Portsmouth NH & the Seacoast
Girls Night Out Getaways

Culinary, garden, kitchen, historic and art gallery tours; music, film, theater, and food festivals; water activities on beaches, kayaks, and cruises; getting around on scooters, bicycles, and Segways, Portsmouth and the Seacoast are filled with activities for a great weekend with the sist-ahs!

“This low-key gem is great for relaxing, shopping, and pretending you never have to go back to your real life.” - CNN

Shop Portsmouth - www.shopportsmouth.org
Shopping is ALWAYS TAX FREE in New Hampshire! Make it a Girl’s Night Out or a weekend event. Many of the over 100 locally owned shops and boutiques in downtown Portsmouth stay open late, until at least 8, every Friday night from Memorial Day in May through Columbus Day in October. Shop any day, every day, for unique, local and specially curated items for the discerning shopper. Visit www.shopportsmouth.org for a listing of shops in and around Portsmouth, at the nearby Mall at Fox Run and the Kittery Outlets along Route 1 in Kittery, Maine.

Maine Kittery Premium Outlets - www.premiumoutlets.com/kittery
To-die-for stores featuring the latest and greatest in women’s and men’s apparel, children’s wear, active wear, lingerie, sporting goods, shoes, hosiery, fashion accessories, home furnishings, housewares, and specialty items. Girls-only holiday shopping weekends in November!

SPA & STAY

Portsmouth Harbor Inn & Spa – www.innatportsmouth.com
Classic New England bed & breakfast in Kittery, Maine, just over the Memorial Bridge from Portsmouth. Day spa with professional spa staff providing a wide variety of
services, hot tub, comfortable front porch with spectacular views of the working harbor.

**Stage Neck Inn** - [www.stageneck.com](http://www.stageneck.com)
Refreshing blend of casual comfort and sophisticated elegance. The Sandpiper Bar & Grille features cocktails, an extensive wine list, and a weekend piano bar. Exercise in the indoor pool or fitness room, then enjoy a spa or nail treatment.

**Wentworth by the Sea, A Marriott Hotel & Spa** - [www.wentworth.com](http://www.wentworth.com)
With sumptuous accommodations, exceptional dining, and a tranquil spa, Wentworth by the Sea is an idyllic seaside retreat. Full sophisticated spa services. Visit The Foot Whisperer!

**DAY SPAS & SERVICES**

**Euchlora** - [www.euchlora.com](http://www.euchlora.com)
Artisan skin renewal products hand formulated with organic, natural and dermatologically active ingredients from Euchlora’s in-house apothecary.

**Face Café Spa, Boutique & Gallery** – [www.thefacecafe.com](http://www.thefacecafe.com)
Makeup services for weddings and special occasions, lessons & instruction, temporary eye lashes, facials, waxing, lash extensions, brow services, art gallery and gifts. Create a beautiful look that’s just for you.

**Portsmouth Spa** – [www.portsmouthspa.com](http://www.portsmouthspa.com)
Day spa, salon and nail services by trained professionals. Groups, bridal parties, corporate events welcome. Located on Congress Street in downtown Portsmouth, within walking distance of all downtown hotels.

**FUN EXPERIENCES**

**Silver Fountain Inn & Tea Parlor** - [www.silverfountain.com](http://www.silverfountain.com)
Venue for baby and wedding showers, business luncheons or just a fun time with friends. Feel free to dress up, wear a crazy hat and/or boa! Themed parties from Victorian, Speak Easy, Cocktail, Picnic, to Downton Abbey!

**Brewery Tours**, Granite State Growler Tours, [www.nhbeerbus.com](http://www.nhbeerbus.com), discover NH’s rich brewing history by bus, visiting multiple micro-breweries.

**Segway Tours** - [www.seacoastsegwaytours.com](http://www.seacoastsegwaytours.com)
Guided tours on your own personal Segway PT through some of the most beautiful and history-rich places in Portsmouth and the Seacoast.

**Scooter Rental** – [www.scootmenow.com](http://www.scootmenow.com)
Scoot Me Now! offers a fun way to see the New Hampshire Seacoast whether you’re scooting around town, over to New Castle Island or down to the Rye and Hampton beaches. Scooters take you further than your feet, faster than a bike, and to places you’d never see by car. Parking is not an issue and you can travel over 100 miles on a tank of gas.

**Portsmouth Kayak Adventures** – [www.portsmouthkayak.com](http://www.portsmouthkayak.com)
The Portsmouth Kayak Adventures (PKA) offers kayak and stand up paddle board tours, led by professional guides who provide basic instruction. No experience is needed. Also kayak and stand up paddle board rentals and bike rentals.

**Summer Sessions Surf Shop** – [www.newhampshiresurf.com](http://www.newhampshiresurf.com)
Summer Sessions Surf Shop was founded in the summer of 2002, family-owned and operated by brothers Ryan and Tyler McGill. One of the Seacoast's largest surf shops offering surfing and stand up paddleboarding lessons, rentals, merchandise and clothing.

**Walking, Culinary, Garden & Historic Tours** – Many to be found at [www.GoPortsmouthNH.com](http://www.GoPortsmouthNH.com).
ARTS & CULTURE

3S Artspace
Art ‘Round Town – first Friday of each month
Friends of Portsmouth Harbor Lighthouses, New Castle Light
The Music Hall + The Music Hall Loft
Player’s Ring Theatre
Pontine Theatre
Seacoast Repertory Theatre
West End Theatre
Portsmouth Harbour Trail Tours
Portsmouth Historical Society: John Paul Jones House & Discover
Portsmouth Museum of Art
Press Room – live music every night of the year
Prescott Park Arts Festival – summer waterfront entertainment
Strawbery Banke Museum – living history museum

For a complete list of tour, event and experience options in the Seacoast area, please contact the Greater Portsmouth Chamber of Commerce, 603.610.5510; info@portsmouthchamber.org, www.GoPortsmouthNH.com

For More Information
Greater Portsmouth Chamber of Commerce, Visitor Center, 500 Market Street, P.O. Box 239, Portsmouth, NH 03802 (Exit 7 from Interstate 95)
Visitor Information Kiosk, Market Square, Portsmouth
General Information: 603.610.5510, info@portsmouthchamber.org
Valerie Rochon, Tourism Director, 603-610-5517, tourism@portsmouthchamber.org
Media Inquiries: Kathleen Soldati, SoldatiPR, Kathleen@SoldatiPR.com
Funded in part by the State of New Hampshire. New Hampshire Information: www.visitnh.gov

Web Site
www.GoPortsmouthNH.com

Social Media
Twitter: @GoPortsmouthNH * Instagram: GoPortsmouthNH
Facebook: Greater Portsmouth Chamber of Commerce * #GoPortsmouthNH

Photos Available  ##