <b>BLACK TRUMPET</b> Portsmouth NH 603-431-0887		•		•	•			D		Bistro and Wine Bar
<b>BLUE MOON EVOLUTION</b> Exeter NH 603-778-6850	43	•			•			L/D	•	Organic, Gluten-Free, Vegetarian
▶ <b>BOOK AND BAR</b> Portsmouth, NH 603-427-9197		•		•		•	•	B/L/D	•	Events, Live Music
▶ <b>BOTANICA</b> Portsmouth, NH 603-373-0979		•			•			D		French Restaurant and Gin Bar
▶ <b>BRGR BAR</b> Portsmouth NH 603-294-0902		•	•	•	•			L/D	•	Free Range Burgers
▶ <b>BUFFALO WILD WINGS</b> Portsmouth NH 603-433-3022		•	•		•	•		L/D		Over 15 Different
▶ <b>CAFÉ ESPRESSO OF PORTSMOUTH, INC.</b> Portsmouth NH 603-334-3407					•			B/L		Dine In or Take Out Parking
▶ <b>CAFÉ NOSTIMO</b> Portsmouth NH 603-436-3100			•			•		L/D	•	Greek, Dine In/Take Out Catering, Closed Sun.

Photo this page: Courtesy of Book and Bar

▶ CHAMBER COLLABORATIVE OF GREATER PORTSMOUTH MEMBER | GOPORTSMOUTHNH.COM

# Friendly Toast



113 Congress St

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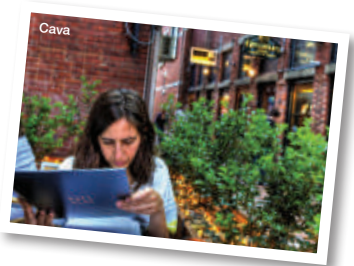


Photo this page: Philip Case Cohen

	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Deck	The Inside Scoop
▶ <b>CARRIAGE HOUSE RESTAURANT</b> Rye NH 603-964-8251		•			•			D		Italian, Seafood, Traditional, Vegetarian
▶ <b>CAVA</b> Portsmouth NH 603-319-1575		•		•	•			D	•	Mediterranean Tapas, Wine Bar
<b>CEO'S GELATO BISTRO</b> Portsmouth NH 603-425-8234	48			•	•			L/D		Artisanal Gelato Made On-site
▶ <b>CHAPMAN COTTAGE</b> York ME 207-363-5119	52	•					•	D	•	Wonderful Cutting Edge Menu
▶ <b>CLIPPER TAVERN</b> Portsmouth NH 603-501-0109		•	•	•	•	•		B/L/D		Where the locals go!
▶ <b>CLYDE'S CUPCAKES</b> Exeter NH 603-583-4850			•							Cupcakes, Brownies Cakes and more
▶ <b>CORNERSTONE WEST END</b> Portsmouth, NH 603-294-0965		•	•		•			L/D		Craft Beer, Pizza & Casual Dining
▶ <b>CR'S THE RESTAURANT</b> Hampton NH 603-929-7972		•			•			L/D		Classic American Farm to Table
▶ <b>CURE RESTAURANT</b> Portsmouth NH 603-427-8258				•				D		Affordable American Comfort Food
▶ <b>DINNERHORN AND BRÄTSKELLAR</b> Portsmouth NH 603-436-0717		•	•		•	•		L/D		Italian, Seafood, Take Out Vegetarian Choices
▶ <b>THE DISTRICT</b> Portsmouth NH 603-501-0586		•		•	•	•		B/L/D	•	New American, Farm to Table, Sun. Brunch
▶ <b>DOLPHIN STRIKER</b> Portsmouth NH 603-431-5222		•		•			•	L/D		Traditional Lunch Sat. & Sun. Only
▶ <b>DOS AMIGOS BURRITOS, LLC</b> Portsmouth NH 603-373-6001			•	•		•		L/D		Mexican, Take Out
▶ <b>DUNKIN'</b> Portsmouth NH 603-431-9755			•		•			B/L		America Runs on Dunkin'
▶ <b>EARTH EAGLE BREWINGS</b> Portsmouth NH 603-502-2244		•		•	•	•		L/D		Imperial Ale, Wonder Gruits
▶ <b>EPOCH AT EXETER INN</b> Exeter NH 603-778-3762		•				•		B/D	•	Inspired Creative Cuisine
▶ <b>FFROST SAWYER TAVERN AT THREE CHIMNEYS INN</b> Durham NH 603-868-7800		•	•		•			L/D	•	Traditional, Vegetarian Choices
▶ <b>FLATBREAD COMPANY</b> Portsmouth NH 603-436-7888		•	•	•	•			L/D		Organic, All-Natural Wood Fired Clay Oven Pizza
▶ <b>FOSTER'S DOWNEAST LOBSTER &amp; CLAMBAKE</b> York ME 207-363-3255		•			•		•	L/D		Seafood, Catered Clambakes
▶ <b>THE FRANKLIN</b> Portsmouth NH 603-373-8500	44	•		•				D		Oyster Bar with Creative Cocktails
▶ <b>THE FRIENDLY TOAST</b> Portsmouth NH 603-430-2154	46	•	•	•	•	•		B/L/D		All Day brunch & local brews!

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	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Deck	The Inside Scoop
<b>FRISBEE'S WHARF AT PEPPERRELL COVE</b> Kittery Point, ME 207-703-2028	IFC	•			•	•	•	L/D		Accessible by boat! Best Lobster roll around!
▶ <b>GALLAGHER'S PLACE</b> Portsmouth NH 603-431-4433			•	•	•			B/L/D	•	Mall with Restaurants, Shops
▶ <b>THE GOAT</b> Portsmouth NH 603-590-4628			•	•			•	B/L/D		Country-Themed Dining, Whiskey
▶ <b>GREAT AMERICAN GRILL AT HILTON GARDEN INN</b> Portsmouth NH 603-431-1499			•	•	•			B/D		Casual Ambiance Modern Menu
▶ <b>GREAT RHYTHM BREWING COMPANY</b> Portsmouth NH 603-430-9640			•		•		•			Craft Brewery
▶ <b>GREEN ELEPHANT BISTRO &amp; BAR</b> Portsmouth NH 603-427-8344			•	•				L/D		Vegan and vegetarian
▶ <b>GRILL 28 AT PEASE GOLF COURSE</b> Portsmouth NH 603-766-6466	48	•	•		•	•	•	B/L/D		American Style Comfort Food
▶ <b>HARBOR PORCHES AT STAGE NECK INN</b> York ME 207-363-3850			•	•	•			B/L/D		Oceanfront Splendor
▶ <b>IKKO JAPANESE SUSHI &amp; STEAK HOUSE</b> Portsmouth NH 603-319-8288			•					L/D		Sushi, Hibachi & Catering
▶ <b>IZZY'S FROZEN YOGURT</b> Portsmouth NH 603-431-1053				•						Ice Cream and Frozen Yogurt
▶ <b>THE JUICERY</b> Portsmouth NH 603-661-9952				•				B/L/D		Smoothies, organic juices, acai bowls
▶ <b>JUMPIN' JAY'S FISH CAFÉ</b> Portsmouth NH 603-766-3474	44	•		•	•			D		Seafood, Vegetarian
▶ <b>KILWINS</b> Portsmouth NH 603-319-8842	43		•	•	•	•				Handmade Chocolate and Ice Cream
▶ <b>THE KITCHEN</b> Portsmouth NH 603-319-8630			•	•		•	•	L/D		Eatery & Catering
▶ <b>LA MAISON NAVARRE</b> Portsmouth NH 603-373-8401	46		•	•	•			B/L		Traditional French Patisserie
▶ <b>LANEY &amp; LU CAFÉ</b> Exeter NH 603-580-4952	48			•				B/L	•	Delicious food & Drink Feed your soul!
▶ <b>LAZY JACK'S</b> Portsmouth NH 603-294-9902			•	•	•		•	L/D	•	Caribbean Style Waterfront Deck
▶ <b>LIARS BENCH BEER CO.</b> Portsmouth NH 603-294-9156			•		•		•	L/D		Pub/Bistro Craft Brewery
▶ <b>LIBRARY RESTAURANT-A STEAK HOUSE</b> Portsmouth NH 603-431-5202			•	•	•			L/D		Brunch, Vegetarian Take Out Available
▶ <b>LUIGI'S WEST END PIZZERIA</b> Portsmouth NH 603-431-7500	72	•	•		•			L/D	•	New York Style Pizzeria

Photo this page: Debbie Kane

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10 Ceres Street Portsmouth, NH (603) 431-5510 [oldferrylanding.com](http://oldferrylanding.com)



Photo this page: Raya on Assignment

	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Deck	The Inside Scoop
▶ <b>MARGARITAS MEXICAN RESTAURANT</b> Portsmouth NH 603-431-5828		•	•		•			L/D		• Mexican food & Watering Hole
▶ <b>MARTINGALE WHARF</b> Portsmouth NH 603-431-0901	11	•	•	•	•	•	•	L/D		• Waterfront Casual and Fine Dining
▶ <b>MIDDLE STREET MEAT MARKET</b> Portsmouth, NH 978-314-5635		•			•			L/D		• Deli, Convenience Store
▶ <b>MISTO! CAFÉ. BAR. BISTRO</b> Kittery ME 207-703-0606		•				•		L/D		• Upscale Italian, Local Superfoods
▶ <b>MOJO'S BBQ, GRILL &amp; TAVERN</b> Portsmouth, NH 603-436-6656		•				•		L/D		• Sports Bar, Southern Style BBQ
▶ <b>MOKO JAPANESE STEAKHOUSE</b> Portsmouth, NH 603-374-7000		•	•		•	•		L/D		• Sushi, Japanese Dishes
▶ <b>MOMBO</b> Portsmouth NH 603-433-2340		•		•			•	D		• American with World Influences
▶ <b>MORRISON'S LOBSTERS</b> Kittery ME 207-439-2501								L		• Fresh Seafood Eat In/Take Out
▶ <b>MOXY</b> Portsmouth NH 603-319-8178	44	•		•	•			D		• Modern American Tapas
▶ <b>MR. KIM'S</b> Portsmouth NH 603-373-6000	44	•	•	•				D		• Non Traditional Asian Fare
▶ <b>NEWICK'S LOBSTER HOUSE</b> Dover NH 603-742-3205				•	•			L/D		• Seafood
▶ <b>NORTH COUNTRY HARD CIDER</b> Rollinsford NH 603-834-9915							•			• A Cider Experience Like No Other
▶ <b>OAR HOUSE</b> Portsmouth NH 603-436-4025		•		•	•			L/D		• Contemporary, Traditional
▶ <b>THE OFFICE LOUNGE</b> Rye, NH 603-379-2175		•	•		•	•		L/D		• Sushi & Home Style Food
▶ <b>OHANA KITCHEN</b> Portsmouth NH 603-319-8234								L/D		• Hawaiian Poké Bowls; Sushi Burritos
▶ <b>OLD FERRY LANDING</b> Portsmouth NH 603-431-5510	50	•	•	•				L/D		• Seafood on the Water
▶ <b>ORE NELL'S BARBECUE</b> Kittery, ME 207-703-2340	28	•	•					L/D		• Antibiotic & Humanly Raised Meats
▶ <b>PADDY'S - AN AMERICAN GRILLE</b> Newington NH 603-430-9450		•			•	•		L/D		• Traditional
▶ <b>PANERA BREAD</b> Portsmouth NH 603-559-9000			•		•			B/L/D		• Soups, Salads, Sandwiches
▶ <b>PEPPERELL COVE</b> Kittery Point ME 207-703-2028	IFC	•	•		•	•	•	B/L/D		• Accessible by boat! Lobsters right off the dock!

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8 CONGRESS ST. PORTSMOUTH  
603.431.1119  
[POPOVERSONTHESQUARE.COM](http://POPOVERSONTHESQUARE.COM)



	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Deck	The Inside Scoop
▶ <b>PETEY'S SUMMERTIME SEAFOOD</b> Rye NH 603-433-1937	7	•	•		•			L/D	•	Seafood, Ocean View Take Out
▶ <b>THE POINTE</b> Kittery ME 207-703-2987		•			•			L/D	•	Waterfront, Happy Hour, Wine Wed., Sun. Brunch
▶ <b>PORT CITY PRETZELS</b> Portsmouth, NH 603-436-3001										Unique Pretzel Flavors in Local Shops
▶ <b>POPOVERS ON THE SQUARE</b> Portsmouth NH 603-431-1119	52	•	•	•	•			B/L/D	•	Outdoor/Indoor Dining
▶ <b>PORTSMOUTH BREWERY</b> Portsmouth NH 603-431-1115	BC	•	•	•	•	•		L/D		Lively Brewpub, Handcrafted Food
▶ <b>PORTSMOUTH COUNTRY CLUB</b> Greenland NH 603-436-9791		•						B/L		Food, Drink and Fun
▶ <b>PORTSMOUTH EATS, LLC</b> Portsmouth NH 603-571-3287				•	•			D		Walking Restaurant Tour
▶ <b>PORTSMOUTH GAS LIGHT, CO.</b> Portsmouth NH 603-430-9122	52	•	•	•		•	•	L/D	•	Wood Fired Pizza, American, Vegetarian
▶ <b>THE PRESS ROOM</b> Portsmouth NH 603-431-5186		•		•		•	•	D		Live Music Upstairs, Private Events
▶ <b>RALEIGH WINE BAR + EATERY</b> Portsmouth, NH 603-427-8459		•		•	•	•		L/D	•	Natural Wines, Craft Beers, Seasonal Food
▶ <b>RESTAURANT WEEK PORTSMOUTH/SEACOAST</b> Seacoast of NH & ME 603-610-5510		•	•	•	•	•	•	L/D	•	Spring and Fall Prix Fixe Values
▶ <b>RISTORANTE MASSIMO</b> Portsmouth NH 603-436-4000	43			•				D		Italian, Vegetarian Choices
▶ <b>RIVER HOUSE</b> Portsmouth NH 603-431-2600	38	•	•	•		•		L/D	•	Casual Waterfront Dining Sunday Brunch
▶ <b>ROBERT'S MAINE GRILL &amp; MARKET</b> Kittery ME 207-439-0300			•		•			L/D	•	Lobster, Shellfish & Seafood
▶ <b>ROOFTOP AT THE ENVIO</b> Portsmouth NH 603-334-4207	82	•		•	•			D	•	Located at the AC Hotel Portsmouth
▶ <b>ROUNDABOUT DINER AND LOUNGE</b> Portsmouth NH 603-431-1440		•	•		•			B/L/D		American Comfort Food, Take Out, Catering
▶ <b>ROW 34</b> Portsmouth NH 603-319-5011				•	•			L/D		Local Oysters
▶ <b>SALT AT WENTWORTH BY THE SEA</b> New Castle NH 603-373-6566		•			•			B/L/D		Fine Food, Craft Cocktails
▶ <b>SANDERS FISH MARKET</b> Portsmouth NH 603-436-4568	56				•			L		Seafood, Market, Café
▶ <b>SEACOAST EAT LOCAL</b> Seacoast, NH 888-600-0128										Local Food & Farmers Markets

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# Explore the Hamptons



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**Joe's Meat Market**  
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229 Atlantic Ave  
[joesmeatshoppe.com](http://joesmeatshoppe.com)



**KB'S Bagels & Java**  
*Where the locals go!*  
72 King's Highway  
[kbsbagelsandjava.com](http://kbsbagelsandjava.com)





	Ad Page #	Bar/Lounge	Children's Menu	Downtown Location	Handicapped Access	Late-night Menu	Live Music	Meals (B/L/D)	Outdoor Deck	The Inside Scoop
<b>SHALIMAR INDIA RESTAURANT</b> Portsmouth NH 603-427-2959	52			•	•			L/D		Award Winning Indian Cuisine
▶ <b>SHEARWATER AT STAGE NECK INN</b> York Harbor ME 207-363-3850		•	•		•			B/L/D	•	Incredible Views. Fresh Flavor Combinations
▶ <b>SOME BREWING COMPANY</b> York ME 207-351-8162		•			•		•		•	Fine Local Craft Beer
▶ <b>STONEFACE BREWING COMPANY</b> Newington NH 603-570-2603		•	•		•			L/D	•	
▶ <b>STREET EAT/DRINK 360</b> Portsmouth, NH 603-436-0860	72	•	•		•			L/D	•	Flavorful Street Food
▶ <b>SURF PORTSMOUTH</b> Portsmouth NH 603-334-9855		•	•	•	•			L/D	•	Seafood Sushi
▶ <b>TABLE 21 AT HOLIDAY INN</b> Portsmouth NH 603-431-8000		•	•		•		•	B/D		Family Friendly, Sports TV
▶ <b>TAKE OUT GUYS</b> Kittery, ME 207-703-2708				•				B/L/D		Your local faves delivered
▶ <b>THROWBACK BREWERY</b> North Hampton NH 603-379-2317			•		•		•	L/D	•	Brewery/Farm/Gastro Pub
▶ <b>TINOS GREEK KITCHEN</b> Hampton NH 603-926-5489		•						D		Traditional Greek Fare
▶ <b>TJ'S FOOD &amp; SPIRITS</b> Portsmouth NH 603-433-0844		•		•				L/D		Sports Bar
▶ <b>TRIBUTARY BREWING COMPANY</b> Kittery ME 207-703-0093		•			•		•		•	Great Beer, Good People
▶ <b>TUSCAN KITCHEN</b> Portsmouth NH		•			•			L/D		Italian Restaurant and Market
▶ <b>TWO-FIFTY MARKET</b> Portsmouth NH 603-559-2626		•	•	•	•			B/L/D		Located at the Sheraton Hotel
▶ <b>VIDA CANTINA</b> Portsmouth NH 603-501-0648		•						L/D		Mexican
▶ <b>THE VIEW AT PEPPERRELL COVE</b> Kittery Point, ME 207-703-2028		•			•					Waterfront event venue
▶ <b>WHITE HERON TEA &amp; COFFEE</b> Portsmouth NH 603-294-0270					•			L		Organic Tea, Chai and Coffee
▶ <b>THE WILDER</b> Portsmouth NH 603-319-6878		•	•			•		D		Saturday & Sunday Brunch
▶ <b>THE WORKS, A BAKERY CAFÉ</b> Portsmouth NH 603-431-4434	48			•	•			B/L		Dine In or Take Out
▶ <b>YORK HARBOR INN</b> York Harbor ME 207-363-5119	48	•						B/L/D	•	Traditional Seafood and Creative Cuisine
▶ <b>THE YORK RIVER LANDING RESTAURANT</b> York ME 207-351-8430		•	•		•			L/D	•	Casual, Views, Beef, Seafood, 36 Craft Beers

# SANDERS SEAFOOD STORES

New England never tasted better.

Sanders Family seafood stores have provided the greater seacoast area with ocean-fresh live lobsters, fish and other seafood favorites since 1952. Come find us today in Portsmouth's historic South End.



Lobsters • Steamers • Fresh Lobster Meat



Fresh Fish • Seafood • Chowders  
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**Sanders**  
FISH MARKET

## Sanders Lobster Company

54 Pray Street Portsmouth, NH 03801  
(603) 436 - 3716  
[www.SandersLobster.com](http://www.SandersLobster.com)

## Sanders Fish Market

367 Marcy Street Portsmouth, NH 03801  
(603) 436 - 4568  
[www.SandersFish.com](http://www.SandersFish.com)

**STOP BY THE  
BOATHOUSE  
THIS SUMMER!**



## WATERFRONT DINING OVERLOOKING SAGAMORE CREEK

From our famous seafood fare to our gorgeous water views of Sagamore Creek, you'll understand why BG's is the place "Where the Locals Go." We'll see you at the Boat House for our 43rd season on the Seacoast!

### HAPPY HOUR

Mon-Fri 4 - 6 PM

### SUNDAY HAPPY HOUR

\$5.50 Bloody Marys & Mimosas  
11 AM - 3 PM

**BG's  
BOAT  
HOUSE**

RESTAURANT  
Portsmouth, NH



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**tugboat alley**  
PORTSMOUTH, NH

**Our 25th Anniversary!**



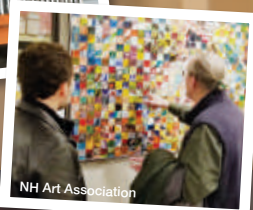
A Portsmouth  
Tradition Since 1995

**Tugboat Alley has something for everyone!**

Portsmouth's best T-Shirts • Sweatshirts  
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(Large photo) Nahcotta

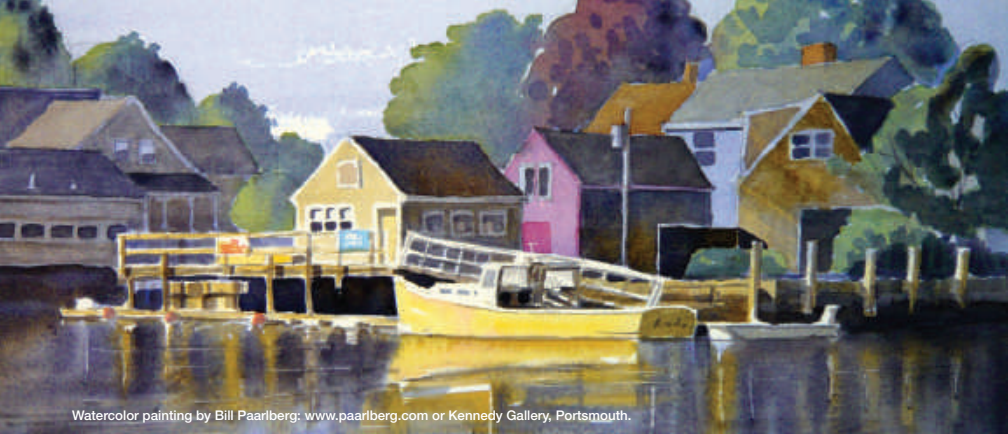
Photos this page: (large photo) Courtesy of Nahcotta; (small photos (l to r): Courtesy of Nahcotta; Courtesy of Lost Coast; Courtesy of NH Art Association; Raya on Assignment



# shop

Looking for antiques? You've come to the right place! Original art? The Seacoast has loads of art galleries. Handmade crafts, souvenirs, high-quality children's toys, sporting equipment—we have it all, shopping at its best.

From the Kittery Outlets to shopping malls in Newington to unique stores in downtown Portsmouth, Dover, and Exeter, there's something for everyone.



Watercolor painting by Bill Paarberg: [www.paarberg.com](http://www.paarberg.com) or Kennedy Gallery, Portsmouth.

## Take Home a Piece of Art

There are many wonderful local spots to find art that will brighten your home, office or home office.

### GALLERIES

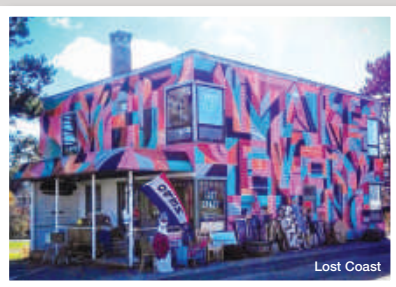
**Kennedy Gallery** ([KennedyGalleryAndFraming.com](http://KennedyGalleryAndFraming.com)) sells all kinds of art by local artists both renowned and yet-to-be-discovered... perhaps by you! The core of their business, though, is custom framing — so no matter what art you have or where you procured it, you can find an appropriate framing solution. Kennedy gallery has been in business for 30 years, and their framing staff really knows their stuff — from UV-blocking glass and archival mounting to custom sizes and unique frame designs, they'll walk you through the process to make sure your art is displayed in all of its glory.

**The NH Art Association** ([NHArtAssociation.org](http://NHArtAssociation.org)) in downtown Portsmouth features a delightful variety of rotating featured local artists of all kinds of formats and disciplines. Members of the local art association participate regularly in juried shows, competitions and challenges, making for a wonderful rotating display of exhibits.

Venture a few blocks over to **N. W. Barrett Gallery** ([NWBarrett.com](http://NWBarrett.com)) and you'll be rewarded with more incredible art — sculptures, paintings, prints, wood carvings, pottery — all manner of art for your most beloved spaces. Staff are thoughtful and knowledgeable, and will help you find that perfect piece you're looking for — even if you don't know what it is yet.

In Kittery, Maine is a true treasure trove of wonders! Expand your definition of art and get ready to find

truly unique pieces at **Lost Coast** ([Facebook.com/LostCoastME](https://Facebook.com/LostCoastME)). This shop is filled with treasures untold, and there's new items to browse at every visit. Sure, there's wall art here to browse — and even wearable art in the form of vintage tees, costumes and novelty aprons and hats. Need some audio art? Browse the extensive vintage record, 8-track and CD collections. Collectibles, toys, games, furniture, antiques... you'll leave with something you never expected, and maybe also exactly what you were looking for.



Lost Coast

**Gus & Ruby** ([GusAndRuby.com](http://GusAndRuby.com)) offers some local art — and even the fixin's to make your own art! This is a great place to find the perfect card, gift and artistic wrapping paper — but also to find that perfect stationary, new art supply hobby-starter or coffee table book.

**The Button Factory** ([ButtonFactoryStudios.com](http://ButtonFactoryStudios.com)) could be aptly renamed "The Art Factory," since it has now housed artists of all kinds for decades. Famous for their holiday tours, this once-button-making factory has established a well-earned reputation as the artistic heartbeat of the community. A few times per year, it opens its



Nahcotta



Artwork by Lennie Mullaney,  
Sarah Long into Autumn

doors for a factory-wide open house, typically at the beginning of December to kick off holiday shopping season. Enter with a list of names of gift recipients, and leave with something for everyone (and probably a few things for yourself, too).

**Nahcotta** ([Nahcotta.com](http://Nahcotta.com)) is an art gallery, plus a gift shop, plus an art supply store, plus home furnishings and jewelry and cards... This is a spot it's hard not to leave without a half-dozen new things you never knew existed before falling in love with at first sight inside Nahcotta. Their semi-annual Enormous Tiny Art (ETA) Show is now legendary. ETA guidelines are that artwork must be 10" x 10" or smaller — and this allows not only for more art on the walls for each ETA show, but also tends to allow for more accessibly-priced pieces, too. It's a great "gateway" gallery opening — and pieces go up for sale online before the gallery show opens, too. Sign up for emails to get alerts and hop on the pieces you love at first sight before someone else gets them in their sights! Information and email signup at [EnormousTinyArt.com](http://EnormousTinyArt.com). [📍](#)



## INSIDER SCOOP

### Portsmouth Soap Company

Offering organic, locally-made soaps, bath and body products, Portsmouth Soap Company has a shop in downtown Portsmouth if you like browsing in person — but also offers many creative gift package ideas on their website, [PortsmouthSoaps.com](http://PortsmouthSoaps.com). Browse by gender, age or species (yes, they offer dog packages!), and feel good knowing the ingredients are all organic.



### Spicy Shark Hot Sauce

You may think you know what you're going to get when you shop for hot sauce — but think again! A Portsmouth-born company, Spicy Shark Hot Sauce, [thespicyshark.com](http://thespicyshark.com), has not only a range of sauces from mild to "6-fin Hammah Gatah" - level hot, they offer Hot Maple Syrup, Hot Honey and even Hot Blueberry Syrup — brace your pancakes!



### Port City Pretzel

You have likely seen these packages of tasty treats all over — and for good reason! Port City Pretzels (made in Portsmouth, of course), [portcitypretzels.com](http://portcitypretzels.com), are that perfect salty snack that never gets old. Popular flavors include Tasty Ranch Dill, Feisty Hot and Cinnamon Sugar — a perfect range of flavors for every mood — truly "The People's Pretzel!"

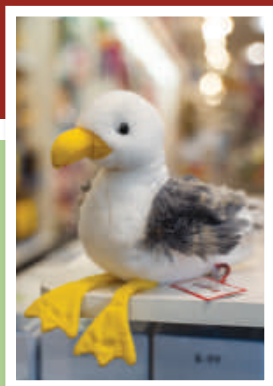


## BEST T-SHIRT/ SOUVENIR SHOPS

**I Like That** 369A Islington St, Portsmouth  
603.319.4204 • **Kittery Trading Post** 301  
US Rt One Kittery ME 888.587.6246 • **The  
Portsmouth Brewery** 56 Market Street  
Portsmouth NH 603.431.1115 • **Seabags** 129  
Market Street Portsmouth NH 207.939.5050  
**Stonewall Kitchen** 10 Pleasant street,  
Portsmouth NH 603.422.7303 • **Tugboat Alley**  
47 Bow Street Portsmouth NH 603.431.6641  
**Warner's Card and Gift Shop** 2 Market Square,  
Portsmouth NH 603.431.6641



Tugboat Alley



## FOR KIDS ONLY

Clothes and toys for the younger set.

**Children's Orchard**, 105 Gosling Rd, Newington, NH  
603.436.8704 • **Diversions Puzzles & Games**, 123  
Congress St, Portsmouth, NH 603.766.6220 • **G. Williker's  
Toy Shop**, 13 Market St., Portsmouth, NH 603.436.7746  
**Lickee's and Chewy's Candy and Creamery**,  
53 Washington St, Dover, NH 603.434.1799 • **Lively Kids**, 15 State St, Newburyport, MA  
978.465.7650 • **Noggin Factory!**, 53 Washington St, Dover, NH 603.742.0012 • **Puddlejumpers  
Children's Shop**, 31 Water St, Exeter, NH 603.778.9333 • **Treehouse Toys**, 143 Market St,  
Portsmouth, NH 603.433.8697 • **Whirlygigs Toy Shop**, 107 Water St, Exeter, NH 603.772.4923

## FAIR TRADE/ETHICALLY SOURCED GOODS

**Apsara**, 130 Congress St, Portsmouth, NH  
603.501.1935 • **Ganesh**, 57 Market St,  
Portsmouth, NH 603.433.5989 / 42 Water St,  
Exeter, NH 603.772.0102 • **Poppy Seed Studio**,  
74 High St, Somersworth, NH 603.692.5588 •  
**Serendipity Boutique**, 24 Water St, Exeter, NH  
603.778.1665 / 41 Pleasant St, Portsmouth, NH  
603.427.0650 • **Ten Thousand Villages**, 87  
Congress St, Portsmouth, NH 603.431.2392 •  
**WaterMonkey**, 33 Vaughan Mall, Portsmouth, NH  
603.431.2243







## UNIQUE SHOPPING

**Gus & Ruby** 29 Congress Street Portsmouth 603.319.1717

**Inside Out** 46 Market Street Portsmouth NH 603.294.9913

**Ireland on the Square** 6 Market Square Portsmouth NH 603.319.1670

**Lost Coast** 230 State Rd, Kittery, ME 603.502-1044

**Macro Polo** 89 Market St. Portsmouth 603.436.8338

**Moonshine** 130 Congress Street, Portsmouth 603.969.3876

**Off Piste** 37 Congress St Portsmouth 603.319.6910

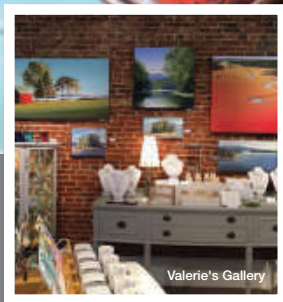
**Portsmouth Soap Company** 175 Market Square Portsmouth 603.294.0379

**Putin on the Glitz** 40 Market Street Portsmouth NH 603.436.5600

**Summer House Furnishings**, 25 Sagamore Rd, Rye, NH 603.319.1655

**Weekender House**, 75 Albany St, Portsmouth, NH 603.427.8658

**Willow**, 183 Water St, Exeter, NH 603.773.9666



## GIFT SHOPS

**Discover Portsmouth Museum Shop**, 10 Middle St,

Portsmouth, NH 603.436.8433 • **Exeter Fine Crafts**, 61

Water St, Exeter, NH 603.778.8282 • **Kennedy Gallery &**

**Custom Framing**, 41 Market St, Portsmouth, NH 603.436.7007 • **Nahcotta**, 110 Congress St,

Portsmouth, NH 603.433.1705 • **New Hampshire Art Association**, 136 State St, Portsmouth,

NH 603.431.4230 • **Off Piste**, 37 Congress St, Portsmouth, NH 603.319.6910 • **Provisions at**

**Pepperrell Cove**, 88 Pepperrell Rd (Route 103), Kittery Point, ME 207.703.2028 • **Salmon Falls**

**Stoneware**, 75 Oak St, Dover, NH 603.749.1467 • **Summer House Furnishings**, 25 Sagamore Rd,

Rye, NH 603.319.1655 • **Valerie's Gallery**, 117 Market St, Portsmouth, NH 603.766.3737

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Explore a well-kept local secret for quality, brand-name outdoor gear, casual & tech-specific apparel, footwear, accessories & specialty items that will keep you coming back for more.



**Alie Jewelers**

1 Market St, Portsmouth, NH, 603.436.0531.  
Timeless designs of lasting quality. Platinum, gold, and silver. Diamonds, colored gemstones, and cultured pearls of extraordinary brightness and luster. Front door on Market Square.

**Apsara**

130 Congress St, Portsmouth, NH, 603.501.1935, Apsarastore.com. Apsara is proud to offer our own line of printed and organic cotton clothing, selected and custom jewelry as well as hand woven textile arts.

**Cotillion Bureau**

65 Bow Street, Portsmouth, 603-319-6680, @cotillionbureau. A premier destination for any fashionista or vintage lover. Impressively diverse and meticulously curated collection of vintage and upcycled fashions for all sizes and genders.

**Em & Elle**

41 Pleasant St, Portsmouth, NH, 603.427.0650 @ emandelle\_boutique We carry Free People, Roxy, Maaji, Alternative Apparel, BB Dakota/Jack and many other great clothing lines. Find unique gifts, beautiful jewelry and classic accessories for all ages. Follow us on Facebook and Instagram and shop online at emandelle.com

**Exeter Fine Crafts**

61 Water St, Exeter, NH, 603.778.8282, exeterfinecrafts.com. Spacious non-profit gallery featuring contemporary handcrafted work by the finest local artisans. Shop a creative, ever-changing selection of distinctive jewelry, art, and unique home accessories.

**G.Willikers! Books & Toys**

13 Market St, Portsmouth, NH, 603.436.7746 g-willikers-books-toys.myshopify.com. Family Fun and Family Run since 1978. You'll find toys, beautiful books, music, art, science kits, baby gifts, author visits and events. You're welcome to come in and just PLAY!



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**The Book Outlet**

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603.964.2002

**G. Willikers! Books & Toys**

13 Market Street  
Portsmouth, NH  
603.436.7746

**Portsmouth Book & Bar**

40 Pleasant Street  
Portsmouth, NH  
603.427.9197

**RiverRun Bookstore**

32 Daniel Street  
Portsmouth, NH  
603.431.2100

**Sheafe Street Books**

29 Sheafe Street  
Portsmouth, NH  
603.498.5202

**Water Street Bookstore**

125 Water Street  
Exeter, NH  
603.778.9731

**Hazel Boutique**

7 Commercial Alley, Portsmouth, NH, 603.766.1780, hazelportsmouth.com. Find us on Commercial Alley where the quaint European style reflects our unique designer fashions from New York, Los Angeles, Paris, and more! Clothing, Jewelry, & Accessories.

**Inside Out**

46 Market Street, Portsmouth, NH, 603.294.9913, insideoutportsmouth.com. Contemporary boutique for men and women offering all things comfortable and fun. Specialty gifts for the kiddos and pets. Backyard, travel and cocktail essentials!

**Kennedy Gallery and Custom Framing**

41 Market St, Portsmouth, NH 603.436.7007, kennedygalleryandframing.com. Largest selection of local images and original art. Custom framing. Take home a creative view of Portsmouth through an artist's eye.

**Kittery Trading Post**

Route 1, Kittery, ME, 888.587.6246, kitterytradingpost.com. A favorite spot among locals and newcomers! Shop brand-name outdoor gear, apparel, footwear and specialty items from Patagonia, Birkenstock, The North Face, Carhartt, Merrell and more.

**Mall at Fox Run**

50 Fox Run Road, Newington, NH, 603.431.5911, mallatfoxrun.com. The only enclosed center within a 40-mile radius featuring 80 tax-free shopping options with the only H&M in NH.

**New Hampshire Liquor and Wine Outlets**

liquorandwineoutlets.com. Over 75 convenient locations throughout the state of NH. Enjoy a vast selection of wines and spirits, carefully chosen by our team of experts. Sign up for exclusive email-only promotions. Please drink responsibly.

**Portsmouth Soap Company**

175 Market St, Portsmouth, NH, 603-294-0379, portsmouthsoaps.com. Come experience our Scent-sational Soaps! We offer a variety of fun and unique gift baskets filled with our locally-inspired and handcrafted soaps. Take home a little bit of Portsmouth!

**Provisions at Pepperrell Cove**

88 Pepperrell Road, Kittery Point, ME, 207.703.2028. PepperrellCove.com General Store, Ice Cream & Coffee Shop overlooking the town wharf - Baked goods, sandwiches, soups, wine, beer, dry goods and ice Cream. Open daily.

**Puttin' on the Glitz**

40 Market St, Portsmouth, NH, 603.436.5600, puttinontheblitznh.com. Our beautiful & eclectic collection of jewels, hats, and accessories fuses whimsy with timeless elegance, luxury with practicality, classic looks with attitude—looks for every day, every occasion, and every special event.

**SEHN**

SEHN Habitat for Humanity ReStore 29 Fox Run Rd, Newington, NH 603.750.3200 nhrefstore.org. Shop/Donate/Volunteer! We sell/accept gently used furniture, appliances, cabinets, doors, windows, building materials & more! Open to the public Tuesday- Saturday 9:00-5:00.

**Tugboat Alley**

47 Bow St, Portsmouth, NH, 603.430.9556, tugboatalley.com. Portsmouth's best selection of T-shirts, sweatshirts, hats, nautical gifts & jewelry plus much more...Open every day at 10am!

**Warner's Card & Gift Shop**

2 Market Sq, Portsmouth, NH, 603.431.6641. Family owned and operated since 1984, Warner's offers an eclectic mix of unique gifts, souvenirs, locally made products, cards and giftwrap for all occasions.

**Water Street Bookstore**

125 Water St, Exeter, NH, 603.778.9731, waterstreetbooks.com. The largest independent bookstore in Seacoast New Hampshire. Comprehensive selection of local and national authors and friendly, knowledgeable staff. Check our site for events.

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**Alie**

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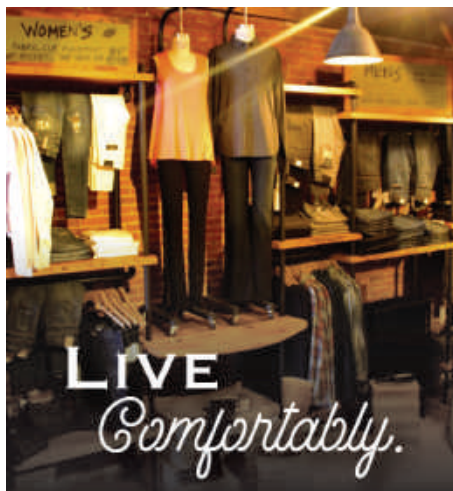
43.0718° N, 70.7626° W

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	Ad Page #	Antiques/Art	Clothing	Food/Spirits/Tobacco	Home/Furniture	Jewelry	Souvenirs	Sporting Goods	Toys	The Inside Scoop
▶ <b>ALIE JEWELERS</b> Portsmouth NH 603-436-0531	68					•				Family Jewelers
▶ <b>APSARA</b> Portsmouth NH 603-501-1935	70		•		•					Ethically traded Clothing and Accessories
▶ <b>THE BLACK DOG</b> Portsmouth, NH 508-209-5622			•		•	•	•	•		Clothing, Accessories
▶ <b>BUDGET BLINDS</b> Dover & Wolfeboro 603.509.3990					•					Top notch service & product!
▶ <b>CABOT HOUSE FURNITURE</b> Portsmouth NH 603-436-9091					•					Fine Furnishings and Design
▶ <b>CELTIC CROSSING</b> Portsmouth NH 603-436-0200			•	•		•	•		•	Fine Quality Goods from Ireland and Scotland
▶ <b>CHRISTINE'S CROSSING</b> Rye, NH 603-964-6303			•		•	•				Art, Women's & Kid's Clothing, Gifts, Accessories
▶ <b>COTILLION BUREAU VINTAGE</b> Portsmouth, NH 603-319-6680	73	•	•			•				Vintage and upcycled fashions for all sizes and genders
▶ <b>THE CUSTOM POOLS</b> Newington NH 603-431-7800					•					Swimming Pools, Spas, Hot Tubs, Maintenance
▶ <b>DRUM CENTER OF PORTSMOUTH</b> North Hampton NH 603-319-8109										We Only Do Drums!
▶ <b>EDIBLE ARRANGEMENTS - PORTSMOUTH</b> Portsmouth NH 603-431-2999				•						Sweet, Fresh Fruit
▶ <b>EM &amp; ELLE</b> Portsmouth NH 603-427-0650	75		•		•	•			•	Fun and Fashionable
▶ <b>ETHAN ALLEN</b> Portsmouth NH 603-431-9144					•					High-end chain with stylish furniture & home accessories
▶ <b>EXETER FINE CRAFTS</b> Exeter NH 603-778-8282	75	•			•	•				Handcrafted Work Made by Skilled Artisans
▶ <b>FLOWERS BY LESLIE</b> Portsmouth NH 603-436-0633										Florist
▶ <b>GANESH IMPORTS</b> Portsmouth NH 603-433-5989			•		•					Trendy
▶ <b>G. WILLIKERS!</b> Portsmouth NH 603-436-7746	74		•			•			•	Toy Shop
▶ <b>GUS &amp; RUBY LETTERPRESS</b> Portsmouth NH 603-319-1717					•	•				Invitations, Retail, Wedding
▶ <b>HAZEL</b> Portsmouth NH 603-766-1780	68		•		•					Unique Designer Fashion
▶ <b>HEMPIRE LLC</b> Portsmouth NH 603-373-8915				•						Organic, CBD products, hemp flowers, edibles
▶ <b>INSIDE OUT</b> Portsmouth NH 603-294-9913	70		•		•					Let's Live Comfortably

Photo this page: Mary Johanna Brown



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	Ad Page #	Antiques/Art	Clothing	Food/Spirits/Tobacco	Home/Furniture	Jewelry	Souvenirs	Sporting Goods	Toys	The Inside Scoop
▶ <b>JARDINIERE FLOWERS</b> Portsmouth NH 603-427-5560				•					•	Florist, Gifts
▶ <b>KENNEDY GALLERY AND CUSTOM FRAMING</b> Portsmouth NH 603-436-7007	70	•			•					Arts, Gifts
▶ <b>THE KITTERY OUTLETS</b> Kittery ME 207-439-4367			•	•	•	•	•	•	•	Shopping-mall chain featuring brand-name & designer outlets
▶ <b>KITTERY TRADING POST</b> Kittery ME 888-587-6246	67		•		•			•		Outdoor Adventure Equipment
▶ <b>LABELLE WINERY</b> Portsmouth NH 603-672-9898		•		•			•			Wine Tastings, Shop, Art Gallery, Events
▶ <b>LIA GORMLEY FINE JEWELRY</b> Portsmouth NH 603-828-1621						•				Unique jewelry for everyday, wedding & engagement
▶ <b>LENS DOCTORS</b> Portsmouth NH 603-437-6600										Optometric Practice & Eye Care Products
▶ <b>LO'S SEAFOOD &amp; ORIENTAL MARKET</b> Portsmouth NH 603-431-0022				•						Ingredients for Asian Cuisine
▶ <b>MALL AT FOX RUN</b> Newington NH 603-431-5911	3	•	•	•	•	•	•	•	•	Over 80 Stores
▶ <b>MARKET SQUARE JEWELERS</b> Portsmouth NH 603-430-9587		•				•				Estate Jewelry
▶ <b>MERCEDES- BENZ OF PORTSMOUTH</b> Greenland NH 603-431-8585		•				•				Fine Automobiles, Customer Service
▶ <b>NEW HAMPSHIRE LIQUOR &amp; WINE OUTLETS</b> Various Locations	74									Over 75 Locations Throughout NH
▶ <b>PEDAL POWER CYCLE</b> Portsmouth NH 603-431-2453			•					•		Bike Sales, Repairs, Rentals, BMX
▶ <b>PLAY IT AGAIN SPORTS</b> Portsmouth NH 603-287-4218								•		New & Gently Used Sports Equip, Apparel & Accessories
▶ <b>PORTSMOUTH SOAP COMPANY</b> Portsmouth NH 207-451-7904	68							•		Homemade Soaps and Bath Products
▶ <b>PROVISIONS AT PEPPERRELL COVE</b> Kittery Point, ME 207-703-2028		•	•	•			•			Homemade Soaps and Bath Products
▶ <b>POTNAM SKI &amp; SPORTS</b> Portsmouth NH 603-431-7764			•					•		New and Used Gear
▶ <b>PUTTIN' ON THE GLITZ</b> Portsmouth NH 603-436-5600	24		•			•				Upscale Fashion Jewelry and Hats
▶ <b>RESTORE-SEHN HABITAT FOR HUMANITY</b> Newington NH 603-750-3200	68				•					Overstock Materials and Furniture
▶ <b>RUNNER'S ALLEY</b> Portsmouth NH 603-430-1212			•					•		New Hampshire's Only Running-Only Store

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[portsmouthwestend.com](http://portsmouthwestend.com)



Photo: this page: Courtesy of Summer Sessions Surf Shop

	Ad Page #	Antiques/Art	Clothing	Food/Spirits/Tobacco	Home/Furniture	Jewelry	Souvenirs	Sporting Goods	Toys	The Inside Scoop
▶ <b>SEA BAGS</b> Portsmouth NH 207-939-5050										Handmade Recycled Sail Bags
▶ <b>SHOP PORTSMOUTH &amp; THE SEACOAST OF NH &amp; ME</b> Portsmouth NH 603-610-5510		•	•	•	•	•	•	•	•	Tax Free and Outlet Shopping
▶ <b>SPRINGER'S JEWELERS</b> Portsmouth NH 603-431-8418						•				Estate, Bridal, Diamonds
▶ <b>SLEEP NUMBER</b> Newington NH 603-433-8709					•					Adjusts for Firmness & Comfort
▶ <b>STAPLES</b> Newington NH 603-334-3423					•					Business Services and Supplies
▶ <b>STONEWALL KITCHEN COMPANY STORE</b> Portsmouth NH 603-422-7303				•	•		•			Specialty Foods
▶ <b>SUMMER SESSIONS SURF SHOP</b> Portsmouth NH 603-373-8147			•					•	•	Lessons, Rentals, Retail
▶ <b>TEN THOUSAND VILLAGES</b> Portsmouth NH 603-431-2392			•			•			•	Unique Gifts from Diverse Cultures
▶ <b>T.J. MAXX</b> Portsmouth NH 603-431-2689				•	•	•		•	•	Department Store
▶ <b>TUGBOAT ALLEY</b> Portsmouth NH 603-430-9556	57		•			•	•	•		Specialty Store
▶ <b>WARNER'S CARD AND GIFT SHOP</b> Portsmouth NH 603-431-6641	74					•	•		•	Souvenirs
▶ <b>WATER STREET BOOKSTORE</b> Exeter NH 603-778-9731	86									Independent Bookstore

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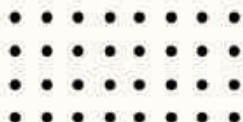
13 Market St Portsmouth, NH [G.Willikers.com](http://G.Willikers.com)

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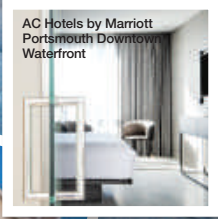
Mon-Sat: 10-5:30, Sun: 12-4 [www.exeterfinecrafts.com](http://www.exeterfinecrafts.com)



The Chapman Cottage and Tavern



Sailmaker's House



AC Hotels by Marriott  
Portsmouth Downtown  
Waterfront



Homewood Suites by Hilton in Dover

(Large photo) Rooftop at Envio Bar

# stay

and amenities

Photos this page: (large photo) Courtesy of Rochtop at Enviro Bar; (small photos left to right): Courtesy of The Chapman Cottage and Tavern; Courtesy of Sallmaker's House; Courtesy of AC Hotels by Marriott Portsmouth Downtown Waterfront; Courtesy of Homewood Suites Hilton in Dover

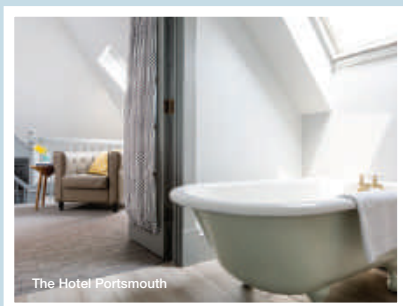
The Seacoast can be your home away from home. Historic inns abound; luxurious hotels await your arrival. Locals even rent rooms to enjoy relaxing spas and indoor pools! Whatever type of lodging you need, even if it includes a pet, it's available here.



## Staycation, All I Ever Wanted

Looking for a getaway just slightly out of your own neck of the woods? These local getaways are more than just a place to stay when you're far from home. Many have amenities, views or unique qualities that make staying here a treat worth staycating in!

When locals want a night away from home, **The Sheraton Portsmouth Harborside Hotels** ([Marriott.com/hotels/travel/psmsi-sheraton-portsmouth-harborside-hotel/](http://Marriott.com/hotels/travel/psmsi-sheraton-portsmouth-harborside-hotel/)) is one of the go-tos. Their prime downtown location, with views of the Piscataqua River, offer getaway packages for travellers and staycationers alike. They're situated atop a hill at the northern entrance to downtown Portsmouth's vibrant shopping, dining and arts center — so the picturesque hotel is, to many, the gateway into downtown Portsmouth. The Sheraton also allows dogs, for a fee (up to two, up to 80 pounds each).



A relative newcomer in the last decade, **The Hotel Portsmouth** ([TheHotelPortsmouth.com](http://TheHotelPortsmouth.com)) is a boutique hotel that offers something unique — incredibly Instagrammable rooms and amenities! From their old-fashioned room key fobs to rotary-dial phones and a sailor/library themed front

drawing room, The Hotel Portsmouth will certainly be a getaway to make your followers jealous — oh, and of course they have on-tap water, both flat and bubbly, in their 24/7 dining kitchen.

**York Harbour Inn** ([YorkHarborInn.com](http://YorkHarborInn.com)) has incredible ocean views to go with your stay. Overlooking a gorgeous section of York, Maine's Atlantic Coast, you'll only need to crack open your window to get a deep breath of salty sea air. 2020 marks 40 years for York Harbor Inn, and there's a reason they've been a lasting fixture on the coastal scene — in addition to hosting travelling vacationers, they've become a favorite spot for weekends away and date nights for the greater Seacoast community. York Harbour Inn allows dogs at their Harbor Crest building.

**The Chapman Cottage and Tavern** is York Harbor Inn's luxury inn and is home to The Tavern restaurant. The Tavern offers an innovative menu in an intimate setting, with seating on an outdoor patio or fireside indoors. The accommodations at Chapman Cottage offer amenities including large private decks, spa-size bathrooms and gas fireplaces.

It would be easy to find an excuse to stay at **Sailmaker's House** ([SailmakersHouse.com](http://SailmakersHouse.com)) — even if you're walking distance from their downtown Portsmouth location to begin with. This unique boutique inn is a getaway for sore eyes. This 10-room inn is on the South side of downtown Portsmouth, a very short walk to Prescott Park, home to outdoor concerts and plays in the summer, and Strawberry Banke, home to an ice skating rink and a holiday Candlelight Stroll in the winter. But its location isn't its only draw — this historic former home has been lovingly restored and renovated with care, preserving its character and providing an authentic Old Portsmouth atmosphere.



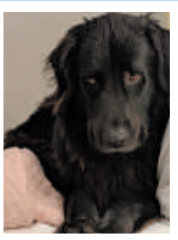


Top (L to R): AC Hotels by Marriott Portsmouth Downtown Waterfront; York Harbor Inn; Sailmaker's House

One of Portsmouth's newest hotels, **AC Hotels by Marriott Portsmouth Downtown Waterfront** ([Facebook.com/ACHotelPortsmouth](https://www.facebook.com/ACHotelPortsmouth)), is in the historic North End of Portsmouth. AC Hotel Portsmouth offers discounts starting at 15% off for local New England residents — so you can enjoy a staycation at a steal!

#### A PLACE FOR FIDO TO SIT & STAY

Travelling with your four-legged family member? In addition to the above-mentioned Sheraton and Harbor Crest building at York Harbor Inn, the following hotels and inns are dog-friendly. Please call ahead for site-specific rules and fees — most do not allow you to leave pets unattended in your room.



**The Port Inn** ([PortInnPortsmouth.com](http://PortInnPortsmouth.com)) welcomes dogs, including multiple dogs and/or big dogs. There's a fee per dog, and well-behaved dogs may be left in the room — if you're willing to skip housekeeping visits during that time. **The Hampton Inn in Portsmouth** ([HamptonInnPortsmouthDowntown.com](http://HamptonInnPortsmouthDowntown.com)) allows up to two pets of any size. Hampton Inn and Suites in Exeter allows up to two dogs of any size. Both prohibit leaving pets unattended for any time.

With or without your pets, these spots are great places to paw and enjoy all the Seacoast has to off-fur! 🐾

## INSIDER SCOOP

### Rooftop at Envio Bar

AC Hotel's events venue, The Envio ([Facebook.com/RooftopPortsmouth](https://www.facebook.com/RooftopPortsmouth)), also has a rooftop bar — Rooftop is "a casually sophisticated indoor/outdoor sanctuary" that overlooks the iconic bridges of Portsmouth. Grab a cocktail or a locally-sourced meal while taking in a dusky view of the port city. You might even be treated to a view of an international cargo ship!



### Sandy Pines Glamping

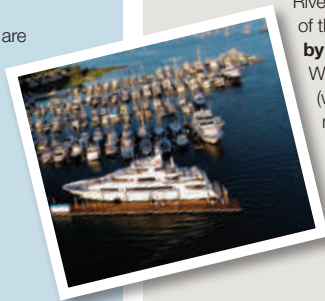
Sandy Pines ([SandyPinesCamping.com](http://SandyPinesCamping.com)) has figured out how to offer a sweet spot between camping and staying in a posh hotel — glamping! All accommodations are Instagram-ready and have outlets to charge your devices. For an even more unique option, choose an Air Stream, Glass House or Stargazing Oasis Dome.



### Anchor Your Boat

Drop anchor for the night. Public space is available on the Piscataqua River at Portsmouth's **Prescott Park Boat Dock** (603-431-8748). **Great Bay Marine** ([greatbaymarine.com](http://greatbaymarine.com)) in Newington provides access to Great Bay from the Piscataqua

River. Access to the amenities of the famed **Wentworth by the Sea** are available at Wentworth by the Sea Marina ([wentworthmarina.com](http://wentworthmarina.com)), minutes from open ocean sailing. Day trippers can also tie up at **Frisbee's Wharf** at Pepperrell Cove ([pepperrellcove.com](http://pepperrellcove.com)) on Kittery Point.



## HOTEL BREAKFAST & BRUNCHES

**Ashworth by the Sea**, 295 Ocean Blvd, Hampton, NH 603.926.6762 • **Courtyard by Marriott**, 1000 Market St, Portsmouth, NH 603.436.2121 • **The Exeter Inn**, 90 Front St, Exeter, NH 603.772.5901 • **Hampton Inn Portsmouth**, 99 Durgin Ln, Portsmouth, NH 603.431.6111 • **Hilton Garden Inn**, 100 High St, Portsmouth, NH 603.431.1499 • **Hotel Portsmouth**, 40 Court St, Portsmouth, NH 603.433.1200 • **Lamie's Inn**, 490 Lafayette Rd, Hampton, NH 603.926.0330 • **Residence Inn Portsmouth Downtown/Waterfront**, 100 Deer St, Portsmouth, NH 603.422.9200 • **Sheraton Portsmouth Harborside**, 250 Market St, Portsmouth, NH 603.431.2300 • **Stage Neck Inn**, 8 Stage Neck Rd, York, ME 207.363.3850 • **Wentworth by the Sea**, 588 Wentworth Rd, New Castle, NH 603.422.7322 • **York Harbor Inn**, 480 York St, York Harbor, ME, 207.363.5119



The Juicery



## PET FRIENDLY

**Anchorage Inn & Suites**, 417 Woodbury Ave, Portsmouth, NH 603.431.8111 • **Coachman Inn**, 380 US Route 1, Kittery, ME 207.439.4434 • **Enchanted Nights**, 29 Wentworth St, Kittery, ME 207.439.1489 • **Farmstead B&B**, 999 Goodwin Rd, Eliot, ME 207.748.3145 • **The Garrison Hotel**, 200 Sterling Way, Dover, NH 603.842.6783 • **Hampton Inn**, 99 Durgin Ln, Portsmouth, NH 603.431.6111 • **Holiday Inn Express**, 2 Main St, Durham, NH 603.868.1234 • **Homewood Suites**, 100 Portsmouth Blvd, Portsmouth, NH 603.427.5400 • **Motel 6**, 3 Gosling Rd, Portsmouth, NH 603.334.6606 • **Residence Inn Portsmouth**, 1 International Dr, Portsmouth, NH 603.436.8880 • **Residence Inn Portsmouth/ Downtown**, 100 Deer St, Portsmouth, NH 603.422.9200 • **Rosewood Inn at Rye**, 150 Lafayette Rd, Rye, NH 603.964.9700 • **Sheraton Portsmouth Harborside**, 250 Market St, Portsmouth, NH 603.431.2300



## HISTORIC INNS

Cozy up in the intimate lodging at these historic inns: **Ale House Inn**, 121 Bow St, Portsmouth, NH 603.431.7760 • **Exeter Inn**, 90 Front St, Exeter, NH 603.772.5901 • **Garrison Inn**, 11 Brown Square, Newburyport, MA 978.499.8500 • **The Hotel Portsmouth**, 40 Court St, Portsmouth, NH 603.433.1200 • **Lamie's Inn**, 490 Lafayette Rd, Hampton, NH 603.926.0330 • **Martin Hill Inn**, 404 Islington St, Portsmouth, NH 603.436.2287 • **Sailmaker's House**, 314 Court St, Portsmouth, NH 603.380.3447 • **Silver Fountain Inn**, 103 Silver St, Dover, NH 603.750.4200 • **Three Chimneys Inn**, 17 Newmarket Rd, Durham, NH 603.868.7800 • **York Harbor Inn**, 480 York St, York Harbor, ME 207.363.5119 • **Water Street Inn** 6 Water St, Kittery, ME 207-994-9735

## INDOOR POOLS

**Ashworth by the Sea**, 295 Ocean Blvd, Hampton, NH 603.926.6762 • **Best Western Wynwood Hotel & Suites**, 580 US Rte 1 Bypass, Portsmouth, NH 603.436.7600 • **Courtyard by Marriott**, 1000 Market St, Portsmouth, NH 603.436.2121 • **The Garrison Hotel**, 200 Sterling Way, Dover, NH 603.842.6783 • **Hampton Inn Portsmouth**, 99 Durgin Ln, Portsmouth, NH 603.431.6111 • **Hampton Inn & Suites Portsmouth Downtown**, 23 Portwalk Place, Portsmouth, NH 603.430.3033 • **Hampton Inn & Suites**, 59 Portsmouth Ave, Exeter, NH 603.658.5556 • **Hilton Garden Inn**, 100 High St, Portsmouth, NH 603.431.1499 • **Holiday Inn Portsmouth**, 300 Woodbury Ave, Portsmouth, NH 603.431.8000 • **Residence Inn Portsmouth/Downtown/Waterfront**, 100 Deer St, Portsmouth, NH 603.422.9200 • **Sheraton Portsmouth Harborside**, 250 Market St, Portsmouth, NH 603.431.2300 • **Stage Neck Inn**, 8 Stage Neck Rd, York, ME 207.363.3850 • **Wentworth by the Sea**, 588 Wentworth Rd, New Castle, NH 800.627.7468



Wentworth by the Sea

## EXTENDED STAY

Staying awhile? Kitchen amenities here:

**Best Western Plus Portsmouth Hotel and Suites**, 580 US 1 Bypass, Portsmouth, NH 603.436.7600 • **Fairfield Inn & Suites**, 138 Portsmouth Ave, Exeter, NH 603.772.7411 • **The Garrison Hotel**, 200 Sterling Dr, Dover, NH 603.842.6783 • **Hampton Inn & Suites**, 59 Portsmouth Ave, Exeter, NH 603.658.5556 • **Hampton Inn & Suites Portsmouth Downtown**, 23 Portwalk Place, Portsmouth, NH 603.430.3033 • **Homewood Suites Portsmouth**, 100 Portsmouth Blvd, Portsmouth, NH 603.427.5400 • **The Port Inn**, 505 U.S. 1 Bypass, Portsmouth, NH 603.436.4378 • **Residence Inn Portsmouth**, 1 International Dr, Portsmouth, NH 603.436.8880 • **Residence Inn Portsmouth Downtown/Waterfront**, 100 Deer St, Portsmouth, NH 603.422.9200 • **Rosewood Inn at Rye**, 150 Lafayette Rd, Rye, NH 603.964.9700 • **Sheraton Portsmouth Harborside**, 250 Market St, Portsmouth, NH 603.431.2300

# DOWNTOWN



AC Hotel Portsmouth | The Envio | Rooftop  
299 Vaughan Street, Portsmouth, NH | 603.427.0152  
[ACHotelPortsmouth.com](http://ACHotelPortsmouth.com) | [TheEnvio.com](http://TheEnvio.com) | [RooftopPortsmouth.com](http://RooftopPortsmouth.com)

# PORTSMOUTH



Hampton Inn & Suites Portsmouth Downtown  
23 Portwalk Place, Portsmouth, NH  
603.430.3033  
[HamptonInnPortsmouthDowntown.com](http://HamptonInnPortsmouthDowntown.com)

Residence Inn Portsmouth Downtown  
100 Deer Street, Portsmouth, NH  
603.422.9200  
[ResidenceInnDowntownPortsmouth.com](http://ResidenceInnDowntownPortsmouth.com)



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### **AC Hotel by Marriott Portsmouth Downtown/Waterfront**

299 Vaughn Street, Portsmouth, NH, 603.427.0152, [achotelportsmouth.com](http://achotelportsmouth.com). Discover a New Way to Hotel. Featuring 154 stylish guestrooms, lounge and bar, European-inspired breakfast and the beautiful essentials. 6,000 square feet of flexible event space and a rooftop restaurant and bar.

### **C&J Bus Lines**

185 Grafton Dr, Portsmouth, NH, 1.800.258.7111 [ridecj.com](http://ridecj.com). C&J Bus Lines operates scheduled intercity motorcoach services between the Seacoast, NH and Boston South Station, Logan International Airport, and executive-class service to NYC.

### **ClearChoiceMD Urgent Care**

750 Lafayette Rd, Portsmouth, NH, 603.427.8539 & 1 Beehive Dr, Epping, NH, 603.734.9202, [cmdcdcenters.com](http://cmdcdcenters.com). Here for all your urgent, non-life-threatening medical needs 7 days a week, 8am-8pm. No appointments necessary, just walk in!

### **Cross Insurance**

75 Portsmouth Blvd, Suite 100, Portsmouth, NH, 603.812.2626, [crossagency.com](http://crossagency.com). The seacoasts largest, family owned, independent insurance agency. The one stop shop for all of your insurance needs. Providing competitive pricing from the region's largest network of insurance providers.

### **The Envio – Meeting, Wedding & Event Center**

299 Vaughn Street, Portsmouth, NH, 603.427.0152, [TheEnvio.com](http://TheEnvio.com). Downtown Portsmouth's newest wedding and event center. This third-floor venue is connected to the new AC Hotel Portsmouth Downtown Waterfront. The Envio can host up to 298 attendees in a 4,390 square foot ballroom divisible to three rooms.



## Portsmouth Parking

**Complete list at  
[parkportsmouth.com](http://parkportsmouth.com)**

Local lots (a partial list):

**Bridge Street Lot**  
Bridge St

**Foundry Place Garage**  
100 Foundry Place

**High Hanover Parking Garage**  
37 Hanover St

**Ladd Street Lot**  
Rear of High Hanover Parking  
Garage

**Market Street Church Lot**  
Market St @ 200 Chase Dr

**Market St**  
@ Portsmouth Gas Light

**Parrot Avenue Lot**  
Parrott Ave

**Prescott Park Lot**  
Bow & Marcy St

**Vaughan Street Lot**  
Vaughan St

**Worth Lot**  
Maplewood Ave



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[www.portsmouthlaundry.com](http://www.portsmouthlaundry.com)



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125 WATER STREET, EXETER  
[WATERSTREETBOOKS.COM](http://WATERSTREETBOOKS.COM)



### **Hampton Inn & Suites Portsmouth Downtown**

23 Portwalk Place, Portsmouth, NH, 603.430.3033, hamptoninnportsmouthdowntown.com. Located at Portwalk Place in the heart of downtown Portsmouth just steps from dining, shopping and attractions. Complimentary breakfast buffet and WiFi. Reinvalidate in the Indoor Saltwater Pool and Fitness Center.

### **Portsmouth Laundry**

880 Islington St, Portsmouth, NH, 603.427.8567, portsmouthlaundry.com. A café like atmosphere to do your laundry, drop-off, wash/dry/fold or dry cleaning. Bright and clean with convenient parking. Knowledgeable attendants. Free WiFi.

### **Residence Inn by Marriott Portsmouth Downtown/Waterfront**

100 Deer St, Portsmouth, NH, 603.422.9200, residenceinndowntownportsmouth.com. Newly renovated 2019 - Extended-stay, all-suite hotel located at Portwalk Place in the heart of downtown Portsmouth, NH. Featuring fully equipped kitchens and complimentary breakfast buffet and WiFi. Steps from dining, shopping and attractions.

### **Rooftop at The Envio**

299 Vaughn Street, Portsmouth, NH, 603.334.4207, RooftopPortsmouth.com. Perched high above the AC Hotel Portsmouth and The Envio you will find Rooftop at The Envio, Portsmouth's newest restaurant and bar offering panoramic views of the Piscataqua River and the iconic bridges that cross it.

### **The Sailmaker's House**

314 Court Street, Portsmouth, NH, 03801 603.380.3447, sailmakershouse.com. Located in the heart of Downtown. Combining service, amenities & unique feel of a boutique hotel with the ease and accessibility of a quaint inn.

### **Solari Salon and Spa**

20 Market St, Portsmouth, NH, 603.430.0030, solarispa.com. An Aveda Lifestyle Spa designed to restore balance to mind and body. Our sole intent is to help you look and feel your best.

### **York Harbor Inn**

Coastal Route 1A, York Harbor, ME, 800.866.4058, yorkharborinn.com. Ocean-view dining featuring award-winning cuisine and breathtaking views. Cellar Pub features a casual menu in a cozy atmosphere with fireplace.

### **The Water Street Inn**

6 Water Street, Kittery Maine, 207.994.9735, waterstinn.com. Stay unique. Overlooking the Piscataqua River, this modernized 7 room inn boasts a scenic .5 mile walk to 'hip' Kittery Foreside and bustling Portsmouth.

### **Wentworth-Douglass Hospital Portsmouth Outpatient Center**

67, 73 & 121 Corporate Drive, Portsmouth, NH, 844-WD-PEASE, www.wdhospital.org/Portsmouth, Wentworth-Douglass Hospital's Portsmouth Outpatient Center is located on the Pease Tradeport and offers a sprawling campus of medical services including centers for women's health and wellness, cardiology, orthopedics & sports medicine, along with walk-in Prompt Care, primary care, a full service cancer center and much more. The Portsmouth Outpatient Center is a service of Wentworth-Douglass Hospital, a Mass General Community Hospital and member of the Mass General Brigham family.

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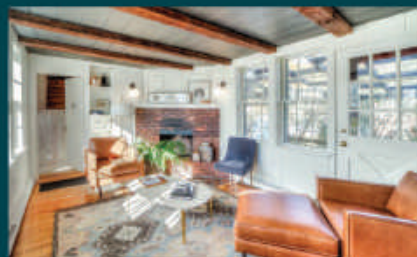
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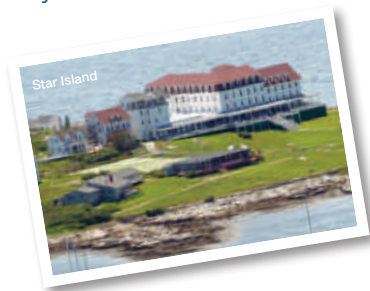
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	Ad Page #	Bar/Lounge	Fitness Room	Handicapped Access	Restaurant on site	Pets Allowed	Pool	Weddings/Conferences	WiFi in room	The Inside Scoop
▶ <b>AC HOTEL BY MARRIOTT PORTSMOUTH</b> Portsmouth NH 603-431-7760	82	•	•	•	•			•	•	Newest Hotel Downtown, Modern Sleek Design
▶ <b>ALE HOUSE INN</b> Portsmouth NH 603-431-7760										• Historic Boutique
▶ <b>ALNOBA LEADERSHIP &amp; CONFERENCE</b> Kensington, NH 603-418-7408			•					•		• Leadership, Conservation, Art, Wellness
▶ <b>ASHWORTH BY THE SEA</b> Hampton NH 603-929-7382		•	•	•	•		•	•	•	• Full-Service Oceanfront Hotel
▶ <b>BEST WESTERN PLUS</b> Portsmouth NH 603-436-7600		•	•	•	•		•	•	•	• On the Portsmouth Traffic Circle
▶ <b>CHAPMAN COTTAGE</b> York ME 207-363-5119		•		•	•			•		• Luxury Inn
▶ <b>COURTYARD BY MARRIOTT</b> Portsmouth NH 877-389-0172		•	•	•	•		•	•		• Smoke-Free
▶ <b>EXETER INN</b> Exeter NH 603-772-5901		•	•	•	•		•	•	•	• Adjacent to Phillips Exeter Academy
▶ <b>FAIRFIELD INN AND SUITES BY MARRIOTT</b> Exeter NH 603-772-7411		•	•	•	•		•	•	•	• Smoke-Free
▶ <b>FAIRFIELD INN BY MARRIOTT</b> Portsmouth NH 603-436-6363				•			•		•	• Smoke-Free, Shuttle Available
▶ <b>HAMPTON INN PORTSMOUTH CENTRAL</b> Portsmouth NH 603-431-6111		•	•	•			•			• Shuttle Available
▶ <b>HAMPTON INN &amp; SUITES, PORTS. DOWNTOWN</b> Portsmouth NH 603-430-3033	83	•	•	•			•	•	•	• Fresh, Modern, Affordable
▶ <b>HOLIDAY INN PORTSMOUTH</b> Portsmouth NH 603-431-8000		•	•	•	•		•	•	•	• Portsmouth Traffic Circle
▶ <b>HOMEWOOD SUITES BY HILTON</b> Portsmouth NH 603-427-5400			•	•			•	•	•	• All Suites Hotel, Shuttle Available
▶ <b>THE HOTEL PORTSMOUTH</b> Portsmouth NH 603-433-1200		•		•		•		•	•	• Historic Boutique
▶ <b>INN BY THE BANDSTAND</b> Exeter NH, 603.772.6352		•	•	•	•		•	•	•	• Meet us at our fabulous restaurant OTIS!
▶ <b>MARTIN HILL INN</b> Portsmouth, NH 603-436-2287										• Traditional B&B in Portsmouth's West End
▶ <b>MICROTEL INN AND SUITES</b> York ME 207-363-0800				•	•		•			• Smoke-Free
▶ <b>PORT INN</b> Portsmouth NH 603-436-4378				•		•	•			• Portsmouth Traffic Circle
▶ <b>PORTSMOUTH HARBOR EVENTS</b> Portsmouth NH 603-422-9300				•				•		• Events and Conferences

Photo this page: Courtesy of The Ale House

▶ CHAMBER COLLABORATIVE OF GREATER PORTSMOUTH MEMBER | GOPORTSMOUTHNH.COM



	Ad Page #	Bar/Lounge	Fitness Room	Handicapped Access	Restaurant on site	Pets Allowed	Pool	Weddings/Conferences	WiFi in room	The Inside Scoop
▶ <b>RESIDENCE INN BY MARRIOTT AT PEASE</b> Portsmouth NH 877-389-0361			•	•		•	•	•	•	Smoke-Free Shuttle Available
▶ <b>RESIDENCE INN BY MARRIOTT PORTSMOUTH</b> Portsmouth NH 603-422-9200	82	•	•	•	•	•	•	•	•	Downtown, All Suites Eco-Friendly
▶ <b>THE SAILMAKER'S HOUSE</b> Portsmouth, NH 603-380-3447	88					•				Downtown, Cozy Inn for Self-Sufficient Travelers
▶ <b>SHERATON PORTSMOUTH HARBORSIDE HOTEL</b> Portsmouth NH 603-431-2300		•	•	•	•	•	•	•	•	Overlooking the Port; Downtown Portsmouth
▶ <b>SILVER FOUNTAIN INN</b> Dover NH 603-750-4200					•					1871 Victorian B&B; High Tea
▶ <b>STAGE NECK INN AND SPA</b> York Harbor ME 207-363-3850		•	•	•	•		•	•	•	Oceanfront
▶ <b>STAR ISLAND CORP</b> Portsmouth NH 603-430-6272					•		•		•	Family Retreat and Conference Center
▶ <b>THREE CHIMNEYS INN</b> Durham NH 603-868-7800		•		•	•	•		•	•	Historical Seacoast Home
▶ <b>THE WATER STREET INN</b> Kittery, ME 207-994-9735	88							•	•	Explore the Seacoast from our Door
▶ <b>WENTWORTH BY THE SEA</b> New Castle NH 603-422-7322		•	•	•	•	•	•	•	•	Historical Elegance
▶ <b>WENTWORTH BY THE SEA MARINA</b> New Castle NH 603-433-5050		•			•	•	•			Complimentary WiFi, Onsite Courtesy Car
▶ <b>YORK HARBOR INN</b> York Harbor ME 207-363-5119		•		•	•	•		•	•	Many Room Types

▶ **CHAMBER COLLABORATIVE OF GREATER PORTSMOUTH MEMBER | GOPORTSMOUTHNH.COM**



Photos this page, Courtesy of Star Island; Courtesy of The Sailmaker's House; Courtesy of The Water Street Inn

# Visitor Information

Contact information for area Chambers of Commerce:



**Dover** (603) 742-2218

**Exeter** (603) 772-2411

**Hampton** (603) 926-8718

**North Hampton** (603) 926-8718

**Portsmouth** (603) 610-5510

**Kennebunk** (207) 967-0857

**Newburyport** (978) 462-6680

**Ogunquit** (207) 646-2939

**Portland** (207) 772-2811

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### **Caffe Kilim & Market**

163 Islington St, Portsmouth

### **Cafe Espresso**

738 Islington St, Portsmouth

### **The Juicery**

55 Hanover St, Portsmouth

### **Kaffee Vonsolln**

79 Daniel St, Portsmouth

### **La Maison Navarre**

121 Congress St, Portsmouth

### **Popovers on the Square**

8 Congress St, Portsmouth

### **Port City Coffee Roasters**

801 Islington St, Portsmouth

### **Portsmouth Book & Bar**

40 Pleasant St, Portsmouth

### **Portsmouth Brewery**

56 Market St, Portsmouth

### **Portsmouth Laundry**

880 Islington St, Portsmouth

### **Portsmouth Public Library**

175 Parrott Ave, Portsmouth

### **Prescott Park**

Marcy St, Portsmouth

### **Starbucks**

1 Market Sq, Portsmouth

2454 Lafayette Rd,  
Unit 13, Portsmouth

### **The Works Bakery Café**

9 Congress St, Portsmouth

### **White Heron Tea & Coffee**

601 Islington St, Portsmouth

## Parking Apps

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App Store and Google Play.

### **Passport Parking**

passportinc.com

### **SureSpot**

surespot.com

### **SpareSpott**

sparespott.com

### **Access Navigators**

accessnavigators.com



## BARBERS

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*Daniel St, Portsmouth, NH*

**603.431.2038 Port City Barbers,**

*621 Islington St, Portsmouth, NH (603)*

**945-4004 • The Groomsmith, 28 Deer**

*St, Portsmouth, NH 603.373.8348 • Lucky's*

**Barbershop 801 Islington St #28, Portsmouth,**

*NH 03801 603.380.9174 • The Man Cave Cut and*

**Style, 10 Ladd St, Portsmouth, NH 603.970.0176 •**

**Scuttlebutt Barber Shop, 165 Court St, Portsmouth, NH**

**603.319.6873 • Station for Men, 599 Lafayette Rd #7,**

*Portsmouth, NH 603.501.0484*

The Groomsmith



## PET SERVICES

**A Dog's Tale, 46 Fernald Rd, Kittery, ME 207.439.5551**

**The Barking Dog Ltd, 7 Beech Hill Rd, Exeter, NH 603.773.2275**

**Coastal Canine Resort 125 Lafayette Rd, North Hampton, NH**

**603.964.8514 • Creature Comforts, 195 State Rd, Kittery, ME**

**207.439.6674 • Grooming by the Sea 1 Robert Ave, Portsmouth, NH**

**03801 603.801.5584 • Pawsmouth Grooming Salon, 2 Steven-**

**son Road, Kittery, ME 207.703.3330 • Pawssitive Grooming, 655 Portsmouth Ave, Greenland, NH**

**603.856.6925 • Portsmouth Dog Walks, Portsmouth, NH 603.531.1551 • Portsmouth Pet Sitting**

**Company, 111 Market St, Portsmouth, NH 603.531.2044 • Sitter for Your Critter, 2021 Lafayette Rd,**

**Portsmouth, NH 603.812.8410 • Your Pet's Peeve, 99 1/2 Albany St, Portsmouth, NH 603.431.7372**

## HEALTHCARE

Walk-in and emergency care:

**Clear Choice MD Urgent Care, 750 Lafayette Rd, Portsmouth,**

**NH, 603.427.8539, [ccmdcenters.com](http://ccmdcenters.com) • Convenient MD Urgent**

**Care, Dover: 603.742.7900; Exeter: 603.772.3600; Portsmouth:**

**603.942.7900, [convenientmd.com](http://convenientmd.com) • Exeter Hospital, 5 Alumni**

**Dr, Exeter, NH, 603.778.7311, [exeterhospital.com](http://exeterhospital.com) • Frisbee Memorial Hospital, 11 Whitehall**

**Rd, Rochester, NH, 603.332.5211 • Portsmouth Regional Hospital, 333 Borthwick Ave,**

**Portsmouth, NH, 603.436.5110, [portsmouthhospital.com](http://portsmouthhospital.com) • Wentworth-Douglass Hospital, 789**

**Central Ave, Dover, NH, 603.742.5252, [wdhospital.com](http://wdhospital.com) • Wentworth-Douglass Hospital**

**Portsmouth Outpatient Center, 121 Corporate Dr, Portsmouth, NH 844-WD-PEASE • York**

**Hospital, ME, Berwick: 207.698.6700; Kittery: 207.752.8652; Wells: 207.646.5211; York:**

**207.363.4321; [yorkhospital.com](http://yorkhospital.com)**



## SALONS & SPAS

**Elements Therapeutic Massage**, 775 Lafayette Rd, Portsmouth, NH 603.559.9014 • **Face Café Spa Boutique & Gallery**, 110 State St, Portsmouth, NH 603.433.3223 • **First Impressions Day Spa**, 120 Lafayette Rd, N. Hampton, NH 603.964.7670 • **Flöte**, 800 Islington Street, Portsmouth 603.418.6518 and 845 Lafayette Rd, Hampton, NH 603.418.6518 • **Hand and Stone Massage & Facials**, 2454 Lafayette Rd, Portsmouth, NH 603.677.1406 • **Natural Difference Day Spa**, 1039 Islington St, Portsmouth, NH 603.431.2996 • **Oomph**, 110 Brewery Ln, Ste. 110, Portsmouth, NH 603.766.2336 • **Seacoast Rejuvenation Center**, 101 Shattuck Way #4, Newington, NH 603.288.1494 • **Solari Salon and Spa**, 20 Market St, Portsmouth, NH 603.430.0030 • **Soleil's Salt Cave**, 130 Water St, Exeter, NH 603.418.7508 • **Wink Salon & Spa**, 95 Brewery Ln, Portsmouth, NH 603.436.3301



## TRANSPORTATION

**Amtrak Downeaster**, [amtrakdowneaster.com](http://amtrakdowneaster.com), 800.USA-RAIL • **C&J Bus Lines**, [ridecj.com](http://ridecj.com), 800.258.7111 • **COAST**, [coastbus.org](http://coastbus.org), 603.743.5777 • **Flight Line Airport Express**, [flightlineinc.com](http://flightlineinc.com) 800.245.2525 • **Great Bay Limousine**, [greatbaylimo.com](http://greatbaylimo.com), 603.431.6490 • **Green Rides USA**, [greenridesusa.com](http://greenridesusa.com), 603.642.6001 • **Manchester-Boston Regional Airport**, [flymanchester.com](http://flymanchester.com), 603.624.6539 • **Portsmouth International Airport at Pease/Allegiant Air**, [allegiantair.com/airports/portsmouth-international-airport-pease](http://allegiantair.com/airports/portsmouth-international-airport-pease) • **Seacoast Airport Service**, [transportnh.com](http://transportnh.com), 603.431.9880 • **Wildcat Transit**, [unh.edu/transportation/wildcat-transit](http://unh.edu/transportation/wildcat-transit), 603.862.2328 • **Zagster Bike Share**, [bike.zagster.com/portsmouthnh](http://bike.zagster.com/portsmouthnh), 202.999.3924





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	Ad Page #	Downtown Location	Parking	Handicapped Access	Health Care	Beauty	Pet Care	Transportation	Walk in Service	The Inside Scoop
▶ <b>9ROUND PORTSMOUTH</b> Portsmouth NH 603-294-1404			•		•			•	•	Kickboxing Center
▶ <b>ANYTIME FITNESS</b> Newington, NH 603-373-8885			•		•				•	24-hr Gym
▶ <b>BRASS TRACKS PHOTOGRAPHY, LLC</b> Portsmouth, NH 978-886-1148										Photographer
▶ <b>C&amp;J BUS LINES</b> Portsmouth NH 603-430-1100	8		•					•	•	Daily to/from Boston & New York, ridecj.com
▶ <b>CINDY DUMONT, JUSTICE OF THE PEACE</b> N. Hampton NH 603-553-0911										Wedding Services
▶ <b>CLEAR CHOICE MD</b> Portsmouth NH 603-427-8539	1		•	•	•				•	No Appointments Necessary!
▶ <b>COAST BUS</b> Seacoast NH 603-743-5777			•					•	•	Local Bus Service; coastbus.org
▶ <b>CONVENIENT MD URGENT CARE</b> Portsmouth NH 603-427-8539			•		•				•	Walk-in Clinic
▶ <b>CROSS INSURANCE</b> Portsmouth, NH 603-812-2600	88		•	•					•	Insurance Agency
▶ <b>DON CHICK PHOTOGRAPHY</b> East Rochester, NH 603-335-4448										Photographer
▶ <b>EVERYDAY DETAILS</b> Hampton NH 603-601-6223										Professional Event Planning
▶ <b>EVOLVE MINDFUL MOVEMENT</b> Portsmouth NH 978-255-1159			•		•				•	Boutique Fitness & Wellness Studio
▶ <b>F45 TRAINING SOUTH PORTSMOUTH</b> Portsmouth, NH 603-501-8883			•							High quality equipment, friendly staff
▶ <b>THE GOVE GROUP REAL ESTATE</b> Stratham, NH, 603.778.6400			•	•					•	Leading Real Estate Agency!
▶ <b>THE GROOMSMITH</b> Portsmouth, NH 603-373-8348			•		•	•			•	Hair Services for Men of All Ages
▶ <b>HEIRLOOM PICTURES</b> Portsmouth, NH 617-699-2107										Boutique Wedding Films
▶ <b>KA LANI MASSAGE SPECIALISTS</b> Greenland, NH 603-380-7174			•		•					Massage Therapist
▶ <b>KELLEY TRAVER PHOTOGRAPHY</b> Hampton, NH 603-440-5599			•						•	Families, Children, Senior Portraits and Weddings
▶ <b>KEY RENT A CAR</b> Portsmouth, NH 603-373-8917			•					•		Car Rental
▶ <b>LA BELLE CHOCOLAT</b> Portsmouth NH 603-855-5325										Online Products for Home Bakers, Bakeries
▶ <b>LET'S GLOW SUNLESS TANNING &amp; BOUTIQUE</b> Portsmouth NH 603-380-9152			•	•		•			•	Organic Spray Tan Studio and Boutique





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▶ <b>LIVE FREE OR DIE FILMS</b> Portsmouth NH										Independent Feature Film Production
▶ <b>MALLORY PORTRAITS</b> Portsmouth NH 603-545-8459		•								Family Vacation Photographer
▶ <b>MALLOY EVENTS</b> Rochester NH 603-570-2600										Event Planning
▶ <b>MANCHESTER REGIONAL AIRPORT</b> Manchester NH 603-624-6539			•	•				•		50 Minutes from Portsmouth
▶ <b>MIDDLE STREET BAPTIST CHURCH</b> Portsmouth, NH 603-436-2337		•								Align with Historic Orthodox Christianity
▶ <b>MY FRIEND DAN, LLC</b> Portsmouth, NH 603-817-0161										Video Storyteller/Strategist
▶ <b>NH IPHONE REPAIR</b> Portsmouth NH 603-545-7867										Mobile Device Repair
▶ <b>N. CONGREGATIONAL CHURCH OF PORTS., UCC</b> Portsmouth, NH 603-436-9109		•								Christian Fellowship
▶ <b>NORTH EAST CHARTER &amp; TOUR CO.</b> Lewiston ME 207-784-3159				•				•		Passenger Vans, Airport Shuttle, Charter Bus
▶ <b>OPTIMA BANK</b> Portsmouth NH 603-433-9600		•		•						Full Service Bank
▶ <b>ORANGETHEORY FITNESS</b> Portsmouth NH 603-686-8287			•		•					60-Minute Workout Sessions
▶ <b>PAINTS &amp; PANS</b> Portsmouth NH 856-357-6967										Custom Pet Portraits and Baked Goods
▶ <b>PAUL MITCHELL THE SCHOOL PORTSMOUTH</b> Portsmouth NH 603-436-7775		•			•	•				Cosmetology School
▶ <b>PAUL MITCHELL THE SCHOOL PORTSMOUTH</b> Portsmouth NH 603-436-7775		•			•	•				Cosmetology School
▶ <b>PHITTED MEDIA</b> Hampton, NH 603-918-9259										Photographer
<b>PORTSMOUTH LAUNDRY</b> Portsmouth NH 603-427-8567	86		•						•	Café-like Atmosphere
▶ <b>PORTSMOUTH PUBLIC LIBRARY</b> Portsmouth NH 603-427-1540		•	•	•					•	Children's Room, Museum Passes, WiFi
▶ <b>PORTSMOUTH REGIONAL HOSPITAL</b> Portsmouth NH 603-433-5110					•	•			•	333 Borthwick Ave.
▶ <b>PORTSMOUTH SPA</b> Portsmouth NH 603-433-0062		•			•	•			•	Haircare and Day Spa
▶ <b>RAYA ON ASSIGNMENT</b> North Hampton, NH 603-686-2224										Photographer
▶ <b>REGINA PIANTEDOSI STUDIO/GALLERY</b> Portsmouth, NH 617-548-3726		•								Art Gallery

# stay/amenities



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▶ <b>RUTH GANEV PHOTOGRAPHER</b> Portsmouth, NH 718-928-5663										Photographer
▶ <b>STUDIO 59 SALON</b> Portsmouth NH, 603.380.9069			•	•	•	•			•	Best Balayagein town!
▶ <b>SEACOAST COMMUNITY CHURCH</b> Portsmouth NH 603-436-8623			•							Baptist Church Affiliated with Southern Baptist Convention
▶ <b>SITE STRUCTURES LANDSCAPING</b> Portsmouth NH 207-438-9995										Residential/Commercial Landscaping
▶ <b>SOLARI SALON &amp; SPA</b> Portsmouth NH 603-430-0030	86		•		•	•			•	An Aveda Lifestyle Salon and Spa
▶ <b>SOUTH CHURCH</b> Portsmouth NH 603-436-4762			•	•						A Unitarian Universalist Congregation
▶ <b>SPARE SPOTT</b> Portsmouth NH 603-969-0080			•	•						Mobile App for Parking
▶ <b>STATION FM LCC</b> Portsmouth NH 603-501-0484				•	•	•				Spa & Hair Services for Men & Women
▶ <b>STUDENT TRANSPORTATION</b> Portsmouth NH 603-433-1761								•		Safe and Cost-Effective Transportation for Groups
▶ <b>SWEATY TURTLE ENTERTAINMENT</b> Madbury NH 603-731-8163										Videography, Event Production, TV, Music
▶ <b>WENTWORTH-DOUGLASS HOSPITAL</b> Dover NH 603-740-2581	IBC		•	•	•				•	Trauma and Surgical Center
▶ <b>ZEN DEN YOGA</b> Portsmouth, NH 207-752-3891			•							Unique Class Options, Yoga Studio in the West End



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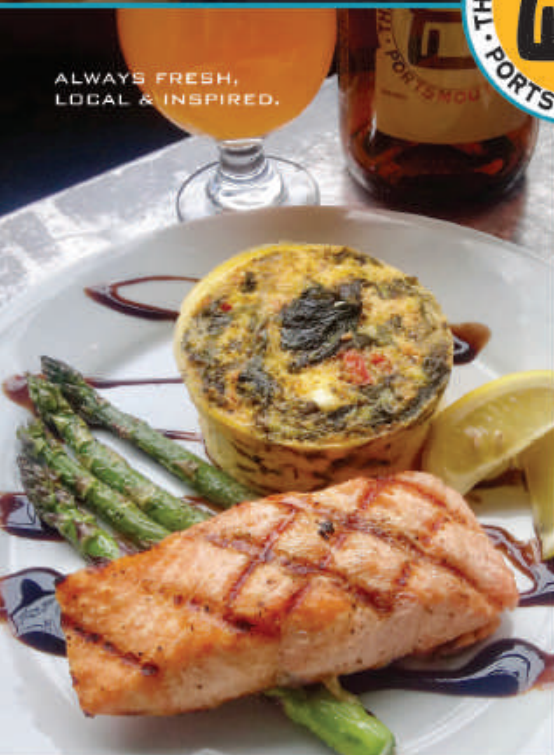
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